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LAWRENCE- DOUGLAS COUNTY RESOURCE GUIDE

Updated: September 2025

For updates, edits, and questions, contact Gabby Boyle at gboyle@lplks.org.

*For expanded information about program guidelines & services, visit <https://lplks.org/content/>

ADULT LEARNING	ADDRESS	CONTACT	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave., #100 https://www.usd497.org/parents-and-students/programs-and-services/adult-education-services	785-832-5960	Adult education and literacy services, English literacy program for ESL students, and GED test prep and awards. Reading and math, GED, and ESL classes.	Services available for adults who do not have a high school diploma, adults who do not have proficiency in English, and adults whose reading, writing, or math skills fall below guidelines of the Test of Basic Adult Education.
Lawrence Diploma Completion Program	2910 Haskell Ave. https://www.usd497.org/parents-and-students/programs-and-services/adult-education-services	785-832-5900	Students complete coursework using an online platform to earn their high school diploma.	There is no charge for this program.
Peaslee Tech	2920 Haskell Ave., #100 https://peasleetech.org/	785-856-1801	Technical and workplace skills training for a variety of fields and industries.	Financial assistance and/or apprenticeship opportunities available for many programs.

Small World	2415 Clinton Parkway https://smallworldlawrence.com	<u>Spanish:</u> 785-749-3677 <u>Farsi:</u> 785-749-9494 <u>English:</u> 785-760-5245	English language learning program for women, five different levels of classes offered at a low cost, community and support from other women.	For information about enrollment, please send an email to swlawrence68@gmail.com .
ANIMALS	ADDRESS	CONTACT	SERVICES	NOTES
Lawrence Humane Society Crisis Pet Retention Program	1805 E. 19th St. https://lawrencehumane.org/crisispetretention/	<u>CPR Office</u> <u>Number:</u> 785-592-0531 cpr@lawrencehumane.org	Financial assistance with pet deposits/pet rent, essential pet supplies, emergency vet care, behavior consulting, emergency temporary boarding, wellness medical care (such as neuter and spay), pet food and pet supplies. Available 7 days a week.	Application available on website; for application assistance, contact Humane Society's Social Worker, Maddie Lockett, at 785-592-0531.
DISABILITY & ACCESS	ADDRESS	CONTACT	SERVICES	NOTES
ARC of Douglas County	2518 Ridge Ct., #238 https://thearc docks.org/	785-749-0121 areinking@thearc docks.org	Provides services to individuals with intellectual/developmental disabilities including targeted case management, IEP support, independent living counseling, advocacy and training.	
Assistive Technology for Kansans (ATK)	http://atk.ku.edu	800-526-3648	ATK connects people of all ages, disabilities, and health conditions to assistive technology that helps them learn, work, play, and participate in daily life.	

Bert Nash SSI/SSDI, Outreach, Access & Recovery (SOAR) Team	200 Maine St. #A https://www.bertnash.org/	785-843-9192, ext.5	Assists with accessing Social Security, Disability, and Medicaid benefits for people experiencing housing instability.	Services only open to current Bert Nash Clients. Prospective clients can go to website or visit Bert Nash during open hours to fill out registration forms and schedule intake.
Cottonwood CDDO-Community Developmental Disability Organization	2801 W. 31st St. https://www.cwcddo.org	785-840-1632	Single point of entry for intellectual/developmental disability waiver services eligibility and referral.	
Cottonwood, Inc.	2801 W. 31st St. https://www.cwood.org/	785-842-0550	Full range of support for people with disabilities, including residential and employment services; MAP program hires people with any kind of medical or mental health disability.	
Disability Rights Center	214 SW 6th Ave., Ste. 100 Topeka, KS 66603 https://www.drckansas.org/	877-776-1541	Attorneys and advocates provide free advocacy and legal services to protect the civil rights of individuals with disabilities.	DRC staff have the power to investigate institutions that may be abusing and/or neglecting the elderly and persons with disabilities.
Independence, Inc.	2001 Haskell Ave. http://www.independenceinc.org/	785-841-0333	Services and resources for people with disabilities including advocacy, independent living skills training, durable medical equipment loan bank, accessible transportation, peer support groups, accessible housing program, youth transition.	Serves people with any type of disability as well as our communities and businesses to promote access, inclusion, and independent living.

Audio-Reader Network	1120 W. 11th St. https://reader.ku.edu/	785-864-4600	Audio information service for blind, visually impaired, and print-disabled individuals. Provides accessible audio versions of newspapers, magazines and books on the air, over the internet, by telephone and via smart speakers, 24 hours a day.	Services are free of charge to anyone who is unable to read standard printed material; programming is also available on the website's Listen Live option with no download required.
Kansas Commission on Disability Concerns	https://kcdcinfo.ks.gov/	800-295-5232	Extensive lists of in-state services for Braille and alternate formats, assistive technology, sign language interpreters, service animals, and more.	
Kansas Dept. for Aging and Disability Services	503 S. Kansas Ave. Topeka, KS https://kdads.ks.gov/home	785-296-4986 Toll Free: 800-432-3535	Assistance with Medicare, behavioral health services, and home- and community-based service programs	
Kansas Talking Books	1 Kellogg Circle P.O. Box 4055 Emporia, KS 66801 https://library.ks.gov/talking-books	800-362-0699 620-341-6280 KTB@ks.gov	Free service that provides books and magazines in audio reader or braille formats, assistive technology or equipment for readers, or digital access to books. Physical formats are mailed directly to the patron's house. Materials available for readers of all ages.	Any Kansas resident with a visual impairment, physical impairment, or reading disability that prevents the reading of traditional print materials is eligible for Kansas Talking Books. Phone is answered Mon-Fri, 8am- 5pm.
Schiefelbusch Speech-Language Hearing Clinic	1200 Sunnyside, #2101 https://splhclinic.ku.edu/	785-864-4690	Offers comprehensive services to people with communicative disorders.	

Social Security Office	1440 Wakarusa, #200 https://www.ssa.gov/	866-698-2561	Learn about and apply for disability benefits, submit payee disputes.	
Stiehl Behavioral Consulting	https://www.stiehlbehavioral.com	785-380-5432	ABA (applied behavior analysis) services, autism, behavior therapy.	Services provided via telehealth only.
USA.gov	https://www.usa.gov/benefit-finder	1-844-USA-GOV1	Designed to help citizens find out what government benefits they may be eligible to receive by comparing your eligibility for over 1,000 state and federal benefit programs.	
Working Healthy Kansas	https://kancare.ks.gov/consumers/working-healthy	316-337-6390	Offers people with disabilities who are working (or interested in working) the opportunity to get or keep Medicaid coverage while on the job.	
EMPLOYMENT	ADDRESS	CONTACT	SERVICES	NOTES
Ballard Center	708 Elm St. https://ballardcenter.org/ballard-pantry/	785-842-0729	Professional clothing closet.	Shoppable by appointment only—call to set up an appointment.
Bert Nash Supported Employment & Education (SEED) Program	200 Maine St. https://www.bertnash.org/	785-843-9192	The SEED program offers Supported Employment and Supported Education case management services. Supported employment programs assist the individual with everything from the job search to job training and on-site counseling.	Open to Bert Nash clients who meet eligibility requirements for community-based services. Prospective clients can go to website or visit Bert Nash during open hours to fill out registration forms and schedule intake.

Catholic Charities Workforce Department	1525 W. 6th St., Ste. A https://catholiccharitiesks.org/workforce-development/	785-856-2694	General employment readiness, resume building, interview prep, coaching, and/or furthering education.	No walk-ins; call for eligibility and more information.
Cottonwood, Inc.	2801 W. 31st St. https://www.cwood.org/	785-842-0550	JobLink Division—customized employment services for people with disabilities.	
Cottonwood Industries	2801 W. 31st St. https://www.cottonwoodindustries.com	785-842-0550 or 785-312-3912	Cottonwood Industries is a production facility that hires people with mental health and/or medical disabilities following AbilityOne guidelines.	Job skills training and accommodations provided. Ask for Alyson Wingert, program manager.
TANF and SNAP Employment Program and Training, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office) https://www.dcf.ks.gov/services/es/Pages/SNAP-Employment-and-Training.aspx	785-832-3700	May help pay for training/education (GED, technical school, etc.), transportation, & any other relevant resources to gain meaningful employment.	Must be enrolled in TANF and/or SNAP.
Lawrence-Douglas County Housing Authority	1600 Haskell Ave., #187 https://www.ldcha.org/	785-842-1533	Employment and academic planning assistance provided to households receiving housing assistance.	Offered through the Resident Services Department.
Lawrence Workforce Center	2920 Haskell Ave., Ste. 200 https://workforcecenters.com/lawrence/	785-840-9675	Resume help, job searching, career planning, business services such as free job postings for employers and labor market information, computer lab, mock interviews for employment & in-person hiring events.	Workforce Innovation Opportunity Grants (WIOA) available for community members meeting eligibility requirements. WIOA grants are used to help clients with high barriers to employment succeed.

