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# LAWRENCE-DOUGLAS COUNTY RESOURCE GUIDE

Updated: October 2024

For updates, edits, and questions, contact Gabby Boyle at [gboyle@lplks.org](mailto:gboyle@lplks.org).

\*For expanded information about program guidelines & services, visit <https://lplks.org/content/>

ADULT LEARNING	ADDRESS	CONTACT	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave. #100 <a href="https://www.usd497.org/adulteducation">https://www.usd497.org/adulteducation</a>	785-832-5960	GED programs, English language acquisition programs, and reading and math programs for adults.	Some courses have material fees; call or visit website for more info
Lawrence College and Career Center	2910 Haskell Ave. <a href="https://www.usd497.org/Domain/5852">https://www.usd497.org/Domain/5852</a>	785-832-5900	Provides career & technical training for high school students as well as an alternative education setting that serves students grades 10-12 in Lawrence public schools	
Peaslee Tech	2920 Haskell Ave. #100 <a href="https://peasleetech.org/">https://peasleetech.org/</a>	785-856-1801	Technical and workplace skills training for a variety of fields and industries	Financial assistance and/or apprenticeship opportunities available for many programs
Small World	2415 Clinton Parkway <a href="https://smallworldlawrence.com">https://smallworldlawrence.com</a>	<u>Spanish:</u> 785-749-3677 <u>Farsi:</u> 785-749-9494 <u>English</u> 785-760-5245	English language learning program for women, five different levels of classes offered at a low cost, community and support from other women	For information about enrollment, please send an email to <a href="mailto:swlawrence68@gmail.com">swlawrence68@gmail.com</a>

<b>ANIMALS</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Lawrence Humane Society Crisis Pet Retention Program	1805 E. 19th St.  <a href="https://lawrencehumane.org/crisispetretention/">https://lawrencehumane.org/crisispetretention/</a>	<u>CPR Office</u> <u>Number:</u> 785-592-0531  <u>cpr@lawrencehumane.org</u>	Financial assistance with pet deposits/pet rent, essential pet supplies, emergency vet care, behavior consulting, temporary boarding, wellness medical care (such as neuter and spay), pet food and pet supplies. Available 7 days a week	Application available on website; for application assistance, contact Humane Society's Social Worker, Maddie Lockett, at 785-592-0531
<b>DISABILITY &amp; ACCESS</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
ARC of Douglas County	2518 Ridge Ct. #238  <a href="https://thearc.org/chapter/the-arc-of-douglas-county/">https://thearc.org/chapter/the-arc-of-douglas-county/</a>	785-749-0121  areinking@theardcks.org	Provides services to individuals with intellectual/developmental disabilities including targeted case management, IEP support, independent living counseling, advocacy and training	
Assistive Technology for Kansans	<a href="http://atk.ku.edu">http://atk.ku.edu</a>	800-526-3648	Devices and services that help people hear, see, live, learn, and work better. Device demonstrations, short-term equipment loan, AT reuse, and assistance locating funding for devices	
Bert Nash SSI/SSDI, Outreach, Access & Recovery (SOAR) Team	200 Maine St. #A  <a href="https://www.bertnash.org/">https://www.bertnash.org/</a>	785-843-9192, ext.5	Assists with accessing Social Security, Disability, and Medicaid benefits for people experiencing housing instability	Services only open to current Bert Nash Clients
Cottonwood CDDO-Community Developmental Disability Organization	2801 W. 31st St.  <a href="https://www.cwcdco.org">https://www.cwcdco.org</a>	785-840-1632	Single point of entry for intellectual/developmental disability waiver services eligibility and referral	
Cottonwood, Inc	2801 W. 31st St.  <a href="https://www.cwood.org/">https://www.cwood.org/</a>	785-842-0550	Full range of support for people with disabilities, including residential and employment	

			services; MAP program hires people with any kind of medical or mental health disability	
Disability Rights Center	214 SW 6th Ave., Ste. 100 Topeka, KS 66603  <a href="https://www.drckansas.org/">https://www.drckansas.org/</a>	877-776-1541	Attorneys and advocates provide free advocacy and legal services to protect the civil rights of individuals with disabilities	DRC staff have the power to investigate institutions that may be abusing and/or neglecting the elderly and persons with disabilities
Independence, Inc.	2001 Haskell Ave.  <a href="http://www.independenceinc.org/">http://www.independenceinc.org/</a>	785-841-0333	Services and resources for people with disabilities including advocacy, independent living skills training, durable medical equipment loan bank, accessible transportation, peer support, accessible housing program, youth transition	Serves people with any type of disability as well as our communities and businesses to promote access, inclusion, and independent living
Audio-Reader Network	1120 W. 11th St.  <a href="https://reader.ku.edu/">https://reader.ku.edu/</a>	785-864-4600	Audio information service for blind, visually impaired, and print-disabled individuals. Provides accessible audio versions of newspapers, magazines and books on the air, over the internet, by telephone and via smart speakers, 24 hours a day	Services are free of charge to anyone who is unable to read standard printed material; programming is also available on the website's Listen Live option with no download required
Kansas Commission on Disability Concerns	<a href="https://kcdcinfo.ks.gov/">https://kcdcinfo.ks.gov/</a>	800-295-5232	Extensive lists of in-state services for Braille and alternate formats, assistive technology, sign language interpreters, service animals, and more	
Kansas Dept. for Aging and Disability Services	503 S. Kansas Ave. Topeka, KS  <a href="https://kdads.ks.gov/home">https://kdads.ks.gov/home</a>	785-296-4986  <u>Toll Free:</u> 800-432-3535	Assistance with Medicare, behavioral health services, and home- and community-based service programs	

Kansas Talking Books	1 Kellogg Circle P.O. Box 4055 Emporia, KS 66801  <a href="https://library.ks.gov/talking-books">https://library.ks.gov/talking-books</a>	800-362-0699  620-341-6280  KTB@ks.gov	Free service that provides books and magazines in audio reader or braille formats, assistive technology or equipment for readers, or digital access to books. Physical formats are mailed directly to the patron's house. Materials available for readers of all ages.	Any Kansas resident with a visual impairment, physical impairment, or reading disability that prevents the reading of traditional print materials is eligible for Kansas Talking Books.  Phone is answered Monday-Friday, 9am-5pm.
Schiefelbusch Speech-Language Hearing Clinic	1200 Sunnyside #2101  <a href="https://splhclinic.ku.edu/">https://splhclinic.ku.edu/</a>	785-864-4690	Offers comprehensive services to people with communicative disorders	
Social Security Office	1440 Wakarusa #200  <a href="https://www.ssa.gov/">https://www.ssa.gov/</a>	866-698-2561	Learn about and apply for disability benefits, submit payee disputes	
Stiehl Behavioral Consulting	<a href="https://www.stiehlbehavioral.com">https://www.stiehlbehavioral.com</a>	785-380-5432	ABA (applied behavior analysis) services, autism, behavior therapy	Services provided via telehealth only
USA.gov	<a href="https://www.usa.gov/benefit-finder">https://www.usa.gov/benefit-finder</a>		Designed to help citizens find out what government benefits they may be eligible to receive by comparing your eligibility for over 1,000 state and federal benefit programs	
Working Healthy Kansas	<a href="https://kancare.ks.gov/consumers/working-healthy">https://kancare.ks.gov/consumers/working-healthy</a>	316-337-6390	Offers people with disabilities who are working (or interested in working) the opportunity to get or keep Medicaid coverage while on the job	

EMPLOYMENT	ADDRESS	CONTACT	SERVICES	NOTES
Ballard Center	708 Elm St. <a href="https://ballardcenter.org/ballard-pantry/">https://ballardcenter.org/ballard-pantry/</a>	785-842-0729	Professional clothing closet	Shoppable by appointment only—call to set up an appointment
Bert Nash Supported Employment & Education (SEED) Program	200 Maine St. <a href="https://www.bertnash.org/services">https://www.bertnash.org/services</a>	785-843-9192	The SEED program offers Supported Employment and Supported Education case management services. Supported employment programs assist the individual with everything from the job search to job training and on-site counseling.	Supported employment is a term used to describe programs and services that help individuals with mental health challenges secure and maintain meaningful employment
Catholic Charities Workforce Department	1525 W. 6th St. <a href="https://catholiccharitiesks.org/workforce-development/">https://catholiccharitiesks.org/workforce-development/</a>	785-856-2694	Multiple employment programs focused on resume building, interview prep, training and certification, and coaching for employment retention	St. Rita program is more appropriate for those who have a level of stabilization and are hoping to increase current income to sustainable living wages
Cottonwood, Inc.	2801 W. 31st St. <a href="https://www.cwood.org/">https://www.cwood.org/</a>	785-842-0550	JobLink Division—customized employment services for people with disabilities	
Cottonwood Industries	2801 W. 31st St. <a href="https://www.cwood.org/">https://www.cwood.org/</a>	785-842-0550 or 785-312-3912	Cottonwood Industries is a production facility that hires people with mental health and/or medical disabilities following AbilityOne guidelines	Job skills training and accommodations provided. Ask for Alyson Wingert, program manager.
TANF and SNAP Employment Program and Training, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office) <a href="https://www.dcf.ks.gov/services/ees/Pages/SNAP-Employment-and-Training.aspx">https://www.dcf.ks.gov/services/ees/Pages/SNAP-Employment-and-Training.aspx</a>	785-832-3700	May help pay for training/education (GED, technical school, etc.), transportation, & any other relevant resources to gain meaningful employment	Must be enrolled in TANF and/or SNAP

