



707 Vermont | Lawrence, KS 66044 | 785-843-3833 | lplks.org



LAWRENCE-DOUGLAS COUNTY RESOURCE GUIDE

Updated: September, 2023

For updates and edits, contact Marc Veloz at mveloz@lplks.org.

*For expanded information about program guidelines & services, visit <https://lplks.org/community-resources/>

ADULT LEARNING	ADDRESS	PHONE	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave. #100	785-832-5960	Reading and math, GED, and ESL classes	
Peaslee Tech	2920 Haskell Ave. #100	785-856-1801	Technical and workplace skills training for a variety of fields and industries	Financial assistance and/or apprenticeship opportunities available for many programs
Lawrence College and Career Center	2910 Haskell Ave.	785-832-5900	Provides career & technical training for high school students as well as an alternative education setting that serves students grades 10-12 in Lawrence public schools.	Call 785-832-5900 for more information
ANIMALS	ADDRESS	PHONE	SERVICES	NOTES
Lawrence Humane Society Crisis Pet Retention Program	1805 E. 19th St.	<u>Pet Resource Center:</u> 785-371-0473	Financial assistance with pet deposits/pet rent, essential pet supplies, emergency vet care, behavior consulting, temporary boarding, wellness medical care (such as neuter and spay). Pet food supply pantry.	cpr@lawrencehumane.org Services are provided 7 days a week. If you need help applying, contact Humane Society's Social Worker, Maddie Lockett, at 515-462-0043. ¡Se habla español!

DISABILITY & ACCESS	ADDRESS	PHONE	SERVICES	NOTES
ARC of Douglas County	2518 Ridge Ct. #238	785-749-0121	Provides services to individuals with intellectual/developmental disabilities including targeted case management, IEP support, independent living counseling, advocacy and training	
Assistive Technology for Kansans	http://atk.ku.edu	785-267-1717 800-526-3648	Devices and services that help people hear, see, live, learn, and work better. Device demonstrations, short-term equipment loan, AT reuse, and assistance locating funding for devices	
Benefits.gov	https://www.benefits.gov/		Designed to help citizens find out what government benefits they may be eligible to receive, with access to information from across 27 Federal agencies.	Links to benefit programs for all types of people: elderly, veterans, low-income citizens, students, farmers, parents, disaster victims and more
Bert Nash SSI/SSDI, Outreach, Access & Recovery (SOAR) Team	200 Maine St. #A	785-843-9192, ext.5	Assists with accessing Social Security, Disability, and Medicaid benefits for those who are precariously housed and homeless	Services only open to current Bert Nash Clients
Cottonwood CDDO-Community Developmental Disability Organization	2801 W. 31st St. https://www.cwcdco.org	785-840-1632	Single point of entry for intellectual/developmental disability waiver services eligibility and referral	
Cottonwood, Inc.	2801 W. 31st St.	785-842-0550	Full range of support for people with disabilities, including residential and employment services; MAP program hires people with any kind of medical	

			or mental health disability	
Disability Rights Center	214 SW 6th Ave., Ste. 100 Topeka, KS 66603	877-776-1541	Attorneys and advocates provide free advocacy and legal services to protect the civil rights of individuals with disabilities	DRC staff have the power to investigate institutions who may be abusing and/or neglecting the elderly and persons with disabilities
Independence, Inc.	2001 Haskell Ave. http://www.independenceinc.org/	785-841-0333	Services and resources for people with disabilities including advocacy, independent living skills training, durable medical equipment loan bank, accessible transportation, peer support, accessible housing program, youth transition	Serves people with any type of disability as well as our communities and businesses to promote access, inclusion and independent living;
Kansas Audio-Reader Network	1120 W. 11th St. https://reader.ku.edu/	785-864-4600	Reading and information service for blind, visually impaired, and print-disabled individuals. We read daily newspapers, magazines and books on the air and on the internet, 24 hours a day, and we offer on-demand newspaper readings by telephone.	Services are free of charge; programming is also available on the website's Listen Live option with no download required
Kansas Commission on Disability Concerns	https://kcdcinfo.ks.gov/	800-295-5232	Extensive lists of in-state services for Braille and alternate formats, assistive technology, sign language interpreters, service animals, and more	
Kansas Dept. for Aging and Disability Services	503 S. Kansas Ave. Topeka, KS	785-296-4986	Assistance with Medicare, behavioral health services, and home- and community-based service programs	
Kansas Talking Books	1 Kellogg Circle P.O. Box 4055	800-362-0699 620-341-6280	Provides personalized library support and materials in a	

	Emporia, KS 66801 https://kslib.info/153/Talking-Books		specialized format to eligible Kansas residents to ensure that all may read	
Schiefelbusch Speech-Language Hearing Clinic	1200 Sunnyside #2101	785-864-4690	Offers comprehensive services to people with communicative disorders	
Social Security Office	1440 Wakarusa #200	866-698-2561	Learn about and apply for disability benefits, submit payee disputes	
Stiehl Behavioral Consulting		785-380-5432	ABA (applied behavior analysis) services, autism, behavior therapy	Providing in-home and community services to families in Lawrence and surrounding areas
Trinity In-Home Care	2201 W. 25th St., Ste. Q http://www.tihc.org/	785-842-3159	Respite and attendant care to individuals with disabilities and older adults	
Working Healthy Kansas	https://kancare.ks.gov/consumers/working-healthy	316-337-6390	Offers people with disabilities who are working (or interested in working) the opportunity to get or keep Medicaid coverage while on the job	
EMPLOYMENT	ADDRESS	PHONE	SERVICES	NOTES
Ballard Center	708 Elm St.	785-842-0729	Work Professional Clothing Closet	
Catholic Charities Workforce Department	1525 W. 6th St.	785-856-2694	General employment program focused on helping people with resume building, interview prep, and coaching for employment retention; St.Rita Program offers support for those looking to go back to school for certification in the areas of IT,	St. Rita program is more appropriate for those who have a level of stabilization and are hoping to increase current income to sustainable living wages

			skilled trades, healthcare or life sciences	
Cottonwood, Inc.	2801 W. 31st St.	785-842-0550	JobLink Division – customized employment services for people with disabilities.	
Cottonwood Industries Career Training Program	2801 W. 31st St.	785-842-0550	MAP Program --Employment and training opportunities for individuals with any kind of medical or mental health disabilities.	Job skills training included with employment service; accommodations needed to maintain employment will be provided
Kansas Department for Children and Families (DCF)	1901 Delaware St. (Lawrence Office)	785-832-3700	SNAP, TANF, Child Care, GOALS Work Program	
Lawrence-Douglas County Housing Authority	1600 Haskell Ave. #187	785-842-1533	Employment and academic planning assistance provided to households receiving housing assistance	Offered through Resident Services Department
Lawrence Workforce Center	2920 Haskell Ave. #2	785-840-9675	Resume help, job searching, career planning, Business Services such as free job postings for employers and labor market information, computer lab, mock interviews for employment	
Mirror, Inc. Work For Success Program	3205 Clinton Parkway Ct. https://www.mirrorinc.org/work-for-success	785-261-3175	Personal Professional Development. Employment skills training including help with completing job applications and resume building; employment assistance including career exploration, job referrals, case management; Healthy Relationships training; parenting education; financial education	See website for expanded information about this program & eligibility criteria
Older Kansans Employment	www.kansasworks.org	785-253-5627	Resume building, job search	Must be 55+ and a US