Mirror, Inc. Work For Success Program	3205 Clinton Parkway Ct. https://www.mirrorinc.org/work-for-success	785-261-3175	Employment skills training including help with completing job applications and resume building; employment assistance including career exploration, job referrals, case management; Healthy Relationships training; parenting education; financial education.	See website for expanded information about this program and eligibility criteria. Lunch is provided for participants.
Pre-Employment Transition Services, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office)	785-832-3700	Workplace readiness, job search help, career guidance, and education for disabled students aged 14-21 with an Individualized Education Plan (IEP), a 504 plan, or have a disability as defined by Section 504 of the Rehabilitation Act.	Students can be referred by their school or can directly enroll through DCF.
Ready for Good Furnishings	708 Connecticut St.	785-856-0651	"Furnished for Good" is a life and job readiness program for youth aged 14-17 years old in foster care and/or the juvenile justice system. The program provides job training, informal mentorship, and paid work experience, with weekly workshops on life and job skills.	
Social Service League	905 Rhode Island St.	785-843-5414 905rhodeisland@gmail.com	Vouchers available for employment readiness clothing including work/interview clothes, new work boots, haircuts and prescription eyeglasses.	Vouchers may require proof of employment or upcoming job interview. Call or email for more information.

Van Go, Inc.	715 New Jersey St. https://www.van-go.org/	785-842-3797	Employs qualifying youth ages 14-24 to make public works of art that are sold in the community.	Youth receive employability skills training, health & wellness education & social service support. Reach out for information about applications.
Vocational Rehab, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office) https://www.dcf.ks.gov/services/rs/pages/employment-services.aspx	785-832-3700	Customized services for adults with disabilities. Job counseling, physical and mental restorative care, vocational training and education, supported career placement, referrals, and more.	Apply in-office or call to request an application in the mail.
FINANCIAL LITERACY	ADDRESS	PHONE	SERVICES	NOTES
Catholic Charities of Northeast Kansas, Financial Empowerment	1525 W. 6th St., Ste. A https://catholiccharitiesks.org	785-856-2694	Budget coaching to empower individuals to build savings, manage finances, and pay off debt.	No walk-ins; call for more information.
Catholic Charities of Northeast Kansas, Refugee Financial Education	1525 W. 6th St., Ste. A https://catholiccharitiesks.org/refugee-and-immigration/refugee-financial-education/	913-903-8974	Financial coaching relating to budgeting, credit, investing, banking, and US taxes; savings match program for school, housing transportation or other large purchases.	When calling, specify that services will be received out of Lawrence Family Support Center. Client must have refugee or asylee status with official documentation. No walk-ins; call for information.
Housing and Credit Counseling, Inc. (HCCI)	https://housingandcredit.org/	800-383-0217	Counseling & education on budgeting, debt management, credit report building, homebuying, mortgage defaults, foreclosure, bankruptcy, student loan repayment options, &	All services are free. No physical office in Lawrence/Douglas County.

			tenant/landlord counseling.	
Kansas Loan Pool Project, Catholic Charities of Northeast Kansas	1525 W. 6th St. https://catholiccharitiesks.org/family-strengthening/financial-education/kansas-loan-pool-project/	913-433-2050	Payday/title loan refinance program. This program issues participants a new, low-interest loan in order to pay off high-interest title or payday loan balances.	Administered by Catholic Charities; call for information on eligibility requirements and application process.
Money Smart Program	https://www.fdic.gov/resources/consumers/money-smart/index.html	877-275-3342	The Money Smart financial education program can help people enhance their financial skills and create positive banking relationships.	
KU Small Business Development Center	718 New Hampshire Lawrence, KS 66044 https://business.ku.edu/research-and-faculty/centers/ku-sbdc	785-843-8844	Free and confidential individual advising to small business owners, managers and prospective owners. Typical areas covered in advising include business plans, marketing, the startup process, cash flow, and more.	The KU SBDC supports aspiring business owners, startup companies, existing small businesses, and those who wish to sell or purchase a small business.
FOOD - FINANCIAL ASSISTANCE	ADDRESS	CONTACT	SERVICES	NOTES
Choosing Healthy Appetizing Meal Plan Solutions for Seniors (CHAMPSS)	https://www.jhawkaaa.org/services/nutrition/	785-235-1367	A program providing seniors with meal cards for use at approved locations; in Lawrence this includes Dillons & HyVee.	Cannot be enrolled in both CHAMPSS & Meals on Wheels programs.
Double Up Food Bucks (DUFBS)	https://www.doubleupheartland.org/how-it-works/	816-701-8286	SNAP (food stamps) matching program providing dollar-for-dollar matching at regional farmers' markets up to \$25.	Bring your SNAP EBT Card to the farmers market office or info booth before you shop.

Harvester's SNAP Helpline	https://www.harvesters.org/get-food-assistance/snap-assistance	<u>SNAP Helpline:</u> 877-653-9522	This hotline can help you determine if you are eligible for SNAP, and then assist you with completing and filling out your application.	The team will explain the next steps after the application is submitted and provide contact info you need for those steps.
SNAP (Supplemental Nutrition Assistance Program), Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office) https://www.dcf.ks.gov/services/es/Pages/Food/FoodAssistanceFAQs.aspx	<u>Lawrence DCF office:</u> 785-832-3700 (general questions) <u>For interviews or application changes</u> 888-369-4777	Provides qualifying low-income households with food benefits card to purchase food, access to a healthy diet, and education on food preparation and nutrition. Call the local office to set up an appointment with DCF Resource Agent for application support.	Applications can also be processed by Harvesters over the phone at 877-653-9522. For EBT card help, call cardholder support at 800-997-6666.
K-State Extension of Douglas County	2110 Harper St. https://www.douglas.k-state.edu/program-areas/health-wellness/masterfood-volunteers.html	785-843-7058	Master Food Volunteers can help community members complete SNAP food assistance applications or forms.	SNAP assistance is available on the 4th Wednesday of every month by appointment only. Call Kaitlyn at 785-843-7058 ext.112 to make an appointment.
mRelief	https://www.mrelief.com/	Text "Food" to 74544 to start a screener	Text-based SNAP food assistance application assistance.	Text line also helps determine eligibility + available benefits.
WIC Nutrition (Women, Infants, Children)	200 Maine St., Ste. B www.ldchealth.org/wic	785-856-5350 wic@ldchealth.org	Electronic benefit transfer cards to buy healthy food. Wraparound support including personalized nutrition information, breastfeeding support, and service referrals.	For pregnant and postpartum women, infants, and children up to age 5 who meet income guidelines. Call, text, or email to set up an appointment for WIC applications.

FOOD - PANTRIES + FREE MEALS	ADDRESS	CONTACT	SERVICES	NOTES
Ballard Center	708 Elm St. https://ballardcenter.org/	785-842-0729	Food pantry, free clothing, personal care items, diapers, and some household kitchen items.	Pantry is open by appointment only Monday-Friday, 10am-4pm.
Catholic Charities of Northeast Kansas	1525 W. 6th St., Ste. A https://catholiccharitiesks.org/	785-856-2694	Pantry available to each household on a monthly basis; weekly transitional bags available for those experiencing homelessness.	Shoppers can walk in with photo ID; pantry open Monday-Thursday 9am-4pm.
Campus Cupboard	Kansas Union, Level 4, 400 Suite	785-864-1439 campuscupboard@ku.edu	Food pantry for enrolled KU students, faculty, and staff.	Open Monday-Thursday, 9am-5pm. Also open Fridays 10am-3pm.
Care Cupboard, Heartland Community Health Center	1312 W. 6th St. https://heartlandhealth.org/services/#food	785-841-7297	The Care Cupboard is a satellite location for Just Food and is available to Heartland patients as well as the general public.	Open Monday-Thursday, 9am-5pm.
ECKAN	2518 Ridge Ct. (basement level) https://eckan.org/	785-841-3357	Food pantry is open every Monday, Wednesday, and Thursday from 9am-3:30pm.	No meals served on-site. Shopping is by appointment only; call for appointment and more info.
First Baptist Church	1330 Kasold Dr. https://www.facebook.com/groups/641254140201246/	785-843-0020	The Harvesters Mobile Food Pantry comes on the 4th Saturday of each month from 1-2pm; in-house food pantry every Wednesday, 12-2pm, 1st and 3rd Wednesdays, 5:30-6:30pm.	Harvesters' distribution is subject to change, please check social media or call 785-843-0020 to stay updated.
Food Not Bombs	www.facebook.com/lfkfmb/	fnblawrenceks@gmail.com	Free meals once a week.	Check Facebook for more information.

Harvesters Community Food Network	https://www.harvesters.org/	785-861-7700	Food Locator service to help identify pantries, drive-thru food pickup locations & kitchens where prepared meals are served	
Jubilee Cafe	946 Vermont St. https://fumclawrence.org/jubilee/	785-841-7500	Free community breakfast meals offered at First United Methodist Church.	Tuesdays and Fridays from 7-8am; enter through the doors on 10th Street.
Just Food	1000 E. 11th St. https://www.justfoodks.org/	785-856-7030 info@justfoodks.org	Food pantry accessible to a household once per calendar week; Cruising Cupboard (mobile food pantry), kitchen supplies; adult incontinence program; children's diaper bank for ages 0-4; and menstrual product program.	Pantry hours: Tuesday & Thursday 9am-6pm; Wednesday & Friday 9am-3pm. Cruising Cupboard has weekly stops in Lawrence, LeCompton, Baldwin, and Eudora.
Lawrence Community Orchard	830 Garfield St.		Free food park where anyone can pick ripe fruit, open every day from dawn to dusk.	
Lawrence First United Methodist Church	867 Highway 40 (address for the monthly food pickup from Harvesters) 946 Vermont St. for Tuesday and Friday breakfast	785-841-7500	Monthly drive-thru food pickup offered through Harvesters; weekly free hot breakfast Tuesday and Friday at 7am at 946 Vermont St.	Harvesters food pickup 2nd Saturday of the month 11am-12pm; first-come, first-served.
LINK	221 W.10th St. (enter through the basement entrance of church) www.linklawrence.org	linksince1985@gmail.com	LINK offers free home-cooked lunches.	Lunch is served every Tuesday, Thursday, Saturday, and Sunday at 1pm.
Lutheran Indian Ministries - Haskell LIGHT	137 Pawnee Ave.	785-841-4809	Community food pantry operated by Lutheran Indian Ministries.	Partner pantry with Just Foods.