Lawrence-Douglas County Housing Authority	1600 Haskell Ave. #187 <a href="https://www.ldcha.org/">https://www.ldcha.org/</a>	785-842-1533	Employment and academic planning assistance provided to households receiving housing assistance	Offered through Resident Services Department
Lawrence Workforce Center	2920 Haskell Ave., Ste. 200 <a href="https://workforcecenters.com/lawrence/">https://workforcecenters.com/lawrence/</a>	785-840-9675	Resume help, job searching, career planning, business services such as free job postings for employers and labor market information, computer lab, mock interviews for employment & in-person hiring events	Workforce Innovation Opportunity Grants (WIOA) available for community members meeting eligibility requirements. WIOA grants are used to help clients with high barriers to employment succeed.
Mirror, Inc. Work For Success Program	3205 Clinton Parkway Ct. <a href="https://www.mirrorinc.org/work-for-success">https://www.mirrorinc.org/work-for-success</a>	785-261-3175	Employment skills training including help with completing job applications and resume building; employment assistance including career exploration, job referrals, case management; Healthy Relationships training; parenting education; financial education	See website for expanded information about this program & eligibility criteria.  Lunch is provided, referrals and connections to community resources, case management.
Pre-Employment Transition Services, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office)	785-832-3700	Workplace readiness, job search help, career guidance, and education for disabled students aged 14-21 with an Individualized Education Plan (IEP), a 504 plan, or have a disability as defined by Section 504 of the Rehabilitation Act	Students can be referred by their school or can directly enroll through DCF
Ready for Good Furnishings	708 Connecticut St. <a href="https://readyforgoodks.org/pages/our-story">https://readyforgoodks.org/pages/our-story</a>	785-856-0651	"Furnished for Good" is a life and job readiness program for youth aged 14-17 years old in foster care and/or the juvenile justice system. The program provides job training, informal mentorship,	

			and paid work experience, with weekly workshops on life and job skills.	
VanGo, Inc.	715 New Jersey St. <a href="https://www.van-go.org/">https://www.van-go.org/</a>	785-842-3797	Employs qualifying youth ages 14-24 to make public works of art that are sold in the community	Youth receive employability skills training, health & wellness education & social service support. Reach out for information about applications.
Vocational Rehab, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office) <a href="https://www.dcf.ks.gov/services/rs/pages/employment-services.aspx">https://www.dcf.ks.gov/services/rs/pages/employment-services.aspx</a>	785-832-3700	Customized services for adults with disabilities. Job counseling, physical and mental restorative care, vocational training and education, supported career placement, referrals, and more	Apply in-office or call to request an application in the mail
<b>FINANCIAL LITERACY</b>	<b>ADDRESS</b>	<b>PHONE</b>	<b>SERVICES</b>	<b>NOTES</b>
Family Financial Transformations (Catholic Charities)	1525 W. 6th St. <a href="https://catholiccharitiesks.org/fs-c-service/family-financial-transformations/">https://catholiccharitiesks.org/fs-c-service/family-financial-transformations/</a>	913-906-8938 fft@catholiccharitiesks.org	This program supports families wanting to work on building their savings, better manage finances, and/or pay off debt	Includes individualized budget coaching, financial education series, financial goals development, and more
Housing and Credit Counseling, Inc. (HCCI)	<a href="https://housingandcredit.org/">https://housingandcredit.org/</a>	800-383-0217	Counseling & education on budgeting, debt management, credit report building, homebuying, mortgage defaults, foreclosure, bankruptcy, student loan repayment options, & tenant / landlord counseling	No physical office in Lawrence / Douglas County
Kansas Loan Pool Project (Catholic Charities)	1525 W. 6th St. <a href="https://catholiccharitiesks.org/family-strengthening/financial-education/kansas-loan-pool-project/">https://catholiccharitiesks.org/family-strengthening/financial-education/kansas-loan-pool-project/</a>	913-433-2050	Payday/title loan refinance program. This program issues participants a new, low-interest loan in order to pay off high-interest title or payday loan balances.	Administered by Catholic Charities; call for information on eligibility requirements and application process

Money Smart Program	<a href="https://www.fdic.gov/resources/consumers/money-smart/index.html">https://www.fdic.gov/resources/consumers/money-smart/index.html</a>	877-275-3342	The Money Smart financial education program can help people enhance their financial skills and create positive banking relationships	
KU Small Business Development Center	718 New Hampshire Lawrence, KS 66044  <a href="https://business.ku.edu/research-and-faculty/centers/ku-sbdc">https://business.ku.edu/research-and-faculty/centers/ku-sbdc</a>	785-843-8844	Free and confidential individual advising to small business owners, managers and prospective owners. Typical areas covered in advising include business plans, marketing, the startup process, cash flow, and more.	The KU SBDC supports aspiring business owners, startup companies, existing small businesses, and those who wish to sell or purchase a small business
<b>FOOD - FINANCIAL ASSISTANCE</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Choosing Healthy Appetizing Meal Plan Solutions for Seniors (CHAMPSS)	<a href="https://www.jhawkaaa.org/services/nutrition/">https://www.jhawkaaa.org/services/nutrition/</a>	785-235-1367	A program providing seniors with meal cards for use at approved locations; in Lawrence this includes Dillons & HyVee	Cannot be enrolled in both CHAMPSS & Meals on Wheels programs
Double Up Food Bucks (DUFB)	<a href="https://www.doubleupheartland.org/how-it-works/">https://www.doubleupheartland.org/how-it-works/</a>	<u>Double Up Food Bucks Team:</u>  816-701-8286	SNAP (food stamps) matching program providing dollar-for-dollar matching at regional farmers' markets up to \$25	Bring your SNAP EBT Card to the farmers market office or info booth before you shop
Double Up Protein Bucks (DUPB)			Program of the Lawrence Farmer's Market providing qualifying SNAP users dollar-for-dollar matching up to \$25 to be used on protein such as meats, eggs, falafel, beans, cheese, and protein balls	Stop by the Lawrence Farmer's Market Info Booth for more information. SNAP users can participate in both DUFB and DUPB



Harvester's SNAP Helpline	<a href="https://www.harvesters.org/get-food-assistance/snap-assistance">https://www.harvesters.org/get-food-assistance/snap-assistance</a>	<u>SNAP Helpline</u> 877-653-9522  <u>Text "SNAP" to:</u> 785-333-9233	This hotline can help you determine if you are eligible for SNAP, and then assist you with completing and filling out your application	The team will explain the next steps after the application is submitted and provide contact info you need for those steps
SNAP (Supplemental Nutrition Assistance Program), Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office)  <a href="https://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistanceFAQs.aspx">https://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistanceFAQs.aspx</a>	<u>Lawrence DCF Office</u> 785-832-3700 (general questions)  <u>For interviews or application changes</u> 888-369-4777	Provides qualifying low-income households with food benefits card to purchase food, access to a healthy diet, and education on food preparation and nutrition. Call the local office to set up an appointment with DCF Resource Agent for application support.	Applications can also be processed by Harvesters over the phone at 877-653-9522  For EBT card help, call cardholder support at 800-997-6666
K-State Research and Extension of Douglas County	2110 Harper St.  <a href="https://www.ksre.k-state.edu/">https://www.ksre.k-state.edu/</a>	785-843-7058	SNAP-Ed food and nutrition education; cooking class opportunities; agricultural and horticultural resources	For information about SNAP-Ed, go to <a href="https://www.douglas.k-state.edu/program-areas/health-wellness/snap-ed.html">https://www.douglas.k-state.edu/program-areas/health-wellness/snap-ed.html</a>
mRelief	<a href="https://www.mrelief.com/">https://www.mrelief.com/</a>	Text "Food" to 74544 to start a screener	Non-profit that helps you determine if you are eligible for SNAP & then helps you apply	
WIC Nutrition (Women, Infants, Children)	200 Maine St., Ste. B  <a href="http://www.ldchealth.org/wic">www.ldchealth.org/wic</a>	785-856-5350 or <a href="mailto:wic@ldchealth.org">wic@ldchealth.org</a>	Electronic benefit transfer cards to buy healthy food. Wraparound support including personalized nutrition information, breastfeeding support, and service referrals.	For pregnant and postpartum women, infants, and children up to age 5 who meet income guidelines  Call, text, or email to set up an appointment for WIC applications.

<b>FOOD - PANTRIES + FREE MEALS</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Ballard Center	708 Elm St. <a href="https://ballardcenter.org/">https://ballardcenter.org/</a>	785-842-0729	Food pantry, free clothing, personal care items, diapers, and some household kitchen items	Pantry is open by appointment only Monday-Friday, 10am-4pm
Catholic Charities of Northeast Kansas	1525 W. 6th St. <a href="https://catholiccharitiesks.org/">https://catholiccharitiesks.org/</a>	785-856-2694	Food pantry & clothing closet open Monday-Thursday, 9am-4pm	Clients can visit the pantry every 30 days
Campus Cupboard	Kansas Union, Level 4, 400 Suite	785-864-1439 or campuscupboard@ku.edu	Food pantry for enrolled KU students, faculty, and staff	Open Tuesday, Wednesday, and Thursday, 9am-5pm
ECKAN	2518 Ridge Ct. (basement level) <a href="https://eckan.org/">https://eckan.org/</a>	785-841-3357	Food pantry is open every Monday, Wednesday, and Thursday from 9am-3:30pm.	No meals served on-site. Shopping is by appointment only; call for appointment and more info.
First Baptist Church	1330 Kasold Dr. <a href="https://www.facebook.com/groups/641254140201246/">https://www.facebook.com/groups/641254140201246/</a>	785-843-0020	The Harvesters Mobile Food Pantry comes on the 4th Saturday of each month from 1-2pm; in-house food pantry every Wednesday, 12-2pm, 1st and 3rd Wednesdays, 5:30-6:30pm	Harvesters' distribution is subject to change, please check social media or call 785-843-0020 to stay updated
Food Not Bombs	<a href="http://www.facebook.com/lfkfnb/">www.facebook.com/lfkfnb/</a>	fnblawrenceks@gmail.com	Free meals once a week	Check FB for more information
Growing Food Growing Health - Free Market at Edgewood	Edgewood Homes at 16th and Haskell	785-764-5899	Fresh garden produce available at no cost to anyone. Market held on Wednesdays from 4-6pm. Starts annually in late May and runs until late October.	Check our Instagram account for updates: @growingfoodgrowinghealth