Program (OKEP)		ext. 317	help, career guidance, job coaching, and interview assistance for seniors seeking employment	Citizen
Ready for Good	708 Connecticut St.	785-856-0651	"Furnished for Good" job readiness program providing job training, informal mentorship, and paid work experience, with weekly workshops on life and job skills	Youth must be aged 14-17 years old, living in Douglas County, and involved in either the child welfare or juvenile justice system, or homeless
VanGo, Inc.	715 New Jersey St.	785-842-3797	Employs qualifying youth ages 14-24 to make public works of art that are sold in the community	Youth receive employability skills training, health & wellness education & social service support
FINANCIAL LITERACY	ADDRESS	PHONE	SERVICES	NOTES
Family Financial Transformations (Catholic Charities)	1525 W. 6th St.	913-906-8938 fft@catholiccharitiesks.org	This program supports families wanting to work on building their savings, better manage finances and/or pay off debt	Includes individualized budget coaching, financial education series, financial goals development, and more
Housing and Credit Counseling, Inc (HCCI)	https://housingandcredit.org/	800-383-0217	Counseling & education on budgeting, debt, credit report building, homebuying, mortgage defaults, foreclosure, bankruptcy, student loan repayment, & tenant / landlord counseling	No physical office in Lawrence / Douglas County
Kansas Loan Pool Project (Catholic Charities)	1525 W. 6th St.	913-433-2050	Payday/title loan refinance program. This program issues participants a new, low-interest loan in order to pay off high-interest title or payday loan balances.	Administered by Catholic Charities; call for information on eligibility requirements and application process
Money Smart Program	https://www.fdic.gov/resources/c	877-275-3342	The Money Smart financial	

	consumers/money-smart/index.html		education program can help people enhance their financial skills and create positive banking relationships	
Small Business Development Center	718 New Hampshire Lawrence, KS 66044	785-843-8844	Free and confidential individual advising to small business owners, managers and prospective owners. Typical areas covered in advising include business plans, marketing, the startup process, financing and funding, and more.	SBDC works with startup companies, existing small businesses, and those who wish to sell or purchase a small business
FOOD - FINANCIAL ASSISTANCE	ADDRESS	PHONE	SERVICES	NOTES
Choosing Healthy Appetizing Meal Plan Solutions for Seniors (CHAMPSS)	https://www.jhawkaaa.org/services/nutrition/	785-235-1367	A program providing seniors with meal cards for use at approved locations; in Lawrence this includes Dillons & HyVee	Cannot be enrolled in both CHAMPSS & Meals on Wheels programs
Double Up Food Bucks	https://www.doubleupheartland.org/how-it-works/	<u>Double Up Food Bucks Team:</u> 816-701-8286	SNAP (food stamps) matching program providing dollar-for-dollar matching at regional farmers' markets up to \$25	Bring your SNAP EBT Card to the farmers market office or info booth before you shop
Harvester's SNAP Helpline	https://www.harvesters.org/get-food-assistance/snap-assistance	<u>SNAP Helpline</u> 877-653-9522 <u>Text "SNAP" to:</u> 785-333-9233	This hotline can help you determine if you are eligible for SNAP, and then assist you with completing and filling out your application	The team will explain the next steps after the application is submitted and provide contact info you need for those steps
Kansas Department for Children and Families-- SNAP (Supplemental Nutrition Assistance Program)	1901 Delaware St. (Lawrence Office) https://www.dcf.ks.gov/services/Pages/Food/FoodAssistance	877-653-9522 (SNAP hotline) 785-832-3700	Provides qualifying low-income households with food benefits card (plastic debit card) to purchase food, access to a healthy diet and education on	For help applying locally: Call JustFood, Ballard Center, Senior Resource Center, or a DCF

	eFAQs.aspx	(Lawrence DCF Office)	food preparation and nutrition	Resource Agent to schedule an appointment
K-State Research and Extension of Douglas County	2110 Harper St.	785-843-7058	SNAP-Ed food and nutrition education; cooking class opportunities	
mRelief	https://www.mrelief.com/	Text "Food" to 74544 to start a screener	Non-profit that helps you determine if you are eligible for SNAP & then helps you apply	
WIC Nutrition (Women, Infants, Children)	200 Maine St.	785-856-5350	<ul style="list-style-type: none"> • Personalized nutrition information and support • Electronic benefit transfer cards to buy healthy food • Tips for eating well to improve health • Breastfeeding support program • Referrals for services that can benefit the whole family 	<p>Eligibility: for pregnant and postpartum women, infants and children up to age 5 who are determined to be at nutritional risk and meet income guidelines</p> <p>Please call to schedule an appointment to sign up for WIC.</p>
FOOD - PANTRIES + FREE MEALS	ADDRESS	PHONE	SERVICES	NOTES
Ballard Center	708 Elm St.	785-842-0729	Food pantry, free clothing, personal care items, diapers, and some household kitchen items	Pantry is open by appointment only Monday-Friday, 10am-5pm
Catholic Charities of Northeast Kansas	1525 W. 6th St.	785-856-2694	Food Pantry & Clothing Closet open Monday-Thursday, 9am-4pm	Clients can visit the pantry every 30 days
Campus Cupboard	Kansas Union, Level 4, 400 Suite	785-864-7022	Food pantry for KU students, faculty, staff, and affiliates	Open Monday-Friday, 9am-5pm
ECKAN	2518 Ridge Ct. (basement level)	785-841-3357	Food pantry that is open every Monday, Wednesday and Thursday from 9am to 3:30pm.	Shopping is by appointment only and it is once every 30 days

First Baptist Church	1330 Kasold Dr.	785-843-0020	The Harvesters Mobile Food Pantry comes on the 4th Saturday of each month from 1-2pm; In-House Food Pantry every Wednesday, 12-2pm, 1st and 3rd Wednesdays, 5:30-6:30pm	Harvester's distribution is subject to change, please check social media or give us a call to stay updated
Free Market at Edgewood Homes	Edgewood Homes at 16th and Haskell	785-764-5899	Fresh garden produce, sustainably grown by youth, is offered at no cost to anyone needing access to fresh produce and bread	Starts annually on May 31st and runs every Wednesday from 4-6pm until the last Wednesday in October
Harvesters Community Food Network	215 SE Quincy Topeka, KS 66603 https://www.harvesters.org/get-food-assistance/food-locator	785-861-7700	Food Locator service to help identify pantries, drive-thru food pickup locations & kitchens where prepared meals are served	
Jubilee Cafe	946 Vermont St.	785-841-7500	Free community breakfast meals offered at First United Methodist Church	Tuesdays and Fridays from 7-8am; enter through the doors on 10th Street
Just Food	1000 E. 11th St.	785-856-7030	Food pantry accessible to a household once per calendar week; Cruising Cupboard (mobile food pantry) has weekly stops in Lawrence, LeCompton, Baldwin, and Eudora. Kitchen Supplies program for families in need.	Pantry hours: Tuesday & Thursday 9am-6pm Wednesday & Friday 9am-3pm
Lawrence Community Orchard	830 Garfield St.		Free food park where anyone can pick ripe fruit, open everyday dawn to dusk	
Lawrence First United Methodist Church	867 Highway 40 (address for the monthly food pickup from Harvesters)	785-841-7500	Monthly drive-thru food pickup offered through Harvesters; weekly free hot breakfast Tuesday and Friday at 7am	Harvesters food pickup 2nd Saturday of the month 11am-12pm; first-come, first-served