Salvation Army Feeding and Assistance Center	1202 E. 23rd St.	785-843-4188	Free meals and food boxes; drop-in services for those experiencing homelessness	To-go bags available daily; pantry is Mondays 3:30-5:30, Tuesdays 10am-12pm, and Thursdays 10am-12pm. Call ahead during business hours to be placed on the list for pantry.
Sunrise Project	245 N. 4th St. https://www.sunriseprojectks.org/	785-865-1618 melissa@sunriseprojectks.org	Community space serving free meals 1st and 3rd Wednesdays of the month from 5-7pm. Community garden on-site is free and open for all to harvest from, dawn through dusk.	Meals and garden are free and open to all. Check website for complete meal schedule, menus, and other events.
Trinity Interfaith Pantry	1027 Vermont St.	785-843-6166	Food pantry is open Tuesdays, 1-3pm and Saturdays, 10am-12pm.	
Westwood House	1421 W. 19th St. https://www.westwoodku.org/	westwoodhouseku@gmail.com	Food pantry & in-person meals for students at University of Kansas & Haskell University.	Shop the pantry: Mondays 2-6pm, Tuesdays 12-4pm, Wednesdays/Thursdays 12-6pm. Free meals served Wednesday and Thursday at 6pm.
HEALTHCARE	ADDRESS	CONTACT	SERVICES	NOTES
A Compass Project	https://www.acompassproject.org/	785-856-2631	KanCare-Medicaid eligibility assistance and education; KanCare is the Kansas Medicaid program.	Can be available any day Monday-Friday, 8:30am-5pm in person or over the phone.
Douglas County Visiting Nurses Association	200 Maine St., Ste. C http://www.kansasvna.org	785-843-3738	Physician-ordered home health nursing, therapy, social work, and aide services to the home-bound and acutely ill patients.	Offers not-for-profit, physician-ordered hospice nursing, social work, aide, and bereavement care to patients at end-of-life.

Haskell Indian Health Center	2415 Massachusetts St. https://www.ihs.gov/oklahomacity/healthcarefacilities/haskell	<u>Office:</u> 785-843-3750 <u>Patient Questions:</u> 785-832-4821	Family practice, pediatrics, dental, optometry, physical therapy, behavioral health, diabetes prevention care, pharmacy, lab services, and women's health.	Health services available to any federally recognized tribal members or descendants with approved documentation.
Healthy Kansas Kids	https://www.healthykansaskids.org/	833-309-0121 dromero@graceme d.org	Free KanCare enrollment assistance and support for children and parents/caregivers of children.	
Heartland Community Health Center	1312 W. 6th St. https://heartlandhealth.org/	785-841-7297	Primary care, dental,, pediatrics, mental & behavioral health, substance use treatment, and pharmacy. Medicaid eligibility and enrollment assistance. Title X services (family planning and sexual wellness) available.	Patients are accepted regardless of income or insurance status. Sliding fee scale available.
Heartland Panda Pediatrics	1803 W. 6th St. https://heartlandhealth.org/panda/peds/	785-842-4477	Pediatric care for children & adolescents including primary care, mental and behavioral health, and dental.	Panda Pediatrics accepts all patients regardless of income or insurance status; this location does accept walk-ins Monday-Friday from 8-10am and 1-3pm.
Honor Moon	Pantries located at: 1312 W. 6th St. (behind building next to Heartland's Care Cupboard) 200 Maine St., Ste. B (Lawrence-Douglas County Public Health)	honormoonlfk@gm ail.com	Honor Moon is an inclusive period pantry providing free access to menstrual products 24/7.	Pantries are accessible 24/7.

KanCare	https://kancare.ks.gov/	800-792-4884	State of Kansas' Medicaid and Children's Health Insurance Program (CHIP).	
Lawrence-Douglas County Public Health	200 Maine St., Ste. B https://ldchealth.org/	785-843-0721	Physicals for daycare, school, sports, employment, etc; immunizations, including travel immunizations; STI testing and treatment; pregnancy tests; breastfeeding support; family support; WIC.	Open 8:30am-5pm on Monday, Wednesday, Thursday & Friday. Open 10am-5pm on Tuesday.
Mario's Closet at the LMH Health Gift Shop	330 Arkansas St. https://www.lmh.org/locations/profile/marios-closet/	785-505-3144	Qualifying patients can receive one free wig every 12 months, up to 3 free wigs total. Person receiving the wig must have a condition resulting in hair loss.	Monday-Friday, 10am-4pm. Appointments preferred but not required. Call to schedule.
Medical Closet at Lawrence First United Methodist Church	946 Vermont St.	785-841-7500	Collection of gently used or donated durable medical equipment including walkers, shower chairs, and wheelchairs.	Call in advance to inquire about borrowing.
Senior Health Insurance Counseling for Kansas (SHICK), Senior Resource Center	745 Vermont St. https://yoursrc.org/	785-727-7872	Free, unbiased, community trained counselors answering questions & providing education about Medicare.	Call to schedule a consultation and ask to speak to a SHICK counselor.
Turning Point	https://www.kansashealthsystem.com/health-resources/turning-point	913-574-0900 turningpoint@kumc.edu	Free online classes, support groups, and tools for community members living with a serious or chronic physical illness or their support networks.	Topics covered include emotional and mental wellbeing, nutrition and movement, family and children, and more. Full calendar available on website.

VA Eastern Kansas Healthcare	4821 Quail Crest Pl. https://www.va.gov/eastern-kansas-health-care/	800-574-8387, ext. 54650	Comprehensive healthcare services for veterans.	
HOMELESSNESS	ADDRESS	CONTACT	SERVICES	NOTES
Artists Helping the Homeless	http://ahh.org/	816-668-1007	Transitional & supportive housing, discharge planning, and one-time emergency services for individuals in need of housing and resources.	
Catholic Charities of Northeast Kansas	1525 W. 6th St. https://catholiccharitiesks.org/	785-856-2694	Emergency rent, utility, and case management services focusing on family and individual stabilization.	No walk-ins. Appointments are made by phone on Thursdays starting at 9 am. Calls are answered in the order they are received. Appointments are limited and assistance is not guaranteed.
Homeless Resource Center	944 Kentucky St. https://www.hrclawrence.org/	785-856-0698	We offer a place of rest and resources for our neighbors experiencing homelessness and their advocates: showers, laundry, toiletries, wifi, computer access, coffee, snacks, and a connection to resources.	Open 2-6pm every Monday through Friday. Formerly known as the DARE Center.

ECKAN	2518 Ridge Ct. (basement level) https://eckan.org/	785-841-3357	Provides housing support services including case management, assistance with housing solutions & voucher applications through Housing Authority.	Must call for an appointment. Office hours are Monday-Friday, 9am-4pm. No walk-ins.
Family Promise of Lawrence	905 Tennessee St. https://lawrencefamilypromise.org/	785-764-9506	Serving households with children in care in areas of homelessness prevention, shelter diversion, shelter, & housing stabilization.	Open Monday-Thursday, 8am-5:30pm, and Friday, 8am-3pm; case management services provided in all programs.
Kansas Statewide Homeless Coalition	https://www.kshomeless.com/resources.html		Remote services to those experiencing homelessness in areas with limited resources.	For more resources visit the website in the address column.
Lawrence Community Shelter	3655 E. 25th St. https://www.lawrenceshelter.org/	785-832-8864 info@lawrenceshelter.org	Emergency overnight adult shelter with hygiene amenities. Day services and case management available by referral for highly vulnerable individuals. Extreme weather shelter is provided any time the outside temperature is below 32 degrees or above 100 degrees.	Open 24/7; overnight shelter from 7pm-7am. Call for information about openings. For frequently asked questions about services, visit www.lawrenceshelter.org/faqs .
Village, Lawrence Community Shelter	https://www.lawrenceshelter.org/	785-832-8864 info@lawrenceshelter.org	Village is a non-congregate shelter program which offers 50 private cabins with amenities and meals. Veterans, adults with disabilities, adults 55 or older, survivors of domestic violence, and chronically homeless adults receive priority placement.	Referrals by service providers are required to receive shelter at Village. For frequently asked questions, visit www.lawrenceshelter.org/faqs .