Harvesters Community Food Network	215 SE Quincy Topeka, KS 66603  <a href="https://www.harvesters.org/">https://www.harvesters.org/</a>	785-861-7700	Food Locator service to help identify pantries, drive-thru food pickup locations & kitchens where prepared meals are served	
Jubilee Cafe	946 Vermont St.  <a href="https://fumclawrence.org/jubilee/">https://fumclawrence.org/jubilee/</a>	785-841-7500	Free community breakfast meals offered at First United Methodist Church	Tuesdays and Fridays from 7-8am; enter through the doors on 10th Street
Just Food	1000 E. 11th St.  <a href="https://www.justfoodks.org/">https://www.justfoodks.org/</a>	785-856-7030  info@justfoods.org	Food pantry accessible to a household once per calendar week; Cruising Cupboard (mobile food pantry), Kitchen Supplies program for families in need, adult incontinence program, children's diaper bank for ages 0-4, and menstrual product program	Pantry hours: Tuesday & Thursday 9am-6pm; Wednesday & Friday 9am-3pm. Cruising Cupboard has weekly stops in Lawrence, LeCompton, Baldwin, and Eudora.
Lawrence Community Orchard	830 Garfield St.		Free food park where anyone can pick ripe fruit, open every day from dawn to dusk	
Lawrence First United Methodist Church	867 Highway 40 (address for the monthly food pickup from Harvesters)  946 Vermont St. for Tuesday and Friday breakfast	785-841-7500	Monthly drive-thru food pickup offered through Harvesters; weekly free hot breakfast Tuesday and Friday at 7am at 946 Vermont St.	Harvesters food pickup 2nd Saturday of the month 11am-12pm; first-come, first-served
LINK	221 W.10th St. (enter through the basement entrance of church)  <a href="http://www.linklawrence.org">www.linklawrence.org</a>	linksince1985@gmail.com	LINK offers free home-cooked lunches	Tuesday, Thursday, Saturday, and Sunday at 1pm
Lutheran Indian Ministries - Haskell LIGHT	137 Pawnee Ave.	785-841-4809	Satellite community food bank via Just Foods	

Salvation Army Feeding and Assistance Center	1202 E. 23rd St.	785-843-4188	Free meals and food boxes; drop-in services for those experiencing homelessness	Food truck serving Monday, Wednesday & Friday 11:15 am -1:30 pm at various locations. Pantry is Mondays 3:30-5:30; Tuesdays and Thursdays 10am-12pm. Call ahead to be placed on the list.
Sunrise Project	1501 Learnard Ave. <a href="https://www.sunriseprojectks.org">https://www.sunriseprojectks.org</a>	785-865-1618 <a href="mailto:melissa@sunriseprojectks.org">melissa@sunriseprojectks.org</a>	Free porch pantry open 24/7; free meals are served 1st and 3rd Wednesdays of the month from 5-7pm; free community garden open from dusk until dawn during spring, summer & fall	For up-to-date information, please check their website or Facebook page
Trinity Interfaith Pantry	1027 Vermont St.	785-843-6166	Food pantry	Tuesdays, 1-3pm Saturdays, 10am-12pm
Westwood House	1421 W 19th St. <a href="https://www.westwoodku.org/">https://www.westwoodku.org/</a>	<a href="mailto:lcmkuprogram@gmail.com">lcmkuprogram@gmail.com</a>	Food pantry & in-person meals for students at University of Kansas & Haskell University. Pantry is shoppable Monday - Thursday, 12-6pm or by appointment.	Community meal served Wednesdays at 6 PM and Thursdays at 5:30 PM
<b>HEALTHCARE</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
AdventHealth NurseLine	<a href="https://www.adventhealth.com/hospital/adventhealth-shawnee-mission/adventhealth-shawnee-mission-nurseline">https://www.adventhealth.com/hospital/adventhealth-shawnee-mission/adventhealth-shawnee-mission-nurseline</a>	913-676-7777	Free service offering medical advice, direction, and answers to health questions. Answered by registered nurses 24/7, 365 days a year.	Available for Kansas and Missouri residents
A Compass Project	<a href="https://www.acompassproject.org/">https://www.acompassproject.org/</a>	785-856-2631	KanCare-Medicaid eligibility assistance and education; KanCare is the Kansas Medicaid program	Can be available any day Monday-Friday, 7:30am-5pm in person or over the phone

COVER Kansas	<a href="https://getcoveredkansas.org/">https://getcoveredkansas.org/</a>	866-826-8375	Cover Kansas Navigators are trained, unbiased, and certified to help compare health insurance plans, apply for coverage on the facilitated marketplace and provide answers to your Marketplace questions year-round	To find a navigator visit <a href="https://getcoveredkansas.org/find-navigator">https://getcoveredkansas.org/find-navigator</a> or call 866-826-8375; navigator assistance is a free service
Douglas County Visiting Nurses Association	200 Maine St., Ste. C <a href="http://www.kansasvna.org">http://www.kansasvna.org</a>	785-843-3738	Physician-ordered home health nursing, therapy, social work, and aide services to the home-bound and acutely ill patients	Offers not-for-profit, physician-ordered hospice nursing, social work, aide, and bereavement care to patients at end-of-life
Haskell Indian Health Center	2415 Massachusetts St. <a href="https://www.ihs.gov/oklahomacity/healthcarefacilities/haskell">https://www.ihs.gov/oklahomacity/healthcarefacilities/haskell</a>	<u>Office</u> 785-843-3750  <u>Patient Questions</u> <u>785-832-4821</u>	Family practice, pediatrics, dental, optometry, physical therapy, behavioral health, diabetes prevention care, pharmacy, lab services, & women's health	Health services available to any federally recognized tribal members.
Healthy Kansas Kids	<a href="https://www.healthykansaskids.org/">https://www.healthykansaskids.org/</a>	833-309-0121  dromero@gracemed.org	Free KanCare enrollment assistance and support for children and parents/caregivers of children	
Heartland Community Health Center	1312 W. 6th St. <a href="https://heartlandhealth.org/">https://heartlandhealth.org/</a>	785-841-7297	Primary care, dental care, pediatrics, mental & behavioral health, substance use treatment, and pharmacy. Medicaid eligibility and enrollment assistance. Title X services (family planning and sexual wellness) available.	Patients are accepted regardless of income or insurance status. Mental & behavioral services available to established patients and new patients by referral only; walk-in care at this location available Wednesday from 8-10am & 1-3pm.

Heartland Panda Pediatrics	1803 W. 6th St.	785-842-4477	Pediatric care for children & adolescents including primary care, mental and behavioral health, and dental	Panda Pediatrics accepts all patients regardless of income or insurance status; <u>this location does accept walk-ins</u> Monday-Friday from 8-10am & 1-3pm
Honor Moon Foundation	1312 W. 6th St. (behind building next to Heartland's Care Cupboard)  honormoonlfk.org	honormoonlfk@gmail.com	Honor Moon is an inclusive period pantry providing free access to menstrual products 24/7	The pantry is accessible 24/7 and is located behind the 1312 W 6th Street building next to Heartland's Care Cupboard.
I Want the Kit	<a href="https://iwantthekit.org/">https://iwantthekit.org/</a>	iwantthekit@jhm.edu	Free STI self-test kits mailed direct to participant's home; plain-language sexual health and wellness information on website.	Complete questionnaire on website to receive kit. Available in KS; not available in all states.
KanCare	<a href="https://kancare.ks.gov/">https://kancare.ks.gov/</a>	800-792-4884	State of Kansas' Medicaid and Children's Health Insurance Program (CHIP)	
Lawrence-Douglas County Public Health	200 Maine St., Ste. B  <a href="https://ldchealth.org/">https://ldchealth.org/</a>	785-843-0721	Physicals for daycare, school, sports, employment, etc; immunizations, including travel immunizations; STI testing and treatment; pregnancy tests; breastfeeding support; family support; WIC	Open 8:30am-5pm on Monday, Wednesday, Thursday & Friday. Open 10am-5pm on Tuesday.
Mario's Closet at the LMH Health Gift Shop	330 Arkansas St.  <a href="https://www.lmh.org/locations/profile/marios-closet/">https://www.lmh.org/locations/profile/marios-closet/</a>	785-505-3144	Qualifying patients can receive one free wig every 12 months, up to 3 free wigs total. Person receiving the wig must have a condition resulting in hair loss	Monday-Friday, 10am-4pm. Appointments preferred but not required. Call to schedule.

Medical Closet at Lawrence First United Methodist Church	946 Vermont St.	785-841-7500	Collection of gently used or donated durable medical equipment including walkers, shower chairs, and wheelchairs	Call in advance to inquire about borrowing
Native Test by Southern Plains Tribal Health Board	<a href="https://spthb.org/programs/our-grants/native-test/">https://spthb.org/programs/our-grants/native-test/</a>	Text Native Test to 55251	Free HIV prevention, PrEP resources, sexual health and wellness resources, HIV self-test kits, and STI self-test kits mailed directly to participant's address in discreet packaging.	Available for people 13 years or older.
Senior Resource Center	745 Vermont St. <a href="https://yoursrc.org/">https://yoursrc.org/</a>	785-727-7872	Free, unbiased, community trained counselors answering questions & providing education about Medicare	Call to schedule a consultation and ask to speak to a SHICK counselor
Turning Point	<a href="https://www.kansashealthsystem.com/health-resources/turning-point">https://www.kansashealthsystem.com/health-resources/turning-point</a>	913-574-0900 turningpoint@kumc.edu	Free online classes, support groups, and tools for community members living with a serious or chronic physical illness or their support networks.	Topics covered include emotional and mental wellbeing, nutrition and movement, family and children, and more. Full calendar available on website.
VA Eastern Kansas Healthcare	4821 Quail Crest Pl. <a href="https://www.va.gov/eastern-kansas-health-care/">https://www.va.gov/eastern-kansas-health-care/</a>	800-574-8387 x54650	Comprehensive healthcare services for veterans	
<b>HOMELESSNESS</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Artists Helping the Homeless	<a href="http://ahh.org/contact-us/">http://ahh.org/contact-us/</a>	816-668-1007	Transitional & supportive housing, discharge planning, and one-time emergency services for individuals in need of housing and resources	

Bert Nash Homeless Outreach Team	346 Maine St.	785-843-9192 ext. 3	Outreach services for houseless individuals. Mental health issues are not necessary to receive services	Walk-in hours: 9-11am, Monday-Friday
Catholic Charities of Northeast Kansas	1525 W. 6th St.	785-856-2694	Provides case management & supportive housing services to low-income individuals, families, & homeless individuals. Connection to transitional and rapid rehousing support.	All case management appointments made by phone, please call on Thursday mornings beginning at 9 am.
Homeless Resource Center	944 Kentucky St. <a href="https://www.hrclawrence.org/">https://www.hrclawrence.org/</a>	785-856-0698	We offer a place of rest and resources for our neighbors experiencing homelessness and their advocates: showers, laundry, toiletries, wifi, computer access, coffee, snacks, and a connection to resources	Open Monday, Tuesday, Thursday, & Friday, 2-6pm. Formerly known as the DARE Center.
ECKAN	2518 Ridge Ct. (basement level)	785-841-3357	Provides housing support services including case management, assistance with housing solutions & voucher applications through Housing Authority	Must call for an appointment. Office hours are Monday-Friday, 9am-4pm. No walk-ins.
Family Promise of Lawrence	905 Tennessee St.	785-764-9506	Serving households with children in care in areas of homelessness prevention, shelter diversion, shelter, & housing stabilization	Open Monday-Thursday, 8am-5:30pm, and Friday, 8am-3pm; case management services provided in all programs
Kansas Statewide Homeless Coalition	<a href="https://www.kshomeless.com/resources.html">https://www.kshomeless.com/resources.html</a>		Remote services to those experiencing homelessness in areas with limited resources	For more resources visit the website in the address column
Lawrence Community Shelter	3655 E. 25th St.	785-832-8864	Emergency overnight adult shelter with hygiene amenities.	Open 24/7; overnight shelter from 7pm-7am.