	946 Vermont St. for Tuesday and Friday breakfast			
LINK	221 W.10th St. (enter through the basement entrance of Church)	linksince1985@gmail.com	Free meals	Tuesday, Thursday, Saturday, and Sunday at 1pm
Salvation Army Feeding and Assistance Center	1202 E. 23rd St.	785-843-4188	Free meals and food boxes; drop in services for those experiencing homelessness	Mobile hot lunch: Monday, Wednesday, Friday 1pm-2pm; Food box pickup: Tuesday and Thursday, 10am-12pm
Sunrise Project	1501 Learnard Ave.	785-865-1618 melissa@sunriseprojectks.org	Free porch pantry open 24/7; free meals are served 1st and 3rd Wednesdays of the month from 5-7pm; free community garden open from dusk until dawn during spring, summer & fall	For up to date information, please check their website or Facebook page
Trinity Interfaith Pantry	1027 Vermont St.	785-843-6166	Food pantry	Tuesdays 1-3pm Saturdays 10am-12pm
Westwood House	1421 W 19th St.	lcmkuprogram@gmail.com	Food pantry & in-person meals on Wednesday at 6 for students at University of Kansas & Haskell University.	~Pantry hours: Monday - Thursday, 12-6pm~
HEALTHCARE	ADDRESS	PHONE	SERVICES	NOTES
A Compass Project	https://www.acompassproject.org/	785-856-2631	KanCare-Medicaid eligibility assistance and education; KanCare is the Kansas Medicaid program	Can be available any day Monday-Friday, 7:30am-5pm in person or over the phone Self-Referral Form: https://www.acompassproject.org/contact-8

COVER Kansas	https://getcoveredkansas.org/	866-826-8375	Cover Kansas Navigators are trained, unbiased, and certified to help compare health insurance plans, apply for coverage on the facilitated marketplace and provide answers to your Marketplace questions year-round	To find a navigator visit https://getcoveredkansas.org/find-navigator or call 866-826-8375; navigator assistance is a free service
Douglas County Visiting Nurses Association	200 Maine St., Ste. C http://www.kansasvna.org	785-843-3738	Physician-ordered home health nursing, therapy, social work and aide services to the home-bound and acutely ill patients	Offers not-for-profit, physician-ordered hospice nursing, social work, aide, and bereavement care to patients at end-of-life
First Med	3211 S. Iowa St., #100	785-505-5475	Walk-in clinic for minor emergencies or illnesses; family practice services	Affiliated with LMH Health, open 7 days/week
Haskell Indian Health Center	2415 Massachusetts St.	785-843-3750	Family practice, pediatrics, dental, optometry, physical therapy, behavioral health, diabetes prevention care, pharmacy, & lab services, women's health	Health services available to any federally recognized tribal member
Healthy Kansas Kids	https://www.healthykansaskids.org/	833-309-0121	Free KanCare enrollment assistance and support for children and parents/caregivers of children	Email dromero@gracemed.org or call to initiate services
Heartland Community Health Center	1312 W. 6th St.	785-841-7297	Primary care, dental care, pediatrics, mental & behavioral health, COVID-19 clinic, pharmacy, and food pantry are available. Medicaid eligibility and enrollment assistance.	Patients are accepted regardless of income or insurance status. Mental & behavioral services available to established patients only; <u>this location is appointment-based only</u>
Heartland @ Panda Pediatrics	1803 W. 6th St.	785-842-4477	Heartland Community Health Center at Panda Pediatrics;	Panda Pediatrics accepts all patients regardless of

			pediatric care for children & adolescents including primary care, behavioral health, and dental care services	income or insurance status; <u>this location does accept walk-ins</u> from 8-10am, Monday-Friday
Honor Moon Period Pantry	1312 W. 6th St (Pantry #1) 616 Kentucky St (Pantry #2) honormoonlfk.org	honormoonlfk@gmail.com	Honor Moon is an inclusive period pantry providing free access to menstrual products 24/7	Both pantries are accessible 24/7 for anyone who requires our services and are refilled regularly with products
KanCare	PO Box 3599 Topeka, KS 66601	800-792-4884	State of Kansas' Medicaid and Children's Health Insurance Program (CHIP)	
Lawrence-Douglas County Public Health Department	200 Maine St. https://ldchealth.org/	785-843-0721	Immunizations, breastfeeding support, WIC nutrition	Family Planning Services have moved over to Heartland Health Center
LMH Health (formerly Lawrence Memorial Hospital)	325 Maine St.	785-505-5000		
Mario's Closet, Lawrence Memorial Hospital	325 Maine St.	785-505-3144	Qualifying patients can receive one free wig every 12 months, up to 3 free wigs total. Person receiving the wig must have a condition resulting in hair loss	Shopping is by appointment only, call to schedule.
Senior Resource Center	745 Vermont St.	785-727-7872	Free, unbiased, and confidential community-trained counselors who can answer questions & provide education about Medicare and other insurance issues	Call to schedule a consultation and ask to speak to a SHICK counselor
Speech Solutions	https://www.speechsolutions.co/	785-550-7481	Speech therapy services for pediatric and adult populations. Can travel to clients, including to surrounding communities.	Contracted with BCBS KS, Humana, United Healthcare and Medicaid
VA Eastern Kansas	4821 Quail Crest Pl.	800-574-8387	Primary care, pharmacy,	

Healthcare		x54650	laboratory services, behavioral healthcare, women veteran care, tele-health care, complementary / alternative medicine & social work	
HOMELESSNESS	ADDRESS	PHONE	SERVICES	NOTES
Artists Helping the Homeless	http://ahh.org/contact-us/	816-668-1007	Transitional & supportive housing, discharge planning, and one-time emergency services for individuals in need of housing, transportation, and resources	
Bert Nash Homeless Outreach Team	346 Maine St. (Old Heartland Building)	785-843-9192 ext. 3	Outreach services for houseless individuals, mental health issues are not necessary to receive services	Walk-in hours: 9-11am, Monday-Friday
Catholic Charities of Northeast Kansas	1525 W. 6th St.	785-856-2694	Provides case management & supportive housing services to low-income individuals, families, & homeless individuals. Connection to community partners who can provide transitional and rapid rehousing support.	Case manager appointments are scheduled on a weekly basis, so it's best to call Thursday morning to schedule an appointment
DARE Center	944 Kentucky St.	785-856-0698	Place of refuge for those experiencing homelessness. DARE offers basic services including coffee, showers, washer, dryers, camping equipment and an address to receive mail	Open Monday, Tuesday, Thursday, & Friday, 2-6pm
ECKAN	2518 Ridge Ct. (basement level)	785-841-3357	Provides housing support services including case management, help with rental searches, assistance with	Must call for an appointment. Office hours are Monday-Friday 9am-4pm. No walk-ins.