HOUSING	ADDRESS	CONTACT	SERVICES	NOTES
Aging in Place Program, Habitat for Humanity	2108 W. 27th St., Ste. C https://www.lawrencehabitat.org/home-preservation	785-813-6406	Provides interior & exterior home repairs for seniors unable to make changes on their own.	Call for more information about eligibility and to apply.
Building Peace, Inc.	2518 Ridge Ct., Unit 206 www.buildingpeaceks.org	785-856-7000	Building Peace offers mediation and restorative justice for conflict resolution in a variety of areas including landlord/tenant, victim/offender, families or parent/adolescent, neighborhood conflict, and more.	Does not provide legal advice or services, but partners with Douglas County court system to offer mediation and/or diversion when possible.
Critical Home Repair Program, Habitat for Humanity	2108 W. 27th St., Ste. C https://www.lawrencehabitat.org/home-preservation	785-813-6406	Habitat's Critical Repair Program provides critical home repairs and system replacements for those unable to make changes on their own.	Call for more information about past projects, repayment options, eligibility and applications.
Disability Rights Center, Disability and Aging Crime Victims Unit	214 SW 6th Ave., Ste. 100 Topeka, KS 66603 https://www.drckansas.org/get-help	877-776-1541	The DRC has funding to support certain rent, utility, or other expenses needed to rehouse people with disabilities and seniors who are crime victims and cannot safely return to their housing.	Contact the call line and request to speak to an advocate.
Douglas County Housing Stabilization Collaborative	https://hscdgco.org/	Contact participating agencies or email hsc@douglascountysks.org	Rent and utility assistance through online application at hscdgco.org . Participating agencies listed at bottom of website.	Limited assistance distributed through a lottery system; see website for details and most up-to-date information.

Habitat for Humanity	2108 W. 27th St., Ste. C https://www.lawrencehabitat.org/	785-832-0777	Homeownership program, Home Repair programs including Aging in Place & Critical Repair, ReStore which sells new & gently used furniture.	Habitat for Humanity office and ReStore are located at the same address.
Homeowner Housing Rehabilitation Program	https://lawrenceks.gov/pds/housing_programs/	785-832-3113	Provides deferred, forgivable loans to low- and moderate-income property owners to rehabilitate their homes and bring properties into compliance with local building and property maintenance codes, while also focusing on energy efficiency and weatherization.	Applications may close depending on funding; see website for current status.
Independence, Inc. Accessible Housing Program	2001 Haskell Ave. http://www.independenceinc.org/	785-841-0333	Provides accessible home modifications (entry ramps, roll-in showers, accessible height toilets, grab bars, etc.) for people with disabilities.	Income-limited program; available for residents of Lawrence only.
Kansas Weatherization Assistance Program	https://eckan.org/weatherization/	888-833-0832	Provides free upgrades to make homes more energy efficient and reduce utility bills. No charge to income-eligible families.	Apply online or print and submit an application.
Lawrence-Douglas County Housing Authority	1600 Haskell Ave. https://www.ldcha.org/	785-842-8110	Public housing, Section 8 housing choice voucher, veteran housing, senior housing, permanent supportive housing, and transitional housing programs.	Case management and Renters Education classes available for households receiving housing assistance through the Lawrence-Douglas County Housing Authority.

Lawrence-Douglas County Housing Authority Landlord Partnership Program	1600 Haskell Ave. https://www.ldcha.org/landlords	785-842-8110	Fund providing financial benefits to landlords who agree to accept tenants with LDCHA Vouchers. Landlords can receive an incentive bonus, security deposit assistance or damage mitigation fund.	Call for more information.
Mobile Home Repair, Habitat for Humanity	2108 W. 27th St., Ste. C https://www.lawrencehabitat.org/home-preservation	785-813-6406	Program providing mobile home repairs (porch repair, siding repair, roof work, etc.) to help seniors remain in their homes safely and independently.	Call for eligibility and applications.
Selah Home		785-766-5179	Selah Home is a home and program for single pregnant women and their children located in Lawrence	Managed by Insight Women's Center, Selah Home is an ecumenical partnership with religious affiliations. People of all faiths or not faiths are welcome
Tenants to Homeowners	2518 Ridge Ct., #103 https://tenants-to-homeowners.org/	785-842-5494	Wide array of housing: Affordable, accessible, Senior, and supportive housing that serves DV survivors, youth aging out of foster care, and those transitioning from houselessness. Affordable homebuyer purchase program and homebuyer education.	Press 2 for Rental Management, 3 for TTH Homebuyer Program

Willow Domestic Violence Shelter	1920 Moodie Rd. https://www.willowdvcenter.org/	785-843-3333 (24/7 Hotline)	Emergency 90-day shelter for domestic violence and human trafficking survivors. Transitional housing program for survivors. Foster support housing for youth aging out of foster support.	Contact the Willow for more details and information regarding these programs.
LATINX AND SPANISH SPEAKING SERVICES	ADDRESS	CONTACT	SERVICES	NOTES
Centro Hispano Resource Center	3110 Mesa Way, Ste. D	785-843-2039	Care coordination, language therapy, resource networking, advocacy, and child development screening.	Serves Latino families with children under the age of 6. Immigration status never excludes any one from receiving help from Centro Hispano.
Somos Lawrence	https://www.facebook.com/somoslawrence/ https://www.ballardcenter.org/somos-lawrence/	785-813-1098 somoslawrence@gmail.com	Access to services, resources, and more for non-English speakers. Language interpretation services for Spanish neighbors.	Somos assists everyone who calls, no requirements. In-person hours are held on Fridays from 3:30-5:30pm at Ballard Center (708 Elm St.).
LANGUAGE ACCESS	ADDRESS	CONTACT	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave., #100 https://www.usd497.org/parents-and-students/programs-and-services/adult-education-services	785-832-5960	Adult education and literacy services, English literacy program for ESL students, and GED test prep and awards.	Services available for adults who do not have a high school diploma, adults who do not have proficiency in English, and adults whose reading, writing, or math skills fall below guidelines of the Test of Basic Adult Education.

Somos-Plymouth Language Program	925 Vermont St. https://www.plymouthlanguage.org/	785-813-1098 contacto@somos-plymouth.org	Free adult ESL (English as a second language) classes and low-cost adult Spanish classes.	Contact through website or email.
Small World	2415 Clinton Parkway https://smallworldlawrence.com	<u>Spanish:</u> 785-749-3677 <u>Farsi:</u> 785-749-9494 <u>English</u> 785-760-5245	English language learning program for women, five different levels of classes offered at a low cost, community and support from other women.	For information about enrollment, please send an e-mail to swlawrence68@gmail.com .
LEGAL	ADDRESS	CONTACT	SERVICES	NOTES
Building Peace, Inc.	2518 Ridge Ct., Unit 206 www.buildingpeaceks.org	785-856-7000	Building Peace offers mediation and restorative justice for conflict resolution in a variety of areas including landlord/tenant, victim/offender, families or parent/adolescent, neighborhood conflict, and more.	Does not provide legal advice or services, but partners with Douglas County court system to offer mediation and/or diversion when possible.

Douglas County Community Bail Fund		dgcobailfund@gmail.com	Local non-profit reducing monetary bail burdens on legally innocent Douglas County residents charged in Lawrence Municipal Court and/or with a misdemeanor(s). Maximum support limit of \$500; only available to those housed in Douglas County Jail.	This fund will prioritize bail for primary caregivers/caretakers. Length of ties to the community affect prioritization of funding dispersal; no funding in the area of domestic violence.
Douglas County Legal Aid Society, Inc.	1535 W. 15th St. https://law.ku.edu/public-resources/legal-aid	785-864-5564	Represents clients in criminal record expungement matters, gender-marker and name-change cases, and court-appointed cases for juvenile defense and municipal criminal defense.	Hosts expungement clinics twice a year in the community (spring, fall). Subject to change based on student availability.
Douglas County Legal Self-Help Office	111 E. 11th St. (Douglas County District Court) https://www.dgcoks.gov/district-court/self-help	785-330-2868 selfhelp@dgcoks.org	If you are involved in a legal issue, visit the Legal Self-Help Office to get help answering legal questions, finding and preparing court forms, finding information about your specific issue, and to receive referrals to free/low cost legal services.	The Self-Help Office cannot provide legal advice (what you should do). They can tell you next steps, what forms to fill out, or when you need to show up to court.
Eviction Resolution Services Program, Douglas County Legal Self-Help Center	111 E. 11th St. (Douglas County District Court) https://www.dgcoks.gov/district-court/eviction-resolution-program	<u>Call or text:</u> 785-691-9448 amendoza@dgcoks.org	Assisting landlords and tenants, providing information about the eviction process, providing referrals for legal advice or representation for tenants and small landlords, help identifying community resources and connection with mediation services.	Eviction Resolution Coordinator can be reached by phone, text, or by email at amendoza@dgcoks.org.