	<a href="https://www.lawrenceshelter.org/">https://www.lawrenceshelter.org/</a>	info@lawrence shelter.org	Day services and case management available by referral for highly vulnerable individuals. Extreme weather shelter is provided any time the outside temperature is below 32 degrees or above 100 degrees.	Call for information about openings. For frequently asked questions about services, visit <a href="http://www.lawrenceshelter.org/aqs">www.lawrenceshelter.org/aqs</a>
Village, Lawrence Community Shelter	<a href="https://www.lawrenceshelter.org/">https://www.lawrenceshelter.org/</a>	785-832-8864 info@lawrence shelter.org	Village is a non-congregate shelter program which offers 50 private cabins with amenities and meals. Veterans, adults with disabilities, adults 55 or older, survivors of domestic violence, and chronically homeless adults receive priority placement	Referrals by service providers are required to receive shelter at Village. For frequently asked questions, visit <a href="http://www.lawrenceshelter.org/aqs">www.lawrenceshelter.org/aqs</a>
<b>HOUSING</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Aging in Place Program (Habitat for Humanity)	2108 W. 27th St., Ste. C <a href="https://www.lawrencehabitat.org/home-preservation">https://www.lawrencehabitat.org/home-preservation</a>	785-813-6406	Provides interior & exterior home repairs for seniors unable to make changes on their own	Call for more information about eligibility and to apply
Building Peace, Inc	2518 Ridge Ct., Unit 2016 <a href="http://www.buildingpeaceks.org">www.buildingpeaceks.org</a>	785-856-7000	Building Peace offers mediation and restorative justice for conflict resolution in a variety of areas including landlord/tenant, victim/offender, families or parent/adolescent, neighborhood conflict, and more.	Does not provide legal advice or services, but partners with Douglas County court system to offer mediation and/or diversion when possible.
Critical Home Repair Program (Habitat for Humanity)	2108 W. 27th St., Ste. C <a href="https://www.lawrencehabitat.org/home-preservation">https://www.lawrencehabitat.org/home-preservation</a>	785-813-6406	Habitat's Critical Repair Program provides critical home repairs and system replacements for those unable to make changes on their own	Call for more information about past projects, repayment options, eligibility and applications

Disability Rights Center, Disability & Aging Crime Victims Unit	214 SW 6th Ave., Ste. 100 Topeka, KS 66603  <a href="https://www.drckansas.org/get-help">https://www.drckansas.org/get-help</a>	877-776-1541	The DRC has funding to support certain rent, utility, or other expenses needed to rehouse people with disabilities and seniors who are crime victims and cannot safely return to their housing	Contact the call line and request to speak to an advocate
Douglas County Housing Stabilization Collaborative	<a href="https://hscdgco.org/">https://hscdgco.org/</a>	Contact participating agencies or email <a href="mailto:hsc@douglascountyks.org">hsc@douglascountyks.org</a>	Rent and utility assistance through online application at <a href="https://hscdgco.org">hscdgco.org</a> . Participating agencies listed at bottom of website.	Limited assistance distributed through a lottery system; see website for details and most up-to-date information
Habitat for Humanity	2108 W. 27th St., Ste. C  <a href="https://www.lawrencehabitat.org/">https://www.lawrencehabitat.org/</a>	785-832-0777	Homeownership program, Home Repair programs including Aging in Place & Critical Repair, ReStore which sells new & gently used furniture	Habitat for Humanity office and ReStore are located at the same address
Independence, Inc Accessible Housing Program	2001 Haskell Ave.  <a href="http://www.independenceinc.org/">http://www.independenceinc.org/</a>	785-841-0333	Provides accessible home modifications (entry ramps, roll-in showers, accessible height toilets, grab bars etc.) for people with disabilities	Income-limited program; available for residents of Lawrence only
Kansas Weatherization Assistance Program	<a href="https://eckan.org/weatherization/">https://eckan.org/weatherization/</a>	888-833-0832	Provides free upgrades to make homes more energy efficient and reduce utility bills. No charge to income-eligible families.	Apply online or print & submit an application

Lawrence-Douglas County Housing Authority Landlord Partnership Program	1600 Haskell Ave. <a href="https://www.ldcha.org/">https://www.ldcha.org/</a>	785-842-8110	Fund providing financial benefits to landlords who agree to accept tenants with LDCHA Vouchers. Landlords can receive an incentive bonus, security deposit assistance or damage mitigation fund	For more information, contact Landlord Liaison Manager for LDCHA at 785-842-8110
Lawrence-Douglas County Housing Authority	1600 Haskell Ave. <a href="https://www.ldcha.org/">https://www.ldcha.org/</a>	785-842-8110	Public housing, Section 8 housing choice voucher, veteran housing, senior housing, permanent supportive housing, and transitional housing programs	Case management and Renters Education classes available for households receiving housing assistance through the Lawrence-Douglas County Housing Authority
Mobile Home Repair (Habitat for Humanity)	2108 W. 27th St., Ste. C <a href="https://www.lawrencehabitat.org/home-preservation">https://www.lawrencehabitat.org/home-preservation</a>	785-813-6406	Program providing mobile home repairs (porch repair, siding repair, roof work, etc.) to help seniors remain in their homes safely and independently	Call for eligibility and applications
Tenants to Homeowners	2518 Ridge Ct. #103 <a href="https://tenants-to-homeowners.org/">https://tenants-to-homeowners.org/</a>	785-842-5494	Wide array of housing: Affordable, accessible, Senior, and supportive housing that serves DV survivors, youth aging out of foster care, and those transitioning from homelessness. Affordable homebuyer purchase program and homebuyer education.	Press 2 for Rental Management, 3 for TTH Homebuyer Program
Willow Domestic Violence Shelter	1920 Moodie Rd.	785-843-3333 (24/7 Hotline)	Emergency 90-day shelter for domestic violence and human trafficking survivors. Transitional housing program for survivors. Foster support housing for youth aging out of foster support.	Contact the Willow for more details & information regarding these programs.

LATINX AND SPANISH SPEAKING SERVICES	ADDRESS	CONTACT	SERVICES	NOTES
Centro Hispano Resource Center	3110 Mesa Way, Ste. D	785-843-2039	Care coordination, language therapy, resource networking, advocacy, and child development screening	Serves Latino families with children under the age of 6. Immigration status never excludes any one from receiving help from Centro Hispano.
Somos Lawrence	<a href="https://www.facebook.com/somoslawrence/">https://www.facebook.com/somoslawrence/</a> <a href="https://www.ballardcenter.org/somos-lawrence/">https://www.ballardcenter.org/somos-lawrence/</a>	785-813-1098 somoslawrence@gmail.com	Somos Lawrence works to ensure non-English speaking residents of our county have access to services & resources through interventions that ease language & financial barriers; language interpretation services for Spanish neighbors	Somos assists everyone who calls, no requirements. In-person hours are held on Fridays from 3:30-5:30pm at Ballard Center (708 Elm St.)
LANGUAGE ACCESS	ADDRESS	CONTACT	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave. #100	785-832-5960	Reading and math, GED, and ESL classes	
Plymouth Language Program	925 Vermont St. <a href="https://www.plymouthlanguage.org/">https://www.plymouthlanguage.org/</a>	plymouthesl@gmail.com <b>text only</b> 785-371-4810	Free English classes (Level 1 and 2); low-cost Spanish classes (Level 1, 2 & 3).	Contact through website, text, or email.
Small World	2415 Clinton Parkway <a href="https://smallworldlawrence.com/">https://smallworldlawrence.com/</a>	<u>Spanish:</u> 785-749-3677 <u>Farsi:</u> 785-749-9494 <u>English</u> 785-760-5245	English language learning program for women, five different levels of classes offered at a low cost, community and support from other women	For information about enrollment, please send an e-mail to swlawrence68@gmail.com.

LEGAL	ADDRESS	CONTACT	SERVICES	NOTES
Building Peace, Inc	2518 Ridge Ct., Unit 2016  www.buildingpeaceks.org	785-856-7000	Building Peace offers mediation and restorative justice for conflict resolution in a variety of areas including landlord/tenant, victim/offender, families or parent/adolescent, neighborhood conflict, and more.	Does not provide legal advice or services, but partners with Douglas County court system to offer mediation and/or diversion when possible.
Douglas County Community Bail Fund		dgcobailfund@gmail.com	Local non-profit reducing monetary bail burdens on legally innocent Douglas County residents charged in Lawrence Municipal Court and/or with a misdemeanor(s). Maximum support limit of \$500.	This fund will prioritize bail for primary caregivers/caretakers. Length of ties to the community affect prioritization of funding dispersal; no funding in the area of domestic violence
Douglas County Legal Aid Society, Inc.	1535 W. 15th St.	785-864-5564	Represents clients in criminal record expungement matters, gender-marker and name-change cases, and court-appointed cases for juvenile defense and municipal criminal defense	Hosts expungement clinics twice a year in the community (spring, fall). Subject to change based on student availability.
Douglas County Legal Self-Help Office	111 E. 11th St. (Douglas County District Court)  <a href="https://www.dgcoks.gov/district-court/self-help">https://www.dgcoks.gov/district-court/self-help</a>	785-330-2868  selfhelp@douglascountyks.org	If you are involved in a legal issue, visit the Legal Self-Help Office to get help answering legal questions, finding and preparing court forms, finding information about your specific issue, and receive referrals to free / low cost legal services	The Self-Help Office cannot provide legal advice (what you should do). They can tell you next steps, what forms to fill out, or when you need to show up to court.