			housing solutions & voucher applications through Housing Authority	
Family Promise of Lawrence	905 Tennessee St.	785-764-9506	Serving households with children in care in areas of homelessness prevention, shelter diversion, shelter, & housing stabilization	Open Monday-Thursday 8am-5:30pm and Friday 8am-3pm; case management services provided in all programs
Kansas Statewide Homeless Coalition	https://www.kshomeless.com/resources.html		Remote services to those experiencing homelessness in areas with limited resources	For more resources visit the website in the address column
Lawrence Community Shelter	3655 E. 25th St.	785-832-8864	Emergency overnight adult shelter from 7pm-7am. Amenities include bathrooms, shower, laundry, hygiene supplies when available, and overnight locked storage. Day services and case management are provided in the Housing Program serving highly vulnerable individuals based on referrals.	Open 24/7. Call for information about openings. Check-in for Night-by-Night program is between 7-10pm, check out is at 7am. For other questions or work schedule accommodations, please call our main phone.
Intensive Care Coordination Services, Heartland RADAC		<u>Call for an assessment/referral:</u> 913-789-0951	Assessing, screening, and referrals for substance use/and or dependance support. Care coordination services for individuals with substance/alcohol use (now or in past) or mental health issues (situational stress, depression, schizophrenia, etc.)	The ICC program is county funded meaning there is no wrong referral. If a client has high medical needs, is unhoused, etc. -- this is an appropriate reason to make a referral to the ICC Team
HOUSING	ADDRESS	PHONE	SERVICES	NOTES
Aging in Place Program (Habitat for Humanity)	2108 W. 27th St., Ste. C	<u>To Apply Contact:</u>	Habitat's Aging in Place Program aims to provide interior &	For more information about projects, repayment

		785-813-6406	exterior home repairs for seniors unable to make changes on their own, so they can remain in their homes	options, and whether you qualify, call 785-813-6406
Critical Home Repair Program (Habitat for Humanity)	2108 W. 27th St., Ste. C	<u>To Apply Contact:</u> 785-813-6406	Habitat's Critical Repair Program provides critical home repairs and system replacements for those unable to make changes on their own	For more information about past projects, repayment options, and whether you qualify, call 785-813-6406
Disability Rights Center, Disability & Aging Crime Victims Unit	214 SW 6th Ave., Ste. 100 Topeka, KS 66603 https://www.drckansas.org/get-help	877-776-1541	The DRC has funding to support certain rent, utility, or other expenses needed to rehouse people with disabilities and seniors who are crime victims and cannot safely return to their housing	Contact the call line and request to speak to an advocate; https://www.drckansas.org/get-help (Online Intake Form)
Habitat for Humanity	2108 W. 27th St., Ste. C	785-832-0777	Homeownership program, Home Repair programs including Aging in Place & Critical Repair, ReStore which sells new & gently used furniture	Habitat for Humanity office and ReStore are located at the same address
Douglas County Housing & Human Services: Housing Stabilization Collaborative	2518 Ridge Court #202 https://hscdgco.org/	785-832-5100 press 4	Rent, utility, and security deposit assistance through online application at hscdgco.org . Limited assistance distributed through a lottery system; see website for details and most up-to-date information.	Rental & Utility Application: https://hscdgco.org/ . Reach out to hsc@douglascountyks.org with any questions
Kansas Weatherization Assistance Program	https://eckan.org/weatherization/	888-833-0832	Provides free upgrades to make homes more energy efficient and reduce utility bills. No charge to income-eligible families.	Apply online or print & submit an application
Housing Authority Landlord Partnership Program	1600 Haskell Ave.	785-842-8110	Fund providing financial benefits to landlords who agree to accept tenants with LDCHA Vouchers.	For more information, contact Landlord Liaison Manager for LDCHA at

			Landlords can receive an incentive bonus, security deposit assistance or damage mitigation fund	785-842-8110
Lawrence-Douglas County Housing Authority	1600 Haskell Ave.	785-842-8110	Public housing, Section 8 housing choice voucher, veteran housing, senior housing, permanent supportive housing, and transitional housing programs; case management services for those receiving a voucher	Case management and Renters Education classes available for households receiving housing assistance through the Lawrence-Douglas County Housing Authority
Mobile Home Repair (Habitat for Humanity)	2108 W. 27th St., Ste. C https://www.lawrencehabitat.org/home-preservation	<u>To Apply Contact:</u> 785-813-6406	Program providing mobile home repairs (porch repair, siding repair, roof work, etc.) to help seniors remain in their home safely and independently	For more information about past projects, repayment options, and whether you qualify, call 785-813-6406
Tenants to Homeowners	2518 Ridge Ct. #103	785-842-5494	Affordable rentals, accessible rental units, senior rental housing, home purchase program, homebuyer workshops, financial literacy, and budgeting	Press 2 for Rental Management, 3 for TTH Homebuyer Program
Willow Domestic Violence Shelter	1920 Moodie Rd.	785-843-3333 (24/7 Hotline)	Emergency 90-day shelter for domestic violence and human trafficking survivors. Transitional housing program for survivors. Foster support housing for youth aging out of foster support.	Contact the Willow for more details & information regarding these programs.
LATINX AND SPANISH SPEAKING SERVICES	ADDRESS	PHONE	SERVICES	NOTES
CASA Medical, Clinica Hispana	1410 Kasold Dr., Ste. A2	785-423-6611	Affordable health care services for Spanish-speaking people including checkups, physicals, women's care, lab exams, chronic disease management	Medical insurance not required or accepted. Direct pay. Costs are out of pocket, cash, or credit card.

			and more	
Centro Hispano Resource Center	543 Lawrence Ave.	785-843-2039	Care coordination, language therapy, resource networking, advocacy, and child development screening	Serves Latino Families with children under the age of 6. Immigration status never excludes any one from receiving help from Centro Hispano.
Somos Lawrence	https://www.facebook.com/somoslawrence/ https://www.ballardcenter.org/somos-lawrence/	785-813-1098 somoslawrence@gmail.com	Somos Lawrence works to ensure non-English speaking residents of our county have access to services & resources through interventions that ease language & financial barriers; language interpretation services for Spanish neighbors	Somos assists everyone who calls, no requirements. In-person hours are held on Fridays from 3:30-5:30pm at Ballard Center (708 Elm St.)
LANGUAGE ACCESS	ADDRESS	PHONE	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave. #100	785-832-5960	Reading and math, GED, and ESL classes	
Plymouth Language Program	https://www.plymouthlanguage.org/	text only 785-371-4810	FREE English Classes (Level 1 & 2) with a \$5 refundable deposit; low-cost Spanish Classes (Level 1, 2 & 3).	Email is the preferred method of contact: plymouthesl@gmail.com . English 1 online, English 1 in-person, and Spanish 1-3 online
Small World	2415 Clinton Parkway https://smallworldlawrence.com/	<u>Spanish:</u> 785-749-3677 <u>Farsi:</u> 785-749-9494 <u>English</u> 785-760-5245 <u>Chinese</u> 785-204-2688	English language learning program for women, five different levels of classes offered at a low cost, community and support from other women	Enrollment for Fall 2023 is on September 5 at 1pm, and continues throughout the semester
LEGAL	ADDRESS	PHONE	SERVICES	NOTES