Elder Law Clinic, Senior Resource Center	745 Vermont St. https://yoursrc.org/	785-842-0543	An attorney from Kansas Legal Services is sent each month to answer legal questions from Seniors. Four 30-minute appointment slots are available.	Takes place on the 2nd Tuesday of each month from 9am-12pm. Must schedule an appointment.
Elder Law Hotline	https://www.kansaslegalservices.org/node/2542/kansas-elder-hotline-free-legal-advice-seniors	316-267-3975	A volunteer-run legal advice hotline available to any Kansas resident aged 60 or older.	Call between 8am-4:30pm, Monday-Friday. Attorneys are only able to provide limited legal advice and cannot provide representation or draft pleadings.
Flip the Coin for Justice, ECKAN	2518 Ridge Ct. (basement level)	785-841-3357	Court voucher program that pays for court fees, mandatory classes, and anything else that is pertinent to avoid further jail time.	
Justice Advice Line		<u>Local District Court Clerk:</u> 785-832-5100	The Justice Advice Line is open to Kansas residents who need help with civil or domestic legal matters and are referred to the hotline by court staff. Advice is offered over the phone by a Kansas Legal Services attorney.	Please ask the local district court clerk for the advice line phone number. The Local District Court Clerk for Douglas County can be reached by phone at 785-832-5100.

Kansas Holistic Defenders, Inc.	2518 Ridge Ct., #200 https://www.kansasholisticdefenders.org/	785-284-9835 admin@kansasholisticdefenders.org	Provides legal representation in misdemeanor criminal court cases in Douglas County 7th Judicial District Court and civil representation for tenant/landlord cases in Douglas County.	KHD criminal services are strictly court-appointed. Please contact 785-285-9795 for civil case inquiries or apply online at https://www.kansasholisticdefenders.org/civil-legal-services
Kansas Free Legal Answers	https://kansas.freelegalanswers.org/		A virtual legal advice clinic hosted by the American Bar Association. Kansans who meet eligibility guidelines can submit up to three questions per year.	Questions are answered by volunteer attorneys on a range of legal topics, including family law, divorce, child custody, housing, evictions, consumer rights, employment, unemployment, and civil rights.
Kansas Legal Services	712 S. Kansas Ave., #201 Topeka, KS https://www.kansaslegalservices.org/	316-267-3975	Provides legal assistance to Kansans in areas of civil matters, domestic violence, divorce, eviction, elder abuse, estate planning, fraud, employment, disability benefits, veterans benefits, and individual rights.	Civil legal representation provided at no cost or reduced-cost for income-eligible persons. No legal assistance provided without application. Apply on website or over the phone, Monday-Friday, 8:30am-4:30pm.
KU Law Mediation Clinic		shawn.watts@ku.edu	Provides mediation services in a range of cases as selected by the instructor. Cases can be taken from all over the community.	Clinic only takes cases from February to May. Services are free.

KU Law Project for Innocence and Post-Conviction Remedies		785-864-5571	Provides representation for prisoners in state and federal appeals and post-conviction litigation.	
Lawyer Referral Service (Kansas Bar Association)	https://ksbar.org/?pg=lrs_public		Free or low-cost assistance for finding a lawyer or obtaining legal advice. There is no charge to receive a referral, but participating attorneys do charge a consultation fee. After that, fees charged are established by each individual attorney.	KBA does not provide free legal assistance or representation. If you need free or low-cost civil legal assistance, please contact Kansas Legal Services.
Notary Services, Lawrence Public Library	707 Vermont St.	785-843-3833	Free notary public services offered by library staff on a walk-in, as available basis.	Visit the Ask Desk or call main line for more information.
SupportEd, Center for Supportive Communities	2518 Ridge Ct., Ste. 208 https://www.supportivecommunities.org/	785-813-1801 info@supportivecommunities.org	School attendance support program for students experiencing truancy. Provides advocacy, mentorship, individual academic and behavioral support, monitoring, and skill building.	
Willow Domestic Violence Center	1920 Moodie Rd. https://www.willowdvcenter.org/	785-843-3333 (24/7 hotline)	Assistance filling out protection forms, court advocacy, and legal referrals for survivors of domestic violence.	
LGBTQ+ RESOURCES	ADDRESS	CONTACT	SERVICES	NOTES

Douglas County Legal Aid Society, Inc.	1535 W. 15th St. https://law.ku.edu/public-resources/legal-aid	785-864-5564	Legal services for individuals seeking name changes through Douglas County District Court and advice on gender marker changes.	By appointment only. Appointments available Monday-Friday, 9am-5pm.
Heartland Community Health Center	1312 W. 6th St. https://heartlandhealth.org/	785-841-7297	Holistic healthcare for all, including sexual and reproductive healthcare, HIV testing and integrated care, affirming mental + behavioral health, and referrals to external providers if necessary.	The Ryan White program helps Kansans with HIV or AIDS access important health services; no income requirement is necessary.
PFLAG	https://pflaglawrence.com/	lawrencepflag@gmail.com	National organization providing support, education and advocacy for LGBTQ+ people and their families.	Meetings are held in meeting rooms at the Lawrence Public Library on the second Thursday of the month from 6-7pm.
Positive Connections	2044 SW Fillmore Topeka, KS https://pcneks.weebly.com/	785-232-3100	STI testing, HIV testing, HIV+ care, prevention, PrEP information.	Serves all of Northeastern Kansas. Appointments required—call for more information.
Trans Lawrence Coalition	https://tlcks.org/	translawrencecoalition@gmail.com	A hub of resources and events in support of the trans and nonbinary community in the Lawrence area.	See website for more information.
MENTAL HEALTH & SUBSTANCE USE	ADDRESS	CONTACT	SERVICES	NOTES

988 - Suicide and Crisis Lifeline	https://988lifeline.org/	Call or text 988 <u>Local Number:</u> 785-841-2345	Lifeline providing a direct connection to compassionate care and support for anyone experiencing a mental health related distress. Prevention and crisis resources for you or your loved ones.	Distress can be related to thoughts of suicide, mental health, substance use crisis, or any emotional distress.
Bert Nash Community Mental Health Center	200 Maine St., Ste. A https://www.bertnash.org	<u>Office:</u> 785-843-9192 <u>Admissions:</u> 785-330-8153	Provides a comprehensive range of mental health and substance use disorders services for children, families, and adults.	To get started with services, fill out an inquiry form on website and/or call Admissions to schedule an initial appointment. Interested people can also visit Bert Nash in person Monday-Thursday, 8am-5pm, and Friday, 9am-4:30pm, to fill out registration forms and schedule the earliest available intake appointment.
Center for Supportive Communities	2518 Ridge Ct., Ste. 208 https://www.supportivecommunities.org/	785-813-1801 info@supportivecommunities.org	Behavior assessment and treatment planning, and hands-on coaching for families with children. Center for Supportive Communities also oversees SupportEd, a truancy intervention program.	
Crisis Text Line	https://www.crisistextline.org/	<u>Text Line:</u> Text HOME to 741741	Free 24/7 support via text messaging.	Available any time people need support; text-based service only.

DCCCA, Inc.	1739 E. 23rd St. https://www.dccca.org/	<u>Admin Office:</u> 785-841-4138 <u>Outpatient:</u> 785-830-8238	Residential & outpatient services for substance abuse & mental health disorders, drug and alcohol prevention services, family preservation services, addiction treatment programs, non-medical detoxification.	Free naloxone, fentanyl test strips, and medication disposal bags are also available.
First United Methodist Church	946 Vermont St.	785-841-7500	Variety of recovery & support meetings offered throughout the week including Alcoholics Anonymous and Narcotics Anonymous.	Meetings are held at 946 Vermont Street; call for more information about dates & class offerings.
Heartland Community Health Center – Bluestem Wellness	534 Michigan St. https://heartlandhealth.org/mental-health/	785-841-7297 ext. 5654	Mental & behavioral health services including therapy and psychiatry. Support is available for all ages including children & adolescents, adult individuals, couples, and families. Wide array of treatment options including EMDR, ART, play therapy, medication management, and medication assisted treatment for substance use disorder.	Bluestem Wellness location is primary location for mental health services through Heartland.

Heartland Regional Alcohol and Drug Assessment Center (HRADAC)	https://www.hradac.com/	<u>Substance use disorder assessments:</u> 800-281-0029 <u>Referrals for Intensive Care Coordination services:</u> 913-789-0951 or DGICC@hradac.com	Provides substance use disorder interventions and treatments, as well as assessments to make appropriate treatment recommendations and referrals. Community-based services include Intensive Care Coordination (ICC) or peer support services.	Open Monday-Friday, 8am-5pm; however, there are clinical staff on both phone lines 24/7 for urgent calls.
Headquarters Kansas	2110 Delaware St. https://hqkansas.org/	<u>Admin:</u> 785-841-9900 <u>Douglas County Crisis Line:</u> 785-841-2345	24-hour crisis line for those experiencing emotional distress. Online chat feature available. Education and training for agencies & individuals.	Online chat at https://chat.988lifeline.org/ . Douglas County Crisis Line can refer individuals in crisis to the Bert Nash Mobile Response Team (MRT).
Mobile Crisis Response Team (Bert Nash)	https://www.bertnash.org/crisis	<u>Intervention requests:</u> 785-832-7509 or 785-843-0250 <u>General non-emergency:</u> <u>785-330-8167</u>	Responds to any location in Douglas County where a behavioral health crisis is occurring. Provides community based effective de-escalation, assessment, individual and collaborative safety planning. The Mobile Response Team is committed to the right resource, the right care, at the right time in the least restrictive setting possible.	Available 7 days/week from 9am-12am. Requests for MRT intervention or support can be first or third person and are made through the Douglas County Emergency Communication Center by using either 785-832-7509 or 785-843-0250.