Douglas County Legal Self-Help Center: Eviction Resolution Services Program	111 E. 11th St. (Douglas County District Court)  <a href="https://www.dgcoks.gov/district-court/self-help">https://www.dgcoks.gov/district-court/self-help</a>	<u>Call/Text:</u> 785-691-9448	Assisting landlords and tenants, providing information about the eviction process, providing referrals for legal advice or representation for tenants and small landlords, and help identifying community resources and connecting with mediation services	Eviction Resolution coordinator can be reached by phone or by email at <a href="mailto:amendoza@douglascountys.org">amendoza@douglascountys.org</a>
Elder Law Clinic, Senior Resource Center	745 Vermont St.  <a href="https://yoursrc.org/">https://yoursrc.org/</a>	785-842-0543	Attorney from Kansas Legal Services sent each month to answer legal questions from Seniors. Six 30-minute appointment slots are available.	Takes place on the 2nd Tuesday of each month from 9am-12pm. Must schedule an appointment.
Elder Law Hotline	<a href="https://ksbar.org/?pg=elder_law_hotline">https://ksbar.org/?pg=elder_law_hotline</a>	888-353-5337	For any Kansas resident aged 60 or older without regard to income. The hotline provides senior citizens access to an attorney to advise them about legal questions in civil cases and referrals to other resources when needed.	Free of charge, no income eligibility requirements
Flip the Coin for Justice, ECKAN	2518 Ridge Ct. (basement level)	785-841-3357	Court voucher program that pays for court fees, mandatory classes, and anything else that is pertinent to avoid further jail time	
Justice Advice Line		<u>Local District Court Clerk:</u>  785-832-5100	The Justice Advice Line is open to Kansas residents who need help with civil or domestic legal matters and are referred to the hotline by court staff. Advice is offered over the phone by a Kansas Legal Services attorney.	Please ask the local district court clerk for the advice line phone number. The Local District Court Clerk for Douglas County can be reached by phone at 785-832-5100

<p>Kansas Holistic Defenders Inc</p>	<p>2518 Ridge Ct. #200 <a href="https://www.kansasholisticdefenders.org/">https://www.kansasholisticdefenders.org/</a></p>	<p>785-284-9835 admin@kansasholisticdefenders.org</p>	<p>Provides legal representation in misdemeanor criminal court cases in Douglas County 7th Judicial District Court and civil representation for tenant/landlord cases in Douglas County.</p>	<p>KHD criminal services are strictly court-appointed. Please contact 785-285-9795 for civil case inquiries or apply online at <a href="https://www.kansasholisticdefenders.org/civil-legal-services">https://www.kansasholisticdefenders.org/civil-legal-services</a></p>
<p>Kansas Free Legal Answers</p>	<p><a href="https://kansas.freelegalanswers.org/">https://kansas.freelegalanswers.org/</a></p>		<p>A virtual legal advice clinic hosted by the American Bar Association. Kansans who meet eligibility guidelines can submit up to three questions per year.</p>	<p>Questions are answered by volunteer attorneys on a range of legal topics, including family law, divorce, child custody, housing, evictions, consumer rights, employment, unemployment, and civil rights</p>
<p>Kansas Legal Services</p>	<p>712 S. Kansas Ave., #201 Topeka, KS  <a href="https://www.kansaslegalservices.org/">https://www.kansaslegalservices.org/</a></p>	<p><u>Topeka Office:</u> 785-354-8531  <u>Statewide intake:</u> 800-723-6953</p>	<p>Provides mediation services in a wide variety of cases and legal assistance for the following matters: consumer/finance, housing, education, juvenile, employment, elder law, income maintenance, family issues, health, and individual rights</p>	<p>Civil legal advice &amp; representation provided at no cost or at reduced price to income-eligible persons; cannot give legal advice until there is an application on file</p>
<p>KU Law Mediation Clinic</p>		<p>785-864-4513</p>	<p>Provides mediation services in a range of cases as selected by the instructor. Cases can be taken from all over the community.</p>	<p>Clinic only takes cases from February to May. Services are free.</p>

KU Law Project for Innocence and Post-Conviction Remedies		785-864-5571	Provides representation for prisoners in state and federal appeals and post-conviction litigation	
Lawyer Referral Service (Kansas Bar Association)	<a href="https://ksbar.org/?pg=clientreferrals">https://ksbar.org/?pg=clientreferrals</a>	n/a	Free or low-cost assistance for finding a lawyer or obtaining legal advice. There is no charge to receive a referral, but participating attorneys do charge a consultation fee. After that, fees charged are established by each individual attorney.	KBA does not provide free legal assistance or representation. If you need free or low-cost civil legal assistance, please contact Kansas Legal Services.
Notary Services, Lawrence Public Library	707 Vermont St.	785-843-3833	Free notary public services offered by Library staff; notary services are available while the library is open	Visit the Ask Desk or call our main line for more information
SupportEd, Center for Supportive Communities	Services are telehealth and community-based  <a href="https://www.supportivecommunities.org/">https://www.supportivecommunities.org/</a>	785-813-1801  info@supportivecommunities.org	Truancy diversion program. Truant students and families can participate in the program in lieu of court involvement. Provides 1:1 mentorship, evidence-based interventions, and connects families with resources	
Willow Domestic Violence Center	1920 Moodie Rd.  <a href="https://www.willowdvcenter.org/">https://www.willowdvcenter.org/</a>	785-843-3333 (24/7 hotline)	Assistance filling out protection forms, court advocacy, and legal referrals for survivors of domestic violence	
<b>LGBTQ+ RESOURCES</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Douglas County Legal Aid Society, Inc.	1535 W. 15th St.  <a href="https://lawrenceks.org/attorney/legal_aid/">https://lawrenceks.org/attorney/legal_aid/</a>	785-864-5564	Legal assistance for individuals seeking name and gender marker changes through Douglas County District Court	By appointment only. Appointments available Monday-Friday 9am-5pm



Heartland Community Health Center	1312 W. 6th St. <a href="https://heartlandhealth.org/">https://heartlandhealth.org/</a>	785-841-7297	Services include primary medical care, medication assistance, health insurance assistance, LGBTQIA+ affirmative therapy, rapid HIV testing, integrated healthcare for people with HIV and other medical/supportive services	The Ryan White program helps Kansans with HIV or AIDS access important health services; no income requirement is necessary
PFLAG		LawrencePflag@gmail.com	National organization providing support, education and advocacy for LGBTQ+ people and their families	Meetings are held in meeting rooms at the Lawrence Public Library on the second Thursday of the month from 6-7 pm
Positive Connections	2044 SW Fillmore Topeka, KS  <a href="https://pcneks.weebly.com/">https://pcneks.weebly.com/</a>	785-232-3100	STI testing, HIV testing, HIV+ care, prevention, PrEP information	Serves all of Northeastern Kansas. Appointments required—call for more information.
Trans Clothing Closet	1299 Oread Ave., Room 102 in the KU Office of Multicultural Affairs	785-864-2443	The Trans Closet is a community resource which provides clothes, shoes, makeup, accessories, chest binders and other gender-affirming materials for the trans community	Open to everyone in the queer community, regardless of KU affiliation, any time when the center is open. No cost.
<b>MENTAL HEALTH &amp; SUBSTANCE USE</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
988 - Suicide and Crisis Lifeline	<a href="https://988lifeline.org/">https://988lifeline.org/</a>	Call or Text 988  <u>Local Number:</u> 785-841-2345	Lifeline providing a direct connection to compassionate care and support for anyone experiencing a mental health related distress. Prevention and crisis resources for you or your loved ones.	Distress can be related to thoughts of suicide, mental health, substance use crisis, or any emotional distress

Bert Nash Community Mental Health Center	200 Maine St, Suite A <a href="https://bertnash.org/services/faqs/">https://bertnash.org/services/faqs/</a>	785-843-9192 (24/7 number) 785-330-8153 (Admissions Team)	Provides a comprehensive range of mental health and substance use disorders services for children, families, and adults.	The first step in receiving behavioral health services is to fill out registration forms; after that Bert Nash staff will reach out to schedule an intake assessment.
Center for Supportive Communities	Behavioral health services are telehealth and community-based <a href="https://www.supportivecommunities.org">https://www.supportivecommunities.org</a>	785-813-1801 info@supportivecommunities.org	Behavior assessment and treatment services for children, parents, and families	Contact to learn more about services and providers. Initial consults are free.
Crisis Text Line	<a href="https://www.crisistextline.org/">https://www.crisistextline.org/</a>	<u>Text Line:</u> Text HOME to 741741	Free 24/7 support via text messaging	Available any time people need support; text-based service only
DCCCA, Inc.	1739 E. 23rd Street <a href="https://www.dccca.org/">https://www.dccca.org/</a>	<u>Admin Office:</u> 785-841-4138 <u>Outpatient:</u> 785-830-8238	Residential & outpatient services for substance abuse & mental health disorders, drug and alcohol prevention services, family preservation services, addiction treatment programs, non-medical detoxification.	Free naloxone, fentanyl test strips, and medication disposal bags also available.
First United Methodist Church	946 Vermont St.	785-841-7500	Variety of recovery & support meetings offered throughout the week including Alcoholics Anonymous and Narcotics Anonymous	Meetings are held at downtown location (946 Vermont Street); call for more information about dates & class offerings

Heartland Community Health Center	1312 W. 6th St. <a href="https://heartlandhealth.org/">https://heartlandhealth.org/</a>	785-841-7297	Individual & family counseling/therapy, LGBTQIA+ affirmative therapy, psychiatric testing, diagnosis and treatment, substance use disorder treatment. Serves adults and children.	Mental & behavioral health services available to established patients. New patients accepted by referral and subject to availability.
Heartland Regional Alcohol and Drug Assessment Center (HRADAC): Assessments & Intensive Care Coordination Services (ICC)	<a href="https://www.hradac.com/">https://www.hradac.com/</a>	<u>Call for a SUD assessment:</u> 800-281-0029  <u>Referrals for ICC services:</u> 913-789-0951	Provides substance use disorder (SUD) assessments and referrals to treatment as well as Intensive Case Management Services (ICC).	Serves 76 counties in Kansas
Kansas Suicide Prevention HQ	2110 Delaware St. <a href="https://www.ksphq.org/help/">https://www.ksphq.org/help/</a>	<u>Admin:</u> 785-841-9900  <u>Douglas County Crisis Line:</u> 785-841-2345	24-hour crisis line for those experiencing emotional distress. Online chat feature available. Education and training for agencies & individuals.	Online chat at <a href="https://ksphq.org/help/">ksphq.org/help/</a> . Douglas County Crisis Line can refer individuals in crisis to the Bert Nash Mobile Response Team (MRT).
Mobile Crisis Response Team (Bert Nash)		<u>Douglas County Crisis Line:</u> 785-841-2345  OR  988	Crisis assessment, intervention, and stabilization services are provided on-site to individuals to restore mental health functioning to pre-crisis levels; crises can include psychosis, suicidality, serious mental illness, etc.	Available 7 days/week from 8am-2am
NAMI of Douglas County (National Alliance on Mental Illness)	925 Vermont St. <a href="https://www.nami.org/affiliate/kansas/nami-douglas-county-ks/">https://www.nami.org/affiliate/kansas/nami-douglas-county-ks/</a>	785-840-5889  nami.dgco@gmail.com	NAMI Connection Recovery Support group for adults living with mental illness; Family Support Group for family and loved ones of individuals living with mental illness	Support groups meet each Wednesday evening, 6pm-7:30pm at Plymouth Congregational Church. Call for more information.