Douglas County Legal Self Help Center	111 E. 11th St. (Douglas County District Court)	785-838-2483	If you are involved in a legal issue, visit the legal self help center to get help answering legal questions, find and prepare court forms, get help finding information about your specific issue, and receive referrals to free / low cost legal services	The Self Help Center cannot provide legal advice (what you should do). They can tell you next steps, what forms to fill out, or when you need to show up to court
Douglas County Community Bail Fund		785-764-3684	Local non profit reducing monetary bail burdens on legally innocent Douglas County residents charged in Lawrence Municipal Court and/or with a misdemeanor(s). Maximum support limit of \$500.	This fund will prioritize bail for primary caregivers/caretakers. Length of ties to the community affect prioritization of funding dispersal; no funding dispersal in the area of domestic violence
Flip the Coin for Justice, ECKAN	2518 Ridge Ct. (basement level)	785-841-3357	Court voucher program that pays for court fees, mandatory classes, and anything else that is pertinent to avoid further jail time	Call Lillie from ECKAN at 785-841-3357 to hear more
Elder Law Hotline	https://ksbar.org/?pg=elder_law_hotline	888-353-5337	For any Kansas resident aged 60 or older without regard to income. The hotline provides senior citizens access to an attorney to advise them about legal questions in civil cases and referrals to other resources when needed.	Free of charge, no income eligibility requirements
Notary Services, Lawrence Public Library	707 Vermont St.	785-843-3833	Free notary public services offered by Library staff; notary services are available while the library is open	Visit the Ask Desk or call our main line for more information
Justice Advice Line		<u>Local District Court Clerk:</u>	The Justice Advice Line is open to Kansas residents who need	Please ask the local district court clerk for the

		785-832-5100	help with civil or domestic legal matters and are referred to the hotline by court staff. Advice is offered over the phone by a Kansas Legal Services attorney.	advice line phone number. The Local District Court Clerk for Douglas County can be reached by phone at 785-832-5100
Kansas Holistic Defenders Inc	1204 Oread Ave.	785-284-9835	Provides legal representation in misdemeanor criminal court cases for those who cannot financially access representation on their own	KHD criminal services are strictly court-appointed
Kansas Legal Services	712 S. Kansas Ave., #201 Topeka, KS	<u>Topeka Office:</u> 785-354-8531 <u>Statewide intake:</u> 800-723-6953	Provides mediation services in a wide variety of cases and legal assistance for the following matters: consumer/finance, housing, education, juvenile, employment, elder law, income maintenance, family issues, health, and individual rights	Civil legal advice & representation provided at no cost or at reduced price to income-eligible persons; cannot give legal advice until there's an application on file
KU Law Mediation Clinic		785-864-4513	Provides mediation services in a range of cases as selected by the instructor. Cases can be taken from all over the community.	Clinic only takes cases from February to May. Services are free.
KU Law Project for Innocence and Post-Conviction Remedies		785-864-5571	Provides representation for prisoners in state and federal appeals and post-conviction litigation	
KU Legal Aid Clinic / Douglas County Legal Aid Society	1535 W. 15th St.	785-864-5564	Represents clients in criminal record expungement matters, gender-marker and name-change cases, and court-appointed cases for juvenile defense and municipal criminal defense	Hosts expungement clinics twice a year in the community (spring, fall). Subject to change based on student availability.
Lawyer Referral Service	https://ksbar.org/?pg=clientreferr	n/a	Free or low-cost assistance for	We do not provide free

(Kansas Bar Association)	als		finding a lawyer or obtaining legal advice. There is no charge to receive a referral, but participating attorneys do charge a consultation fee. After that, fees charged are established by each individual attorney.	legal assistance or representation. If you need free or low-cost civil legal assistance, please contact Kansas Legal Services.
Senior Resource Center – Elder Law Clinic	745 Vermont St.	785-842-0543	Attorney from Kansas Legal Services sent each month to answer legal questions from Seniors. Six 30-minute appointment slots are available.	Takes place on the 2nd Monday of each month from 9am-12pm. Must schedule an appointment.
Willow Domestic Violence Center	1920 Moodie Rd.	785-843-3333 (24/7 hotline)	Assistance filling out protection forms, court advocacy, and legal referrals	
LGBTQ+ RESOURCES	ADDRESS	PHONE	SERVICES	NOTES
Heartland Community Health Center	1312 W. 6th St.	785-841-7297	Services include primary medical care, medication assistance, health insurance assistance, mental health counseling, substance use treatment, dental care, case management, and other HIV-related medical and support services. Point-of-care (rapid) HIV testing.	Heartland provides integrated health care for persons living with HIV infection. The Ryan White program helps Kansans with HIV or AIDS access important health services; no income requirement is necessary.
Legal Aid Clinic at KU	1535 W. 15th St.	785-864-5564	Legal assistance for individuals seeking name and gender marker changes through Douglas County District Court	
PFLAG		LawrencePflag@gmail.com	National organization providing support, education and advocacy for LGBTQ+ people and their families. Lawrence PLAG chapter to offer monthly meetings starting in 2023.	Meetings are on the 2nd Thursday of the month, 6pm-7pm. Contact PFLAG for the location of the meeting.

Positive Connections	2044 SW Fillmore Topeka, KS	785-232-3100	STI testing, HIV testing, HIV+ care, prevention, PrEP information	Serves all of Northeastern Kansas
Trans Clothing Closet	1299 Oread Ave., Room 102 in the KU Office of Multicultural Affairs	785-864-4256	The Trans Closet is a community resource which provides clothes, shoes, makeup, accessories, waist binders and other gender-affirming materials for the trans community	Open to everyone in the queer community, regardless of KU affiliation, any time when the center is open. No cost.
MENTAL HEALTH & SUBSTANCE USE	ADDRESS	PHONE	SERVICES	NOTES
988 - Suicide and Crisis Lifeline	https://988lifeline.org/	<i>Call or Text</i> 988 <u>Local Number:</u> 785-841-2345	Lifeline providing a direct connection to compassionate care and support for anyone experiencing a mental health related distress	Distress can be related to thoughts of suicide, mental health, substance use crisis, or any emotional distress
Bert Nash Community Mental Health Center	200 Maine St. https://bertnash.org/services/faqs/	785-843-9192 (24/7 number) 785-330-8153 (Admissions Team)	Outpatient mental health services for adults and children, psychiatric medication services, case management, transitional housing, crisis services, disability application support, IPS Supported Employment Services, and SUD treatment services	The first step in receiving behavioral health services is to fill out registration forms, and after that you will be contacted to schedule an intake assessment.
Crisis Text Line	https://www.crisistextline.org/	<u>Text Line:</u> Text HOME to 741741 to reach a crisis counselor	Crisis Text Line is a non-profit serving anyone, in any type of crisis, by providing access to free 24/7 support via text messaging	Available anytime people need support; text-based service only
DCCCA, Inc.	3312 Clinton Parkway	785-841-4138	Residential & outpatient services for substance abuse & mental health disorders, fostering and adopting, drug and alcohol prevention services, traffic safety	