NAMI of Douglas County (National Alliance on Mental Illness)	925 Vermont St. https://www.nami.org/affiliate/kansas/nami-douglas-county-ks/	785-840-5889 nami.dgco@gmail.com	NAMI Connection Recovery Support group for adults living with mental illness; Family Support Group for family and loved ones of individuals living with mental illness.	Support groups meet each Wednesday evening, 6pm-7:30pm at Plymouth Congregational Church. Call for more information.
Narcotics Anonymous	PO Box 991 Lawrence, KS 66044 https://www.miracleareana.com	<u>Info Line:</u> 855-732-4673	Narcotics Anonymous offers recovery to addicts, focusing on the disease of addiction rather than a particular drug.	Serving Lawrence, Eudora, Baldwin, Lecompton, and Ottawa.
Oxford Vacancies	https://oxfordvacancies.com/		Website lists contact information, vacancies, and other information for Oxford Houses across the United States.	Oxford Houses are cooperatively managed, self-supporting, drug-and alcohol free shared residences for people in recovery from substance use disorder.
Psychology Today	https://www.psychologytoday.com/us		Offers a local directory of therapy providers that can be filtered by insurance, treatment style, diagnosis, etc.	
SMART Recovery Groups		bliese@kumc.edu	Self Management Addiction Recovery Training (SMART) supports individuals who have chosen to abstain or are considering abstinence from any type of addictive behavior, such as substance abuse or gambling.	Meetings online and in-person Wednesdays, 5-6:30pm at Lawrence Public Library.

Treatment and Recovery Center of Douglas County	1000 W. 2nd St https://www.trcdgks.org/		24/7/365 urgent care for the mind. Walk-in services for mental health or substance use crisis. Medical detox and substance use treatment, crisis mental healthcare, and rapid stabilization for mental health crises.	
PREGNANCY & BIRTHING	ADDRESS	CONTACT	SERVICES	NOTES
Catholic Charities of Northeast Kansas	1525 W. 6th St., Ste. A https://catholiccharitiesks.org/	913-433-2063	Pregnancy counseling and supportive services available for expecting mothers; licensed adoption services help with newborn placement and supportive case management to birth mother.	Program is free, voluntary, and confidential. No walk ins—call to find out more.
Child Support Services Agency, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office) https://cssapply.dcf.ks.gov/	888-757-2445	Offers free genetic testing to establish paternity, help finding the father if he has moved, getting a support order and collecting child support payments.	In Kansas, the Child Support Services agency is part of the Kansas Department for Children & Families (DCF).
Community Children's Center	346 Maine St. https://www.communitychildrenks.org/	785-260-8184	Early childhood clothing closet (including maternity clothes and infant supplies), Grow & Go playgroup, Responsive Caregiving class, family support, resource navigation, and support groups. Services are available for families in Douglas County with children 0-5 years old.	Clothing closet is by appointment only. Serves Spanish speakers; translation available on-site. Call or go to https://calendly.com/clothingccc to schedule a shopping appointment.

Doulas of Douglas County	3110 Mesa Way, Ste. C https://www.doulasofdouglascounty.org/	785-760-3924 doula@dcsb6.org	Offers pregnancy, birth, postpartum and parenting support to families in Douglas County.	Services are available at no cost to pregnant or expecting people of color, including immigrants and Spanish speaking families.
Insight Women's Center	3210 Mesa Way, Ste. C https://friendsofinsight.org/	785-842-6499	Pregnancy verification tests, limited ultrasounds, pregnancy counseling, after-abortion support, pregnancy & infant loss support.	Insight Women's Center is a faith based organization with religious affiliations. People of all faiths or no faiths are welcome. All services are free of charge. Visit website for more information.
Lawrence-Douglas County Public Health	200 Maine St., Ste. B https://ldchealth.org/189/Family-Support-Programs	785-843-3060	WIC, breastfeeding support and education, prenatal programs, home visiting, and case management services through Healthy Families and Baby Steps.	Open 8:30am-5pm on Monday, Wednesday, Thursday and Friday. Open 10am-5pm on Tuesday.
LMH Postpartum Support	330 Arkansas St. https://www.lmh.org/get-care/family-birthing-center/postpartum-support/	785-505-6390	Support groups for new parents, breastfeeding, and postpartum depression and anxiety. Parenting, birthing, and breastfeeding classes offered.	Located inside of the LMH Family Birthing Center.
Planned Parenthood of Overland Park	4401 W 109th St., #100 Overland Park, KS 66211 https://www.plannedparenthood.org/health-center/kansas/overland-park/66211/comprehensive-health-center-2594-90740	913-345-1400	Reproductive healthcare center; abortions, birth control, HIV services, emergency contraception, pregnancy testing, and STI testing and treatment.	Services are provided with or without insurance. Accepts Medicaid. Open every day except Sunday and Monday. Call to book an appointment or book online.

Pregnant and Parenting Resource Pantry	Kansas Union, Level 4, 400 Suite	785-864-1439 or campuscupboard@ku.edu	Provides essential resources for pregnant and/or parenting KU students and their children including formula, diapers, and clothing.	Open Monday-Thursday, 9am-5pm. Also open Fridays 10am-3pm.
RENT & UTILITIES ASSISTANCE	ADDRESS	CONTACT	SERVICES	NOTES
Access from AT&T	https://www.att.com/internet/access/	855-220-5211	Low-cost home internet service with income eligibility limits.	Households receiving assistance from programs such as SNAP, TANF, WIC, Medicaid, and others are automatically eligible. See website for details.
Ballard Center	708 Elm St. https://ballardcenter.org/	785-842-0729	Limited assistance for families and individuals of all ages.	
Catholic Charities of Northeast Kansas	1525 W. 6th St. https://catholiccharitiesks.org/	785-856-2694	Emergency rent, utility, and case management services focusing on family and individual stabilization.	No walk-ins. Appointments are made by phone on Thursday starting at 9 am. Calls are answered in the order they are received. Appointments are limited and assistance is not guaranteed.
Emergency Loan Fund	https://lawrenceks.org/pds/housing_programs/	785-832-7700	Loans of up to \$5000 (\$2500 for mobile homes) for emergency repairs and furnace replacement.	

Cold Weather Rule	https://kcc.ks.gov/consumer-information/cold-weather-rule	800-662-0027	The Cold Weather Rule ensures that you have electric, gas, and water service during the winter. A utility company can't disconnect your service when the temperature is forecast to drop below 35 degrees Fahrenheit within the following 48-hour period.	Read the KCC website for pertinent information and payment plan options.
ECKAN	2518 Ridge Ct. (basement level) https://eckan.org/	785-841-3357	Limited rent and utility assistance dependent on availability.	Open 9am-12pm and 1pm-4pm Monday through Friday. This service is by appointment only. Please call for an appointment.
Douglas County Housing Stabilization Collaborative	https://hscdgco.org/	Contact participating agencies or email hsc@douglascountysks.org	Rent and utility assistance through online application at hscdgco.org . Participating agencies listed at bottom of website.	Limited assistance distributed through a lottery system; see website for details and most up-to-date information
Lifeline Program (Phone & Internet Services Discounts)	https://www.lifelinesupport.org/ (federal program) https://kcc.ks.gov/telecommunications/lifeline (state program)	<u>Federal Program:</u> 800-234-9473 <u>State Program:</u> 800-662-0027	Federal and state program for discounts on phone and internet services. Kansas program only applies to phone service, but can be combined with federal discounts.	Income-eligible; see websites or call for more information.
Low Income Energy Assistance Program (LIEAP), Kansas Department for Children and Families (DCF)	1901 Delaware St. https://www.dcf.ks.gov/services/es/Pages/EnergyAssistance.aspx	<u>Lawrence Office:</u> 785-832-3700 <u>Customer Service:</u> 888-369-4777	One-time heating bill assistance awarded for low-income individuals and families. Program is closed as of March 2024; will reopen in late fall.	Apply online, in office, call to request an application be mailed to you, and check our LIEAP page for in-person sign-up events hosted by DCF.

Senior Resource Center	745 Vermont St. https://yoursrc.org/	785-842-0543	Rent and utility assistance for Douglas County adults 60 years or older.	Limited funding availability—call for more information.
Warm Hearts of Douglas County	https://www.warmheartsofdouglascounty.com/		From January 1-April 30, up to \$500 for energy bill assistance. Includes gas, electric, propane, or wood.	Apply at Ballard Center, ECKAN, Senior Resource Center, Catholic Charities, or Salvation Army.
SAFETY	ADDRESS	PHONE	SERVICES	NOTES
Children's Advocacy Center of Douglas County	1009 New Hampshire St. cacdouglas.org	785-592-3160	Supporting children & families affected by child abuse through family advocacy, court advocacy forensic interviews, mental/physical health referrals.	Advocacy and forensic interviews are provided to families working with DCF or law enforcement. General public can call for information or referrals.
Kansas Protection Report Hotline, Kansas Department for Children and Families (DCF)	https://www.dcf.ks.gov/services/pps/pages/kips/kipswebintake.aspx	800-922-5330	Kansas Prevention and Protection services hotline for reports of abuse, neglect and exploitation of children, elders, or vulnerable adults.	Hotline is staffed 24/7, including holidays. If you suspect you or someone else is at an immediate risk, contact 911.
Senior Resource Center	745 Vermont St. https://yoursrc.org/	785-842-0543	Assistance for seniors experiencing elder abuse and/or neglect.	
The Sexual Trauma and Abuse Care Center	330 Maine St. https://stacarecenter.org/	785-843-8985 (24/7 hotline)	24/7 advocacy and response, hospital advocacy, therapy and support groups, prevention & education, Lawrence Ordinance & Safe Bar Alliance Trainings.	Free and confidential services for victims/survivors of sexual assault and abuse. For more info call the hotline.