Narcotics Anonymous	PO Box 991 Lawrence, KS 66044  <a href="https://www.miracleareana.com">https://www.miracleareana.com</a>	<u>Info Line:</u> 855-732-4673	Narcotics Anonymous offers recovery to addicts, focusing on the disease of addiction rather than a particular drug	Serving Lawrence, Eudora, Baldwin, Lecompton, and Ottawa
Oxford Vacancies	<a href="https://oxfordvacancies.com/">https://oxfordvacancies.com/</a>		Website lists contact information, vacancies, and other information for Oxford Houses across the United States.	Oxford Houses are cooperatively managed, self-supporting, drug-and alcohol free shared residences for people in recovery from substance use disorder.
Psychology Today	<a href="https://www.psychologytoday.com/us">https://www.psychologytoday.com/us</a>		Offers a local directory of therapy providers that can be filtered by insurance, treatment style, diagnosis, etc	
SMART Recovery Groups		bliese@kumc.edu  785-550-0764	Self Management Addiction Recovery Training (SMART) supports individuals who have chosen to abstain or are considering abstinence from any type of addictive behavior, such as substance abuse or gambling	Meetings online and in-person:  Wednesdays, 5-6:30pm at Lawrence Public Library
Treatment and Recovery Center of Douglas County	1000 W. 2nd St  <a href="https://www.trcdgks.org/">https://www.trcdgks.org/</a>		Walk-in behavioral and mental health urgent care center; immediate access to behavioral health crisis assessments, psychiatric med evaluations/prescriptions, referrals, and treatment planning.	No appointments necessary. The Urgent Care Unit at the TRC is open from 8am-8pm weekdays and 12-4pm weekends, 365 days a year. Crisis walk-ins are accepted 24/7.

PREGNANCY & BIRTHING	ADDRESS	CONTACT	SERVICES	NOTES
Catholic Charities of Northeast Kansas	1525 W. 6th St. <a href="https://catholiccharitiesks.org/">https://catholiccharitiesks.org/</a>	785-856-2694	Pregnancy Counseling Program which includes free baby items and diapers, car seat and Safe Sleep training, prenatal/postnatal education, regular visits, and referrals to community partners	Program is free, voluntary, and confidential
Child Support Services Agency, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office) <a href="https://cssapply.dcf.ks.gov/">https://cssapply.dcf.ks.gov/</a>	888-757-2445	Offers free genetic testing to establish paternity, help finding the father if he has moved, getting a support order and collecting child support payments	In Kansas, the Child Support Services agency is part of the Kansas Department for Children & Families (DCF)
Community Children's Center	1605 Davis Rd. (Kennedy Early Childhood Center) <a href="https://www.communitychildrenks.org/">https://www.communitychildrenks.org/</a>	785-813-1272	Early childhood clothing closet including maternity clothing, kids clothing sizes 0-6, diapers, and infant supplies	Call/text to schedule a shopping or donation appointment. Serves Spanish speakers; text preferred for Spanish scheduling and translation available on-site
Doulas of Douglas County	3110 Mesa Way, Ste. C <a href="https://www.doulasofdouglascounty.org/">https://www.doulasofdouglascounty.org/</a>	785-760-3924 doula@dcsb6.org	Offers pregnancy, birth, postpartum and parenting support to families in Douglas County	Services are available at no cost to BIPOC birthing bodies, including immigrants and Spanish speaking families
Insight Women's Center	3210 Mesa Way, Ste. C <a href="https://friendsofinsight.org/">https://friendsofinsight.org/</a>	785-842-6499	Pregnancy verification tests, limited ultrasounds, pregnancy counseling, after-abortion support, pregnancy & infant loss support	Insight Women's Center is a faith based organization with religious affiliations. People of all faiths or no faiths are welcome. All services are free of charge. Visit website for more information.

Lawrence-Douglas County Public Health	200 Maine St., Ste. B <a href="https://ldchealth.org/189/Family-Support-Programs">https://ldchealth.org/189/Family-Support-Programs</a>	785-843-3060	WIC, breastfeeding support and education, prenatal programs, home visiting, and case management services through Healthy Families and Baby Steps.	Open 8:30am-5pm on Monday, Wednesday, Thursday & Friday. Open 10am-5pm on Tuesday.
LMH Postpartum Support	330 Arkansas St. <a href="https://www.lmh.org/get-care/family-birthing-center/postpartum-support/">https://www.lmh.org/get-care/family-birthing-center/postpartum-support/</a>	785-505-6390	Support groups for new parents, breastfeeding, and postpartum depression and anxiety. Parenting, birthing, and breastfeeding classes offered.	Located inside of the LMH Family Birthing Center
Planned Parenthood of Overland Park	4401 W 109th St., #100 Overland Park, KS 66211 <a href="https://www.plannedparenthood.org/health-center/kansas/overland-park/66211/comprehensive-health-center-2594-90740">https://www.plannedparenthood.org/health-center/kansas/overland-park/66211/comprehensive-health-center-2594-90740</a>	913-345-1400	Reproductive healthcare center; abortions, birth control, HIV services, emergency contraception, pregnancy testing, and STI testing and treatment.	Services are provided with or without insurance. Accepts Medicaid. Open every day except Sunday & Monday. Call to book an appointment or book online.
Selah Home		785-766-5179	Selah Home is a home and program for single pregnant women and their children located in Lawrence	Managed by Insight Women's Center, Selah Home is an ecumenical partnership with religious affiliations. People of all faiths or not faiths are welcome
<b>RENT &amp; UTILITIES ASSISTANCE</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Access from AT&T	<a href="https://www.att.com/internet/access/">https://www.att.com/internet/access/</a>	855-220-5211	Low-cost wireline home internet service to households with at least one resident who participates in Supplemental Nutrition Assistance Program (SNAP) and who resides at an address covered by that program	

Ballard Center	708 Elm St. <a href="https://ballardcenter.org/">https://ballardcenter.org/</a>	785-842-0729	Stabilization funding for families and individuals of all ages	
Catholic Charities of Northeast Kansas	1525 W. 6th St. <a href="https://catholiccharitiesks.org/">https://catholiccharitiesks.org/</a>	785-856-2694	Rent and utility support, by appointment only. Support is subject to funding (no guarantee).	All appointments for rent and utility assistance are made by phone. To check availability, please call on Thursday mornings beginning at 9 am.
Emergency Loan Fund	<a href="https://lawrenceks.org/pds/housing_programs/">https://lawrenceks.org/pds/housing_programs/</a>	785-832-7700	Loans of up to \$5000 (\$2500 for mobile homes) for emergency repairs and furnace replacement	
Cold Weather Rule	<a href="https://kcc.ks.gov/consumer-information/cold-weather-rule">https://kcc.ks.gov/consumer-information/cold-weather-rule</a>	800-662-0027	The Cold Weather Rule ensures that you have electric, gas, and water service during the winter. A utility company can't disconnect your service when the temperature is forecasted to drop below 35 degrees Fahrenheit within the following 48-hour period.	Read the KCC website for pertinent information and payment plan options
ECKAN	2518 Ridge Ct. (basement level) <a href="https://eckan.org/">https://eckan.org/</a>	785-841-3357	Limited rent and utility assistance dependent on availability.	Open 9am-12pm and 1pm-4pm Monday through Friday. This service is by appointment only. Please call for an appointment.
Douglas County Housing Stabilization Collaborative	<a href="https://hscdgco.org/">https://hscdgco.org/</a>	Contact participating agencies or email <a href="mailto:hsc@douglascountyks.org">hsc@douglascountyks.org</a>	Rent and utility assistance through online application at <a href="https://hscdgco.org">hscdgco.org</a> . Participating agencies listed at bottom of website.	Limited assistance distributed through a lottery system; see website for details and most up-to-date information

Lifeline Program (Phone & Internet Services Discounts)	<a href="https://www.lifelinesupport.org/">https://www.lifelinesupport.org/</a> (federal program)  <a href="https://kcc.ks.gov/telecommunications/lifeline">https://kcc.ks.gov/telecommunications/lifeline</a> (state program)	<u>Federal Program:</u> 800-234-9473  <u>State Program:</u> 800-662-0027	Federal and state program for discounts on phone and internet services. Kansas program only applies phone service, but can be combined with federal discounts.	Income-eligible; see websites or call for more information.
Low Income Energy Assistance Program (LIEAP), Kansas Department for Children and Families (DCF)	1901 Delaware St.  <a href="https://www.dcf.ks.gov/services/ees/Pages/EnergyAssistance.aspx">https://www.dcf.ks.gov/services/ees/Pages/EnergyAssistance.aspx</a>	<u>Lawrence Office:</u> 785-832-3700  <u>Customer Service:</u> 888-369-4777	One-time heating bill assistance awarded for low-income individuals and families. Program opens at 8am, November 18, 2024, and closes at 5pm, March 31, 2025.	Apply online, in office, call to request an application be mailed to you, and check our LIEAP page for in-person sign-up events hosted by DCF.
Senior Resource Center	745 Vermont St.  <a href="https://yoursrc.org/">https://yoursrc.org/</a>	785-842-0543	Rent and utility assistance for Douglas County adults 60 years or older	Limited funding availability.
Warm Hearts of Douglas County	<a href="https://www.warmheartsofdouglascounty.com/">https://www.warmheartsofdouglascounty.com/</a>		From January 1-April 30th, up to \$500 for energy bill assistance. Includes gas, electric, propane, or wood.	Apply at Ballard Center, ECKAN, Senior Resource Center, Catholic Charities, or Salvation Army
<b>SAFETY</b>	<b>ADDRESS</b>	<b>PHONE</b>	<b>SERVICES</b>	<b>NOTES</b>
Children's Advocacy Center of Douglas County	1009 New Hampshire St.  cacdouglas.org	785-592-3160	Supporting children & families affected by child abuse through family advocacy, court advocacy forensic interviews, mental/physical health referrals.	Advocacy and forensic interviews are provided to families working with DCF or law enforcement. General public can call for information or referrals.
Kansas Protection Report Hotline, Kansas Department for Children and Families (DCF)	<a href="https://www.dcf.ks.gov/services/pps/pages/kips/kipswebintake.aspx">https://www.dcf.ks.gov/services/pps/pages/kips/kipswebintake.aspx</a>	800-922-5330	Kansas Prevention and Protection services hotline for reports of abuse, neglect and exploitation of children, elders, or vulnerable adults.	Hotline is staffed 24/7, including holidays. If you suspect someone or yourself is at an immediate risk, contact 911.