			services, family preservation services, addiction treatment programs, non-medical detoxification	
Engage Douglas County	https://www.engagedouglascounty.org/		Coalition focusing on substance misuse prevention, suicide prevention, mental health promotion, and more from a variety of resources and organizations within the county	
First United Methodist Church	946 Vermont St.	785-841-7500	Variety of recovery & support meetings offered throughout the week including Alcoholics Anonymous and Narcotics Anonymous	Meetings are held at downtown location (946 Vermont Street); call for more information about dates & class offerings
Heartland Community Health Center	1312 W. 6th St.	785-841-7297	Individual counseling/therapy, along with diagnosis and treatment for children and adults for anxiety, depression, ADHD, substance use disorder, bipolar disorder, and more	Mental & behavioral health services available to established patients only
Intensive Care Coordination Services, Heartland RADAC		<u>Call for an assessment/referral:</u> 913-789-0951	Assessing, screening, and referrals for substance use/and or dependence support. Care coordination services for individuals with substance/alcohol use (now or in past) or mental health issues (situational stress, depression, schizophrenia, etc.)	The ICC program is county funded meaning there is no wrong referral. If a client has high medical needs, is unhoused, etc. -- this is an appropriate reason to make a referral to the ICC Team. Heartland RADAC also provides drug and alcohol assessments. Can also call for this service separately.
Kansas Suicide Prevention HQ	2110 Delaware St.	<u>Admin:</u> 785-841-9900	24-hour crisis line for those experiencing emotional distress	Online chat at ksphq.org/help/ . Douglas

	https://www.ksphq.org/help/	Douglas County Crisis Line: 785-841-2345	& needing someone to talk to, online chat feature available, education and training for agencies & individuals, donation based therapy offerings & counseling services	County Crisis Line can refer individuals in crisis to the Bert Nash Mobile Response Team (MRT).
Mobile Crisis Response Team (Bert Nash)		Douglas County Crisis Line: 785-841-2345	Crisis assessment, intervention, and stabilization services are provided on-site to individuals in order to restore mental health functioning to pre-crisis levels; crises can include psychosis, suicidality, serious mental illness, etc.	<u>Team Availability:</u> 7 days/week from 8am-2am Mobile Crisis Response can be accessed by calling the Douglas County Crisis Line
NAMI of Kansas (National Alliance on Mental Illness)	1801 SW Wanamaker Rd. Topeka, KS 66604 https://namikansas.org/support-and-education/mental-health-education/family-to-family-class/	785-840-5889	Free educational programming on supporting loved ones with mental health conditions; family-to-family support and programs taught by family members living with neurological disorders; variety of support groups offered	Learn more about the Family-to-Family evidence-based program at the NAMI KS website
Narcotics Anonymous	PO Box 991 Lawrence, KS 66044 https://www.miracleareana.com/	<u>Info Line:</u> 855-732-4673	Narcotics Anonymous offers recovery to addicts, focusing on the disease of addiction rather than a particular drug	Serving Lawrence, Eudora, Baldwin, Lecompton, and Ottawa
Positive Bright Start	1900 Delaware St.	785-842-9679	Free play therapy for kids under 6 and their families	
Psychology Today	https://www.psychologytoday.com/us		Website used to find therapists in your area; offers a local directory of therapy providers	Opportunity to filter therapists by accepted insurance, sexuality, types of therapy used, specialized issues, etc.

Satori Counseling Services	https://satoricounseling.com/	785-246-9490 info@satoricounseling.com	Satori Counseling Services is a Black-owned, progressive therapist collective providing therapeutic services, monthly emotional regulation & anger management seminar, and batterer intervention program	Does not accept KS Medicaid; Blue Cross Blue Shield or private pay only
SMART Recovery Groups	bliese@kumc.edu		Self Management and Recovery Training (SMART) supports individuals who have chosen to abstain or are considering abstinence from any type of addictive behavior, such as substance abuse or gambling addiction.	Meetings online and in-person: Wednesdays, 5-6:30pm Meetings Online Only: Fridays, 5-6:30pm
Treatment and Recovery Center of Douglas County	1000 W. 2nd St https://www.trcdgks.org/		The TRC is the place where our community members come to begin their behavioral health or substance use recovery journey, whether they're simply seeking a life change, or find themselves in crisis and need help now. The Urgent Care Unit at the TRC is open from 8am-8pm weekdays and 12-4pm weekends, 365 days a year.	If you are in need of care now, call the Douglas County Crisis Line at 785-841-2345 or the National Suicide and Crisis Lifeline at 988.
PREGNANCY & BIRTHING	ADDRESS	PHONE	SERVICES	NOTES
Catholic Charities of NE KS	1525 W. 6th St.	785-856-2694	Pregnancy Counseling Program which includes free baby items and diapers, car seat and Safe Sleep training, prenatal/postnatal education, regular visits, and referrals to community partners	Program is free, voluntary, and confidential
Child Support Services Agency	1901 Delaware St. (Lawrence Office)	Child Support Services Call Center:	Child Support Services through DCF offers free genetic testing to establish paternity, help finding	In Kansas, the Child Support Services agency is part of the Kansas

		888-757-2445	the father if he has moved, getting a support order and collecting child support payments.	Department for Children & Families (DCF). To receive services, call the Child Support Call Center.
Doulas of Douglas County	<a href="https://www.doulasofdouglascou
nty.org/">https://www.doulasofdouglascou nty.org/ doula@dcsb6.org	785-760-3924	Offers pregnancy, birth, postpartum and parenting support to families in Douglas County. You can request a doula or breastfeeding support on website under "Meet the Doulas."	Services are available at no cost to BIPOC birthing bodies, including immigrants and Spanish speaking families.
Lawrence-Douglas County Public Health Clinic	200 Maine St.	785-843-3060	Breastfeeding support, family planning, WIC nutrition; home visiting and intensive case management services offered through the Healthy Families and Baby Steps Programs.	Clinic Hours: Monday-Friday 8:30am-5pm (but opens at 10am on Tuesdays). Family planning services operate on a sliding scale fee.
LMH Postpartum Support	330 Arkansas St. https://www.lmh.org/get-care/family-birthing-center/postpartum-support/	785-505-6390	Support groups for new parents, breastfeeding, and postpartum depression and anxiety. Parenting, birthing, and breastfeeding classes offered.	
Planned Parenthood of Overland Park	4401 W 109th St., #100 Overland Park, KS 66211	913-345-1400	Reproductive healthcare provider, providing abortion, birth control, HIV services, emergency birth control, pregnancy testing, STD testing, & women's healthcare	Services are provided with or without insurance. Accepts Medicaid. Open every day except Sunday & Monday. Call to book an appointment.
RENT & UTILITIES ASSISTANCE	ADDRESS	PHONE	SERVICES	NOTES
Access from AT&T	https://www.att.com/internet/access/	855-220-5211	Low-cost wireline home internet service to households with at least one resident who participates in Supplemental Nutrition Assistance Program	