Willow Domestic Violence Center	1920 Moodie Rd. https://www.willowdvcenter.org/	785-843-3333 (24/7 hotline)	Emergency shelter, individual counseling, support groups, advocacy, and 24/7 support line for survivors of domestic violence. Case management, court advocacy, safety planning.	Services are also available to community-based clients.
SENIORS	ADDRESS	CONTACT	SERVICES	NOTES
Aging in Place Program, Habitat for Humanity	2108 W. 27th St., Ste. C https://www.lawrencehabitat.org/	785-832-0777	Habitat's Aging in Place Program aims to provide interior & exterior home repairs for seniors unable to make changes on their own, so they can remain in their homes	
Douglas County Visiting Nurses Association	200 Maine St., Ste. C http://www.kansasvna.org/	785-843-3738	Not-for-profit, physician-ordered home health nursing, therapy, and aide services to the home-bound and acutely ill; hospice nursing, social work, and bereavement care to patients at end-of-life.	
Helping Hammer Senior Home Repair, Tenants to Homeowners	2518 Ridge Ct., #103 https://tenants-to-homeowners.org/	785-842-5494	Helping Hammer Senior Home repair program provides home repairs & modifications for low-income seniors.	Contact the Senior Resource Center at 785-842-0543 for a referral.
Jayhawk Area Agency on Aging	2001 Haskell Ave. https://www.jhawkaaa.org/	785-235-1367	In-home services, case management, caregiver support, insurance counseling, nutritional & wellness programs.	

Kansas Advocates for Better Care	536 Fireside Ct., Ste. B https://www.kabc.org/	785-842-3088	Empowerment, advocacy, and resources for older Kansans and their families.	
Lawrence Meals on Wheels	2121 Kasold, Ste. B https://www.lawrencemow.org/	785-830-8844 or 4mealsonwheels@sbcglobal.net	Lawrence Meals on Wheels serves hot, nutritious meals to people of all ages who have specialized diets and who are homebound. Meals prepared by LMH per participants' doctors orders.	Meals are served Monday-Friday; must be in Lawrence city limits. Participants must have specialized dietary needs. For more information go to website or call for eligibility.
Midland Care Meals on Wheels	2134 SW Westport Drive, Topeka, KS 66614 https://midlandcare.org/services/meals-on-wheels/	785-430-2186 or mow@midlandcc.org	Meal delivery service covering Douglas County. Available for individuals 60+ years old who are homebound, isolated, or a caretaker.	Call 785-430-2186 for eligibility and more information.
RetroActive Retirees, Lawrence Public Library	707 Vermont St. lplks.org/retirement	785-843-3833	Lawrence Public Library's program for retirees offering classes, social activities, online resources, and a space to share the experiences of other retirees.	All programming is free to attend.
Senior Resource Center	745 Vermont St. https://yoursrc.org/	785-842-0543	Resources and referrals for seniors and their loved ones for crisis support and critical needs, activities & social engagement.	
TECHNOLOGY	ADDRESS	CONTACT	SERVICES	NOTES
ADA Computer Lab, Independence, Inc.	2001 Haskell Ave. http://www.independenceinc.org/	785-841-0333	Computer lab equipped with a variety of assistive technologies & software to ensure accessibility for all individuals living with disabilities.	Open to the general public, no appointments necessary; one-on-one tech support is available.

Assurance Wireless: Lifeline Phone Service Program	https://www.assurancewireless.com/	888-321-5880	The Assurance Wireless offer provides eligible low-income customers free phones as well as text, talk, and data plans. Call or visit website to apply.	Assurance Wireless is a federal Lifeline Assistance Program. You may qualify if you are on certain public assistance programs.
Drop In Tech Support, Senior Resource Center	745 Vermont St. https://yoursrc.org/	785-842-0543	One-on-one assistance for seniors experiencing a technology issue with their laptop, tablet, phone, a website, or an app.	Drop-in Tech Support on Tuesday afternoons, from 2-3:30pm. No appointment necessary.
Kansas Telecommunications Access Program (TAP) Program	https://independenceinc.org/kansas-telecommunication-access-program/	785-841-0333 ext. 107	Individuals who have a hearing, vision, speech, cognitive, or mobility disability or impairment can apply and receive equipment.	Must meet income guidelines and have home telephone service.
Lawrence Workforce Center Computer Lab	2920 Haskell Ave., Ste. 200 https://workforcecenters.com/lawrence/	785-840-9675	Computers available for public use for anything job related like assessments & testing.	
One-On-One Technology Assistance, Lawrence Public Library	707 Vermont St. https://lplks.org/one-on-one-technology-assistance/	785-843-3833	Library Tech staff are available to help with tasks like using a computer or laptop or surfing the internet; setting up Facebook, email, or other accounts; using your smartphone; or other specific technology-related questions.	To schedule a tech appointment, visit the Tech Desk or call 785-843-3833 ext. 139; one-on-ones are limited to two sessions per month.
PCs for People	518 Santa Fe St. Kansas City, MO 64105 https://www.pcsforpeople.org/eligibility/	816-259-0851	Low-cost computers and internet as well as free digital literacy courses.	Income limited—see website for eligibility requirements. Linux desktops start at \$0; Windows start at \$50.

KU Center for Digital Inclusion	https://cdi.ku.edu/about	785-864-7612	Technology education program covering important skills for employment and career advancement (e.g., Microsoft Office, personal branding, website building).	Education is for women recently released from jail or prison in Kansas and Missouri. Must be female, 18+ years, served time in jail or prison, and live in Kansas or Missouri.
Senior Resource Center	745 Vermont St. https://yoursrc.org/	785-842-0543	Corps of volunteers offering technology assistance to homebound seniors.	Service is offered on a case-by-case basis, dependent upon volunteer availability & interest.
THRIFT STORES, CLOTHING & FURNITURE	ADDRESS	CONTACT	SERVICES	NOTES
Catholic Charities of Northeast Kansas	1525 W. 6th St., Ste. A https://catholiccharitiesks.org/	785-856-2694	Free clothing closet. Available clothing and shoes dependent on donations.	To shop the closet, walk-in with photo ID Monday-Thursday, 9am-4pm.
Community Children's Center	346 Maine St. https://www.communitychildrens.org/	785-260-8184	Early childhood clothing closet including maternity clothing, kids clothing sizes 0-6, diapers, and infant supplies. Services are available for families in Douglas County with children 0-5 years old.	Clothing closet is by appointment only. Serves Spanish speakers; text preferred for Spanish scheduling and translation available on-site. Call/text or go to https://calendly.com/clothin_gccc to schedule a shopping appointment.
Habitat for Humanity ReStore	2108 W. 27th St., Ste. C https://www.lawrencehabitat.org/restore	785-856-6920	Furniture, appliances, lighting, doors, windows, plumbing, bath, cabinets, flooring, HVAC, building materials.	Open Tuesday-Saturday, 10am-5pm.
His Hands Clothing Closet	736 B Main St. Eudora, KS 66025	785-690-7220	Non-profit resale providing free or low-cost clothing.	Open Saturday, 12-4pm.

St. John's Rummage House	1246 Kentucky St.	785-843-0109	Used clothing in all sizes and household items available at discounted prices.	Open for shopping Wednesday from 11am-3pm and Saturday, 8:30am-12:30pm.
Salvation Army Family Store	1800 E 23rd St.	816-421-5434, ext. 225	Furniture, clothing in all sizes, shoes, bags, homewares for sale.	
Social Service League	905 Rhode Island St.	785-843-5414 905rhodeisland@gmail.com	Vouchers available for employment readiness clothing including work/interview clothes, new work boots, haircuts and prescription eyeglasses.	Vouchers may require proof of employment or upcoming job interview. Call or email for more information.
TRANSPORTATION	ADDRESS	CONTACT	SERVICES	NOTES
Amtrak Lawrence	413 E. 7th St. https://www.amtrak.com/stations/lrc		Offers passenger rail service from the Lawrence depot; website contains information about the Lawrence Amtrak station.	Purchase tickets at any time on the Amtrak website.
Greyhound: Lawrence Bus Stop	Central Station, 2315 Bob Billings Pkwy www.greyhound.com/bus/lawrence-ks/lawrence-bus-stop	800-231-2222	Greyhound provides service to Lawrence three times a day on its route between Topeka and Kansas City, and connects to thousands of cities across the country.	Tickets not sold at this location. Order online, or call 1-800-231-2222 and then pay for your ticket at ACE Cash Express at the corner of 6th & Kasold.
General Transportation Program, Independence, Inc.	2001 Haskell Ave. https://independenceinc.org/transportation/	785-843-5576	Accessible vehicles providing general transportation services for residents of Douglas County; final rides begin at 4pm. Out-of-town medical rides to Kansas City and Topeka areas for \$30.	Rides in Douglas County for \$3; must schedule rides a week in advance; call 785-843-5576 to schedule a ride.