Senior Resource Center	745 Vermont St. <a href="https://yoursrc.org/">https://yoursrc.org/</a>	785-842-0543	Assistance for seniors experiencing elder abuse and/or neglect	
The Sexual Trauma and Abuse Care Center	330 Maine St. <a href="https://stacarecenter.org/">https://stacarecenter.org/</a>	785-843-8985 (24/7 hotline)	24/7 advocacy and response, hospital advocacy, therapy and support groups, prevention & education, Lawrence Ordinance & Safe Bar Alliance Trainings.	Free and confidential services for victims/survivors of sexual assault and abuse. For more info call the hotline
Willow Domestic Violence Center	1920 Moodie Rd. <a href="https://www.willowdvcenter.org/">https://www.willowdvcenter.org/</a>	785-843-3333 (24/7 hotline) 785-331-2034 (Admin Line)	Emergency shelter, individual counseling, support groups, case management, court advocacy, safety planning	Services are also available to community based clients
<b>SENIORS</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Aging in Place Program, Habitat for Humanity	2108 W. 27th St., Ste. C <a href="https://www.lawrencehabitat.org/">https://www.lawrencehabitat.org/</a>	785-832-0777	Habitat's Aging in Place Program aims to provide interior & exterior home repairs for seniors unable to make changes on their own, so they can remain in their homes	
Douglas County Visiting Nurses Association	200 Maine St., Ste. C <a href="http://www.kansasvna.org/">http://www.kansasvna.org/</a>	785-843-3738	Not-for-profit, physician-ordered home health nursing, therapy, and aide services to the home-bound and acutely ill; hospice nursing, social work, and bereavement care to patients at end-of-life	
Jayhawk Area Agency on Aging	2001 Haskell Ave. <a href="https://www.jhawkaaa.org/">https://www.jhawkaaa.org/</a>	785-235-1367	In-home services, case management, caregiver support, insurance counseling, nutritional & wellness programs	
Kansas Advocates for Better Care	536 Fireside Ct., Ste. B <a href="https://www.kabc.org/">https://www.kabc.org/</a>	785-842-3088	Empowerment, advocacy, and resources for older Kansans and their families	

Lawrence Meals on Wheels	2121 Kasold, Ste. B <a href="https://www.lawrencemow.org/">https://www.lawrencemow.org/</a>	785-830-8844 or 4mealsonwheel s@sbcglobal.net	Lawrence Meals on Wheels serves hot, nutritious meals to people of all ages who have specialized diets and who are homebound. Meals prepared by LMH per participants' doctors orders.	Meals are served Monday-Friday; must be in Lawrence city limits. Participants must have specialized dietary needs. For more information go to website or call for eligibility.
Midland Care Meals on Wheels	2134 SW Westport Drive, Topeka, KS 66614  <a href="https://midlandcare.org/services/meals-on-wheels/">https://midlandcare.org/services/meals-on-wheels/</a>	785-430-2186 or mow@midland cc.org	Meal delivery service covering Douglas County. Available for individuals 60+ years old who are homebound, isolated, or a caretaker.	Call 785-430-2186 for eligibility and more information.
RetroActive Retirees, Lawrence Public Library	707 Vermont St.  <a href="http://lplks.org/retirement">lplks.org/retirement</a>	785-843-3833	Lawrence Public Library's program for retirees offering classes, social activities, online resources, and a space to share the experiences of other retirees	All programming is free to attend.
Senior Resource Center	745 Vermont St.  <a href="https://yoursrc.org/">https://yoursrc.org/</a>	785-842-0543	Resources and referrals for seniors and their loved ones for crisis support and critical needs, activities & social engagement	
Tenants to Homeowners	2518 Ridge Ct. #103  <a href="https://tenants-to-homeowners.org/">https://tenants-to-homeowners.org/</a>	785-842-5494	Helping Hammer Senior Home repair program providing home repairs & modifications	Contact the Senior Resource Center for a referral
<b>TECHNOLOGY</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
ADA Computer Lab – Independence, Inc.	2001 Haskell Ave.  <a href="http://www.independenceinc.org/">http://www.independenceinc.org/</a>	785-841-0333	Computer lab equipped with a variety of assistive technologies & software to ensure accessibility for all individuals living with disabilities	Open to the general public, no appointments necessary; one-on-one tech support is available

Assurance Wireless: Lifeline Phone Service Program	<a href="https://www.assurancewireless.com/">https://www.assurancewireless.com/</a>	888-321-5880	The Assurance Wireless offer provides eligible low-income customers free phones as well as text, talk, and data plans. Call or visit website to apply.	Assurance Wireless is a federal Lifeline Assistance Program. You may qualify if you are on certain public assistance programs.
Kansas Telecommunications Access Program (TAP) Program	<a href="https://independenceinc.org/kansas-telecommunication-access-program/">https://independenceinc.org/kansas-telecommunication-access-program/</a>	785-841-0333 ext. 107	Individuals who have a hearing, vision, speech, cognitive, or mobility disability or impairment can apply and receive equipment	Must meet income guidelines and have home telephone service
Lawrence Workforce Center Computer Lab	2920 Haskell Ave., Ste. 200	785-840-9675	Computers available for public use for anything job related like assessments & testing	
One-On-One Technology Assistance, Lawrence Public Library	707 Vermont St. <a href="https://lplks.org/one-on-one-technology-assistance/">https://lplks.org/one-on-one-technology-assistance/</a>	785-843-3833	Library Tech staff are available to help with tasks like using a computer or laptop or surfing the internet; setting up Facebook, email, or other accounts; using your smartphone; or other specific technology-related questions	To schedule a tech appointment, visit the Tech Desk or call 785-843-3833 ext. 139; one-on-ones are limited to two sessions per month
PCs for People	518 Santa Fe St. Kansas City, MO 64105 <a href="https://www.pcsforpeople.org/eligibility/">https://www.pcsforpeople.org/eligibility/</a>	816-259-0851	Low-cost computers and internet as well as free digital literacy courses.	Income limited—see website for eligibility requirements. Linux desktops start at \$0; Windows start at \$50.
Drop In Tech Support, Senior Resource Center	745 Vermont St. <a href="https://yoursrc.org/">https://yoursrc.org/</a>	785-842-0543	One-on-one assistance for seniors experiencing a technology issue or hardship	Drop-in Tech Support on Tuesday afternoons, from 2-3:30pm. No appointment necessary.

KU Center for Digital Inclusion	<a href="https://cdi.ku.edu/about">https://cdi.ku.edu/about</a>	785-864-7612	Technology education program teaching important computer skills for job participation and career advancement such as Microsoft Office, personal branding, and website creation and management	Education is for women recently released from jail or prison in Kansas and Missouri. Must be female, 18+ years, served time in jail or prison, and live in Kansas or Missouri
Senior Resource Center	745 Vermont St. <a href="https://yoursrc.org/">https://yoursrc.org/</a>	785-842-0543	Corps of volunteers offering technology assistance to homebound seniors	Service is offered on a case-by-case basis, dependent upon volunteer availability & interest
<b>THRIFT STORES, CLOTHING &amp; FURNITURE</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Catholic Charities of Northeast Kansas	1525 W. 6th St. <a href="https://catholiccharitiesks.org/">https://catholiccharitiesks.org/</a>	785-856-2694	Food pantry & clothing closet open Monday-Thursday, 9am-4pm	Clients can visit the pantry every 30 days
Community Children's Center	1605 Davis Rd. (Kennedy Early Childhood Center) <a href="https://www.communitychildrenks.org/">https://www.communitychildrenks.org/</a>	785-813-1272	Early childhood clothing closet including maternity clothing, kids clothing sizes 0-6, diapers, and infant supplies	Call/text to schedule a shopping or donation appointment
Habitat for Humanity ReStore	2108 W. 27th St., Ste. C <a href="https://www.lawrencehabitat.org/restore">https://www.lawrencehabitat.org/restore</a>	785-856-6920	Furniture, appliances, lighting, doors, windows, plumbing, bath, cabinets, flooring, HVAC, building materials	Open Tuesday-Saturday, 10am-5pm
His Hands Clothing Closet	736 B Main St. Eudora, KS 66025	785-690-7220	Non-profit resale helping individuals and families with clothing free or cheap	Open Saturday, 12-4pm
St. John's Rummage House	1246 Kentucky St.	785-843-0109	Used clothing in all sizes and household items available at discounted prices	Shopping Hours: Wednesday: 11am-3pm Saturday: 8:30am-12:30pm

Salvation Army Family Store	1800 E 23rd St.	816-421-5434 ext 225	Furniture, clothing in all sizes, shoes, bags, homewares for sale	
Social Service League	905 Rhode Island St.	785-843-5414	Clothing, shoes, bags, homeware items, basic need items, coats, blankets, sheets, general household items, work professional clothes for job interviews	Vouchers are served Tuesday and Thursday, 10am-1pm
<b>TRANSPORTATION</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Amtrak Lawrence	413 E. 7th St.  <a href="https://www.amtrak.com/stations/lrc">https://www.amtrak.com/stations/lrc</a>		Offers passenger rail service from the Lawrence depot; website contains information about the Lawrence Amtrak station	Purchase tickets at any time on the Amtrak website
Greyhound: Lawrence Bus Stop	Central Station, 2315 Bob Billings Pkwy  <a href="http://www.greyhound.com/bus/lawrence-ks/lawrence-bus-stop">www.greyhound.com/bus/lawrence-ks/lawrence-bus-stop</a>	800-231-2222	Greyhound provides service to Lawrence three times a day on its route between Topeka and Kansas City, and connects to thousands of cities across the country	Tickets not sold at this location. Order online, or call 1-800-231-2222 and then pay for your ticket at ACE Cash Express at the corner of 6th & Kasold
Independence, Inc. – General Transportation Program	2001 Haskell Ave.  <a href="https://independenceinc.org/transportation/">https://independenceinc.org/transportation/</a>	785-843-5576	Accessible vehicles providing general transportation services for residents of Douglas County; final rides begin at 4pm. Out-of-town medical rides to Kansas City and Topeka areas for \$30	Rides in Douglas County for \$3; must schedule rides a week in advance; call 785-843-5576 to schedule a ride
K-10 Connector, RideKC	<a href="https://ridekc.org/routes/510-k10-connector">https://ridekc.org/routes/510-k10-connector</a>		Provides public transportation services from Lawrence to Johnson County, downtown Kansas City, MO, Kansas City, Kan., and other outlying areas	Beginning June 3, the K-10 Connector's only stop in Lawrence will be at the Central Station