			(SNAP) and who resides at an address covered by that program	
Affordable Connectivity Program (Internet Service Discounts)	https://getinternet.gov/	877-384-2575	Federal program providing a discount on broadband internet services for eligible households. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.	Monthly discount of up to \$30 per month and \$75 per month for households on qualifying tribal lands; eligible households can also receive a one-time discount of up to \$100 to purchase a laptop
Ballard Center	708 Elm St.	785-842-0729	Family stabilization funding available, targeted to families with children under 18 years of age	
Catholic Charities of Northeast Kansas	1525 W. 6th St.	785-856-2694	Rent and utility support, by appointment only. Support is subject to funding (no guarantee)	Best to call on Thursday mornings to set up an appointment time
Emergency Loan Fund	https://assets.lawrenceks.org/pds/devservices/cdd/applications/2022/pds-hid-emergencyfurnaceloan-6-2022.pdf	785-832-7700	Loans of up to \$5000 (\$2500 for mobile homes) for emergency repairs and furnace replacement	
Cold Weather Rule	https://kcc.ks.gov/consumer-information/cold-weather-rule	800-662-0027	The Cold Weather Rule ensures that you have electric, gas, and water service during the winter. A utility company can't disconnect your service when the temperature is forecasted to drop below 35 degrees Fahrenheit within the following 48-hour period.	Read the KCC website for pertinent information and payment plan options
Corpus Christi Catholic Church	6001 Bob Billings Parkway	785-843-6286	Assistance offered on a case-by-case basis after all other financial options are	Call Tuesday/Thursday between 1-3pm. Services only offered once every 3

			exhausted; gas & food cards available for those with a valid Douglas County drivers license	months
ECKAN	2518 Ridge Ct. (basement level)	785-841-3357	Rental and utility assistance while funding is available	This service is by appointment only. Please contact Lillie for an appt.
GetACP	http://getacp.org/kansas		Pre-screening tool to prepare households for Affordable Connectivity Program enrollment and provide on-demand support.	This tool will help you know what documents you will need to apply, and how to connect to internet plans in the area
Douglas County Housing & Human Services: Housing Stabilization Collaborative	Rental & Utility Application: https://hscdgco.org/	785-832-5100 press 4	Rent, utility, and security deposit assistance through online application at hscdgco.org . Limited assistance distributed through a lottery system; see website for details and most up-to-date information.	Reach out to hsc@douglascountyks.org with any questions
Lifeline Program (Phone & Internet Services Discounts)	https://www.lifelinesupport.org/ (federal program) https://kcc.ks.gov/telecommunications/lifeline (state program)	<u>Federal Program:</u> 800-234-9473 <u>State Program:</u> 800-662-0027	Federal program provides low-income households a monthly discount of up to \$9.25 per month on broadband internet services or eligible phone services (landline or wireless phone); consumers living on tribal lands are eligible for an enhanced discount of up to \$34.25 per month. State program provides a discount of up to \$7.77 per month on phone service only. Discounts from the state and federal programs can be combined.	Kansas portion of the discount may only be applied to phone service. Federal discounts can be used for phone or internet service. If you are enrolled in the Lifeline Program, you automatically qualify for the Affordable Connectivity Program; see website for guidelines & eligibility criteria.
Low Income Energy Assistance Program (LIEAP)	1901 Delaware St.	800-432-0043	Heating bill assistance program available January-March through	Apply at Salvation Army, ECKAN, and Lawrence

			KS DCF	DCF Office; LIEAP pays only one benefit per year
Tenant Based Rental Assistance	https://kshousingcorp.org/tenant-based-rental-assistance/	785-217-2045	Helps income-eligible households with rent, security deposit, and utility deposit assistance	Douglas County TBRA provider is Bert Nash. Call for more information on applying.
Warm Hearts of Douglas County	https://www.warmheartsofdouglascounty.com/		From January 1-May 31, up to \$600 for energy bill assistance. Includes gas, electric, propane, or wood.	Apply at Ballard Center, ECKAN, Senior Resource Center, Catholic Charities, or Salvation Army
SAFETY	ADDRESS	PHONE	SERVICES	NOTES
Elder Abuse Hotline	http://www.dcf.ks.gov/services/PPS/Pages/ReportAdultAbuseNeglect.aspx	800-922-5330	Hotline for reports of adult abuse, neglect and exploitation occurring in our community.	Hotline is staffed 24/7, including holidays. If you suspect an adult is at immediate risk, contact 911.
Senior Resource Center	745 Vermont St.	785-842-0543	Assistance for seniors experiencing elder abuse and/or neglect	
The Sexual Trauma and Abuse Care Center	330 Maine St.	785-843-8985 (24/7 hotline)	24/7 advocacy and response, hospital advocacy, therapy and support groups, prevention & education, Lawrence Ordinance & Safe Bar Alliance Trainings.	Free and confidential services for victims/survivors of sexual assault and abuse. For more info call the hotline
Willow Domestic Violence Center	1920 Moodie Rd.	785-843-3333 (24/7 hotline) 785-331-2034 (Admin Line)	Emergency shelter, individual counseling, support groups, case management, court advocacy, safety planning	Services are also available to community based clients
SENIORS	ADDRESS	PHONE	SERVICES	NOTES
Douglas County Visiting Nurses Association	200 Maine St., Ste. C	785-843-3738	Not-for-profit, physician-ordered home health nursing, therapy,	Help at Home private pay non-medical care,

	http://www.kansasvna.org/		and aide services to the home-bound and acutely ill; not-for-profit, hospice nursing, social work, and bereavement care to patients at end-of-life;	personal care assistance, companion care
Habitat for Humanity	2108 W. 27th St., Ste. C	785-832-0777	Habitat's Aging in Place Program aims to provide interior & exterior home repairs for seniors unable to make changes on their own, so they can remain in their homes	
Jayhawk Area Agency on Aging	2001 Haskell Ave.	785-235-1367	In-home services, case management, caregiver support, insurance counseling, nutritional & wellness programs	
Kansas Advocates for Better Care	536 Fireside Ct., Ste. B	785-842-3088	Empowerment, advocacy, and resources for older Kansans and their families	
Meals on Wheels	2121 Kasold, Ste. B	785-830-8844	Lawrence Meals on Wheels serves hot, nutritious meals to the homebound elderly and/or disabled	Meals are served Monday-Friday; to see if you qualify, please call
Senior Resource Center	745 Vermont St.	785-842-0543	Resources and referrals for seniors and their loved ones for crisis support and critical needs, activities & social engagement	
Tenants to Homeowners	2518 Ridge Ct. #103	785-842-5494	Helping Hammer Senior Home repair program providing home repairs & modifications	Contact the Senior Resource Center for a referral
TECHNOLOGY RESOURCES	ADDRESS	PHONE	SERVICES	NOTES
ADA Computer Lab – Independence, Inc.	2001 Haskell Ave.	785-841-0333	Computer lab equipped with a variety of assistive technologies	Open to the general public, no appointments