K-10 Connector, RideKC	2315 Bob Billings Pkwy (Central Station) https://ridekc.org/routes/510-k10-connector		Provides public transportation services from Lawrence to Johnson County, downtown Kansas City, MO, Kansas City, Kan., and other outlying areas.	The K-10 Connector's only stop in Lawrence is at the Central Station.
Lawrence Transit	2315 Bob Billings Parkway https://lawrencetransit.org/	785-864-4644	Lawrence Transit is fare free for all services in 2024 and 2025 including fixed route, T-Lift, and Lawrence Transit On Demand, which operates in the evenings and Sunday.	Training sessions on how to ride the fixed-route bus system and other transit options are available.
Lawrence Transit On Demand	https://lawrencetransit.org/on-dem and/	<u>Call to schedule:</u> 785-312-7054	After-hours fare-free bus service from 8pm-6am, Monday through Saturday, and 8am-6pm on Sunday. On Demand is a shared ride service, so several passengers may be on board. Multiple rides can be scheduled at once up to 5 days in advance.	Rides should ideally be scheduled in advance by phone 8am-5pm, Monday-Saturday, or by using the Lawrence Transit On Demand app. Rides not scheduled in advance may have up to an hour wait time.
Senior Wheels Program (Senior Resource Center)	745 Vermont St. https://yoursrc.org/senior-wheels/	<u>Call to schedule:</u> 785-727-7876	Wheelchair-accessible transportation service available Monday-Friday, 7am-3:30pm for seniors 60+.	City rides: \$4.00 one-way County rides: \$6.00 one-way
T-Lift	https://lawrencetransit.org/accessi bility/	785-312-7054	Door-to-door, shared ride paratransit service. Available to transit riders living with a disability.	Call for more info and to begin the application process.

YOUTH & PARENTING	ADDRESS	CONTACT	SERVICES	NOTES
Ballard Center	708 Elm St. https://ballardcenter.org/	785-842-0729	Affordable early childhood education program for ages 2-5, diaper pantry, and emergency assistance for families to maintain housing stability.	
Big Brothers Big Sisters	2518 Ridge Ct. www.kansasbig.org	785-843-7359	Helps match caring adult mentors with children in Douglas County who need them.	Call to schedule an appointment or inquire online.
Building Peace, Inc.	2518 Ridge Ct., Unit 206 www.buildingpeaceks.org	785-856-7000	Building Peace offers mediation and restorative justice for conflict resolution in a variety of areas including landlord/tenant, victim/offender, families or parent/adolescent, neighborhood conflict, and more.	Does not provide legal advice or services, but partners with Douglas County court system to offer mediation and/or diversion when possible.
Boys & Girls Club	2910 Haskell Ave. https://bgclk.org/our-mission/our-programs/	785-841-5672	12 sites across Lawrence, providing after-school childcare programs for children of parents and support such as homework help, tutoring, and drug/alcohol prevention and education .	Scholarships available; childcare hours vary by school. More information about programs can be found online.
Center for Supportive Communities	2518 Ridge Ct., Ste. 208 https://www.supportivecommunities.org/	785-813-1801 info@supportivecommunities.org	Behavior assessment and treatment planning, and hands-on coaching for families. Center for Supportive Communities also oversees SupportEd, a truancy intervention program.	

Child Care Aware of Eastern KS	https://east.ks.childcareaware.org	785-357-5171	Child care resource and referral agency working to ensure all children have access to quality, affordable childcare by supporting families in their childcare search.	
Children and Families Mobile Crisis Helpline		833-441-2240	Over-the-phone support for behavioral health crisis, referral to resources or stabilization services. Mobile crisis response offered if crisis cannot be solved over the phone.	Services available for all Kansans 20 years old or younger or those formerly in foster care.
Community Children's Center	346 Maine St. https://www.communitychildrenks.org/	785-260-8184	Early childhood clothing closet, Grow & Go playgroup, Responsive Caregiving class, family support, resource navigation, and support groups. Services available for families in Douglas County with children 0-5 years old.	Clothing closet is by appointment only. Serves Spanish speakers; text preferred for Spanish scheduling and translation available on-site. Call/text or go to https://calendly.com/clothingccc to schedule a shopping appointment.
Dolly Parton's Imagination Library of Douglas County	https://eccollective.org/dolly-parton-imagination-library/		Book gifting program providing free books to children from birth to age five. Families with Douglas County zip codes are eligible.	Visit website to get started.
Kennedy Early Childhood Center	2105 Harper St.. https://www.usd497.org/Page/1185	785-832-5760	The pre-K readiness program provides a free early childhood educational experience for children who may not otherwise have the opportunity to attend preschool.	Children must live in the Lawrence Public Schools district area; must be 4 years old on or before August 31st. See website for program guidelines.

ECKAN Early HeadStart	2518 Ridge Ct. (basement level)	785-418-8177	ECKAN Early HeadStart serves birth to age 3 & can provide health screenings, nutrition education, social services support, help with learning disabilities, and more.	Households at or below 100% of the Federal Poverty Guideline are eligible for Head Start programs.
Independent Living Program, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence DCF Office) https://www.dcf.ks.gov/services/pps/pages/independentlivingprogram.aspx	785-368-8192	Financial support for post-secondary education, room and board assistance, transportation costs, book and materials related to education or training programs, medical services through the Medical Card Extension Program.	Youth must have experienced foster care at age 14 or older and can participate up to 26 years old.
Foster Village Northeast KS	https://www.fostervillagenortheastks.org/	785-856-1224 info@fostervillagenortheastks.org	Monthly parent support groups and caregivers' nights out for foster, kinship, and foster/adoptive families, informational and educational events, and support with tangible needs for families taking a new placement.	All support is for foster, kinship, and foster/adoptive families in northeast Kansas. See website for more information.
Kansas Department for Children & Families (DCF)	1901 Delaware St. https://www.dcf.ks.gov/Pages/default.aspx	785-832-3700	A variety of resources, including child support, economic and employment, prevention and protection, and rehabilitation services.	
KU Child & Family Services Clinic	1000 Sunnyside Ave., #2021	785-864-4416	Low-cost mental health assessment services, treatment programs, consultations, and school-based interventions.	Does not accept insurance.

Lawrence-Douglas County Public Health	200 Maine St, Ste. B https://ldchealth.org/	785-856-7361	WIC, breastfeeding support and education, home visiting, and case management services through Healthy Families and Baby Steps.	Open 8:30am-5pm on Monday, Wednesday, Thursday & Friday. Open 10am-5pm on Tuesday.
Parents as Teachers	1605 Davis Rd. https://kennedy.usd497.org/programs/parents-as-teachers/welcome	785-832-5760	Personalized visits, screenings, group connections, and resource connections.	Serving families with children age 0-5; enrollment available online through Lawrence Public Schools website.
Positive Bright Start	1900 Delaware St. https://www.positivebrightstart.org	785-842-9679	High-quality, low-cost childcare, childcare tuition assistance, and therapy services for children under six and their families. Food provider for home daycare through the CACFP program.	Mental health services open for residents of Douglas County.
Pregnant and Parenting Resource Pantry	Kansas Union, Level 4, 400 Suite	785-864-1439 or campuscupboard@ku.edu	Provides essential resources for pregnant and/or parenting KU students and their children including formula, diapers, and clothing.	Open Monday-Thursday, 9am-5pm. Also open Fridays 10am-3pm.
O'Connell Children's Shelter	1925 Delaware St. (Satellite Office Location) https://www.oconnellchildrensshelter.org/	785-843-2085	Provides support to children and family in an effort to strengthen and keep families together. Services include individual and family support, truancy prevention, employment & education support, resource acquisition, short term respite, etc.	Call for appointment; case managers work out of the satellite office location. The agency also provides residential foster care group homes and licensing support for individual foster homes and adoption services.

Safe Kids of Douglas County	2110 Harper St. https://livewelldgks.org/safe-kids	785-843-7058 livewelldgks@gmail.com	Free car/booster seats and car seat inspections.	Services are available by appointment only– call or email to set up an appointment.
SparkWheel	1919 Delaware St. https://www.sparkwheel.org/	785-856-5190	Assistance with access to food and healthcare, after-school tutoring, mentoring, parent support, out-of-school enrichment.	Serving students and families attending Prairie Park Elementary - 2711 Kensington Rd.
Infant-Toddler Service of Douglas County	2105 Harper St. https://kenedy.usd497.org/programs/infant-toddler-services	<u>Main office:</u> 785-330-2323 <u>Fax number:</u> 785-596-6540 douglas.county.its@usd497.org	Early intervention services including physical, occupational, & speech therapy, and early childhood special education. Family service coordination and resource support available.	Services are home-based, free, and intended for children 0-35 months old; parents can submit a self-referral form online.
Tykes Douglas County	https://www.tykesdc.org/	785-260-8184	An online resource hub for all things early childhood; serves as a one-stop shop for families, caregivers, and early childhood professionals.	
Willow Domestic Violence Center	1920 Moodie Rd. https://www.willowdvcenter.org/	785-843-3333 (24/7 hotline)	Free presentations on teen dating violence, interpersonal violence, and related topics for youth.	To book a presentation, go to www.willowdvcenter.org/presentations .