Lawrence Transit	2315 Bob Billings Parkway <a href="https://lawrencetransit.org/">https://lawrencetransit.org/</a>	785-864-4644	Lawrence Transit is fare free for all services in 2024 and 2025 including fixed route, T-Lift, and Lawrence Transit On Demand, which operates in the evenings and Sunday	Training sessions on how to ride the fixed-route bus system and other transit options are available
Lawrence Transit On Demand	<a href="https://lawrencetransit.org/on-demand/">https://lawrencetransit.org/on-demand/</a>	<u>Call to Schedule:</u> 785-312-7054	After-hours fare-free bus service from 8pm-6am, Monday through Saturday, and 8am-6pm on Sunday. On Demand is a shared ride service, so several passengers may be on board. Multiple rides can be scheduled at once up to 5 days in advance.	Rides should ideally be scheduled in advance by phone 8am-5pm, Monday-Saturday, or by using the Lawrence Transit On Demand app. Rides not scheduled in advance may have up to an hour wait time.
Senior Wheels Program (Senior Resource Center)	745 Vermont St. <a href="https://yoursrc.org/senior-wheels/">https://yoursrc.org/senior-wheels/</a>	<u>Call to Schedule:</u> 785-727-7876	Wheelchair-accessible transportation service available Monday-Friday, 7am-3:30pm for seniors 60+	City rides: \$4.00 one-way County rides: \$6.00 one-way
T-Lift	<a href="https://lawrencetransit.org/accessibility/">https://lawrencetransit.org/accessibility/</a>	785-312-7054	Door-to-door, shared ride paratransit service. Available to transit riders living with a disability	Call for more info and to begin the application process
<b>YOUTH &amp; PARENTING</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>SERVICES</b>	<b>NOTES</b>
Ballard Center	708 Elm St. <a href="https://ballardcenter.org/">https://ballardcenter.org/</a>	785-842-0729	Early childhood education program, diaper pantry, and emergency funding for families to maintain housing stability	
Big Brothers Big Sisters	2518 Ridge Ct. <a href="http://www.kansasbig.org">www.kansasbig.org</a>	785-843-7359	Helps match caring adult mentors with children who need them in Douglas County	Call to schedule an appointment or inquire online

Building Peace, Inc	2518 Ridge Ct., Unit 2016 <a href="http://www.buildingpeaceks.org">www.buildingpeaceks.org</a>	785-856-7000	Building Peace offers mediation and restorative justice for conflict resolution in a variety of areas including landlord/tenant, victim/offender, families or parent/adolescent, neighborhood conflict, and more.	Does not provide legal advice or services, but partners with Douglas County court system to offer mediation and/or diversion when possible.
Boys & Girls Club	2910 Haskell Ave. <a href="https://bgclk.org/our-mission/our-programs/">https://bgclk.org/our-mission/our-programs/</a>	785-841-5672	12 sites across Lawrence, providing after-school childcare programs for children of parents and support such as homework help, tutoring, and drug/alcohol prevention and education	Scholarships available; childcare hours vary by school. More information about programs can be found online
Child Care Aware of Eastern KS	<a href="https://east.ks.childcareaware.org/">https://east.ks.childcareaware.org/</a>	785-357-5171	Child care resource and referral agency working to ensure all children have access to quality, affordable childcare by supporting families in their childcare search	
Children and Families Mobile Crisis Helpline		833-441-2240	Over-the-phone support for behavioral health crisis, referral to resources or stabilization services. Mobile crisis response offered if crisis cannot be solved over the phone	Services available for all Kansans 20 years old or younger or those formerly in foster care
Community Children's Center	1605 Davis Rd. (Kennedy Early Childhood Center) <a href="https://www.communitychildrenks.org/">https://www.communitychildrenks.org/</a>	785-813-1272	Early childhood clothing closet, Grow & Go playgroup, Responsive Caregiving class, family support, resource navigation, and support groups	Services are available for families in Douglas County with children 0-5 years old. Book Nook & clothing closet are by appointment only.
Dolly Parton's Imagination Library of Douglas County	<a href="https://eccollective.org/dolly-parton-imagination-library/">https://eccollective.org/dolly-parton-imagination-library/</a>		Book gifting program providing free books to children from birth to age five. If you have a Douglas County zip code, your child is eligible!	Visit website to get started.

Kennedy Early Childhood Center	1605 Davis Rd. <a href="https://www.usd497.org/Page/1185">https://www.usd497.org/Page/1185</a>	785-832-5760	The pre-K readiness program provides a free early childhood educational experience for children who may not otherwise have the opportunity to attend preschool	Children must live in the Lawrence Public Schools district area; must be 4 years old on or before August 31st. See website for program guidelines
ECKAN Early HeadStart	2518 Ridge Ct. (basement level)	785-418-8177	ECKAN Early HeadStart serves birth to age 3 & can provide health screenings, nutrition education, social services support, help with learning disabilities, and more	Households at or below 100% of the Federal Poverty Guideline are eligible for Head Start programs
Independent Living Program, Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence DCF Office) <a href="https://www.dcf.ks.gov/services/pps/pages/independentlivingprogram.aspx">https://www.dcf.ks.gov/services/pps/pages/independentlivingprogram.aspx</a>	785-368-8192	Financial support for post-secondary education, room and board assistance, transportation costs, book and materials related to education or training programs, medical services through the Medical Card Extension Program	Youth must have experienced foster care at age 14 or older and can participate up to 26 years old.
Indigenous Community Center		crystal.bradshaw-gonzalez.icc@gmail.com	Missing and Murdered Indigenous Women, Girls, Two-Spirit, and Trans chapter & advocacy; cultural classes, two-spirit support group, Indigenous Skate Team, Indigenous Science Days	Informational, educational, awareness, and volunteer opportunities about a wide range of subjects specifically about Indigenous people
Foster Village Northeast KS	<a href="https://www.fostervillagenortheastks.org/">https://www.fostervillagenortheastks.org/</a>	785-550-8281 info@fostervillagenortheastks.org	Monthly parent support groups and caregivers' nights out for foster, kinship, and foster/adoptive families, informational and educational events, and support with tangible needs for families taking a new placement	All support is for foster, kinship, and foster/adoptive families in northeast Kansas. See website for more information.



Kansas Department for Children & Families (DCF)	1901 Delaware St. <a href="https://www.dcf.ks.gov/Pages/default.aspx">https://www.dcf.ks.gov/Pages/default.aspx</a>	785-832-3700	A variety of resources, including child support, economic and employment, prevention and protection, and rehabilitation services	
KU Child & Family Services Clinic	1000 Sunnyside Ave., #2021	785-864-4416	Low-cost mental health assessment services, treatment programs, consultations, and school-based interventions	Does not accept insurance
Lawrence-Douglas County Public Health	200 Maine St, Ste. B <a href="https://ldchealth.org/">https://ldchealth.org/</a>	785-856-7361	WIC, breastfeeding support and education, home visiting, and case management services through Healthy Families and Baby Steps	Open 8:30am-5pm on Monday, Wednesday, Thursday & Friday. Open 10am-5pm on Tuesday.
Parents as Teachers	1605 Davis Rd. <a href="https://www.usd497.org/Page/4267">https://www.usd497.org/Page/4267</a>	785-330-1651	Personalized visits, screenings, group connections, and resource connections	Serving families with children age 0-5; enrollment available online through Lawrence Public Schools website
Positive Bright Start	1900 Delaware St. <a href="https://www.positivebrightstart.org/">https://www.positivebrightstart.org/</a>	785-842-9679	High-quality, low-cost childcare, childcare tuition assistance, and therapy services for children under six and their families. Food provider for home daycare through the CACFP program.	Mental health services open for residents of Douglas County
O'Connell Children's Shelter	1925 Delaware St. (Satellite Office Location) <a href="https://www.oconnellchildrenshelter.org/">https://www.oconnellchildrenshelter.org/</a>	785-843-2085	Provides support to children and family in an effort to strengthen and keep families together. Services include individual and family support, truancy prevention, employment & education support, resource acquisition, short term respite, etc.	Call for appointment; case managers work out of the satellite office location. The agency also provides residential foster care group homes and licensing support for individual foster homes and adoption services.

Safe Kids of Douglas County	5100 Overland Dr.	785-830-7455 ginnyb@ksu.edu	Free car/booster seats, car-seat inspections, safety workshops and sports clinics that help parents and caregivers prevent childhood injuries	Inspections are done at the Lawrence Police Department by appointment only.
SparkWheel	1919 Delaware St. <a href="https://www.sparkwheel.org/">https://www.sparkwheel.org/</a>	785-856-5190	Assistance with access to food and healthcare, after-school tutoring, mentoring, parent support, out-of-school enrichment	Serving students and families attending Prairie Park Elementary - 2711 Kensington Rd.
Infant-Toddler Service of Douglas County	1605 Davis Rd. <a href="https://www.usd497.org/Domain/7539">https://www.usd497.org/Domain/7539</a>	<u>Main Office</u> 785-330-2323 <u>Fax Number</u> 785-596-6540	Early intervention services including physical, occupational, & speech therapy, and early childhood special education. Family service coordination and resource support available.	Services are home-based, free, and intended for children 0-35 months old; parents can submit a self-referral form online
Tykes Douglas County	<a href="https://www.tykesdc.org/">https://www.tykesdc.org/</a>		An online resource hub for all things early childhood; serves as a one-stop shop for families, caregivers, and early childhood professionals	To learn more visit the Tykes Douglas County website
Willow Domestic Violence Center	1920 Moodie Rd. <a href="https://www.willowdvcenter.org/">https://www.willowdvcenter.org/</a>	785-843-3333 (24/7 hotline)	Presentations on teen dating violence, interpersonal violence, and related topics for youth	