	http://www.independenceinc.org/		& software to ensure accessibility for all individuals living with disabilities	necessary; one-on-one tech support is available
Assurance Wireless: Lifeline Phone Service Program	https://www.assurancewireless.com/ (visit to apply)	<u>Toll Free Number:</u> 888-321-5880	The Assurance Wireless offer provides eligible low-income customers free monthly data, unlimited texting, and free monthly minutes. Plus a free phone.	Assurance Wireless is a federal Lifeline Assistance Program. You may qualify if you are on certain public assistance programs.
EveryoneOn	http://www.everyoneon.org		Website helping individuals find low-cost internet service options in your community. Connection to Digital Learning Resources.	This tool may not include every company that provides low-cost options in your community
Kansas Telecommunications Access Program (TAP) Program	https://independenceinc.org/kansas-telecommunication-access-program/	785-841-0333 ext. 107	Individuals who have a hearing, vision, speech, cognitive, or mobility disability or impairment can apply and receive equipment	Must meet income guidelines and have home telephone service
Lawrence Workforce Center Computer Lab	2920 Haskell Ave., #2	785-840-9675	Computers available for public use for anything job related like assessments & testing	
One-On-One Technology Assistance, Lawrence Public Library	707 Vermont St.	785-843-3833	Library Tech Staff are available to help with tasks like using a computer or laptop or surfing the internet; setting up Facebook, email, or other accounts; using your smartphone; or other specific technology-related questions	To schedule an tech appointment, visit the Tech Desk or call 785-843-3833 ext. 139; one-on-ones are limited to two sessions per month
PC's for People	518 Santa Fe St. Kansas City, MO 64105 https://www.pcsforpeople.org/eligibility/	816-259-0851	Program assisting low-income communities in gaining access to low-cost internet & computers. Desktops start at \$30, laptops start at \$50 for income eligible individuals; free digital literacy	See website for eligibility requirements

			courses offered daily	
Drop In Tech Support, Senior Resource Center	745 Vermont St.	785-842-0543	One-on-one assistance for seniors experiencing a technology issue or hardship	This service is available at the Senior Resource Center on Tuesday afternoons, from 2-3:30pm. No appointment necessary.
The RETURN Project		785-864-1561	Technology education program teaching important computer skills for job participation and career advancement such as Microsoft office, personal branding, and website creation and management	Education is for women recently released from jail or prison in Kansas and Missouri. Must be female, 18+ years, served time in jail or prison, and live in Kansas or Missouri
Senior Resource Center	745 Vermont St.	785-842-0543	Corps of volunteers offering technology assistance to homebound seniors such as helping troubleshoot tech devices, set up printers/VCR's, etc.	Service is offered on a case-by-case basis, dependent upon volunteer availability & interest
THRIFT STORES, CLOTHING & FURNITURE	ADDRESS	PHONE	SERVICES	NOTES
The Bump -- Maternity Clothing Store	Malls Shopping Center, 711 W. 23rd St., No. 22	785-317-3619	Affordable maternity clothing, new clothes, bras, swimming suits, maternity bands, some lactation equipment, cards for celebration and infant loss, and a few baby clothes	Small play area for kids, a sitting area for partners, and a changing area so people can try clothes on
BuyNothing Lawrence Kansas	https://www.facebook.com/groups/2603940136502777		Buy Nothing Lawrence, KS is for neighbors in Lawrence, KS. Post anything you'd like to give away. Ask for anything you'd like to receive for free or borrow.	In this group there is no buying or selling, no trades or bartering, no soliciting for cash; the group is for adults only.
Catholic Charities of	1525 W. 6th St.	785-856-2694	Food pantry & clothing closet	Clients can visit the pantry

Northeast Kansas			open Monday-Thursday, 9am-4pm	every 30 days
Community Children's Center	1605 Davis Rd. (Kennedy Early Childhood Center)	785-813-1272	Early childhood clothing closet including maternity clothing, kids clothing sizes 0-6, diapers, and infant supplies	Call/text to schedule a shopping or donation appointment
FreeCycle	http://Freecycle.org		Website where people give away various items for free like furniture, home decor, etc.	Option to search by the area you are located in
Give It Get It, Inc. (GIGI)	925 Iowa St., Ste. K	info@giveitgetitinc.org	By-donation thrift store and community gathering space; provides clothing, bedding, blankets, kitchen items, toys & other household items free of charge; donations are accepted	Transportation for items bought from GIGI provided on an as-needed basis Open Wednesday 2-7pm, Saturday/Sunday 12-5pm, and Thursday/Friday by appointment
Habitat for Humanity ReStore	2108 W. 27th St., Ste. C	785-856-6920	Furniture, appliances, lighting, doors, windows, plumbing, bath, cabinets, flooring, HVAC, building materials	Open Tuesday-Saturday 10am-5pm
His Hands Clothing Closet	736 B Main St. Eudora, KS 66025	785-690-7220	Non-profit resale, helping individuals and families with clothing free or cheap	Open Saturday 12-4pm
Move Out Program, Lawrence Community Shelter	3655 E. 25th St. https://www.lawrenceshelter.org/move-out/	785-832-8864	Volunteer-run program providing basic furniture to individuals and families exiting homelessness within Douglas County. Pick-up and drop-off times are based on volunteer availability	If you would like to donate or are a case manager at a partner agency, please complete the appropriate form on the website
St. John's Rummage House	1246 Kentucky St.	785-843-0109	Used items at discounted prices	Shopping Hours: Wednesday: 11am-3pm Saturday: 8:30am-12:30pm

Salvation Army Family Store	1601 W. 23rd St.	785-856-1115	Furniture, clothing in all sizes, shoes, bags, homewares	
Social Service League	905 Rhode Island St.	785-843-5414	Clothing, shoes, bags, homeware items, basic need items, coats, blankets, sheets, general household items, work professional clothes for job interviews	Vouchers are served Tuesday, and Thursday 10am-1pm
TRANSPORTATION	ADDRESS	PHONE	SERVICES	NOTES
Amtrak Lawrence	413 E. 7th St. https://www.amtrak.com/stations/lrc		Offers passenger rail service from the Lawrence Depot; website contains information about the Lawrence Amtrak station	Purchase tickets at any time on the Amtrak website
Greyhound: Lawrence Bus Stop	Southwest corner of 7th & Vermont Streets https://bit.ly/LFKgreyhound	800-231-2222	Greyhound provides service to Lawrence three times a day on its route between Topeka and Kansas City, and connects to thousands of cities across the country	Tickets not sold at this location. Order online, or call 1-800-231-2222 and then pay for your ticket at ACE Cash Express at the corner of 6th & Kasold
Independence, Inc. – General Transportation Service	2001 Haskell Ave. https://independenceinc.org/transportation/	785-841-0333 ext. 112	Accessible vehicles providing general transportation services for residents of Douglas County; final rides begin at 4pm	Rides for \$3; schedule rides a week in advance; call 785-843-5576 to schedule a ride
K-10 Connector, RideKC	https://ridekc.org/routes/510-k10-connector		Provides public transportation services to Johnson County, downtown Kansas City, MO, Kansas City, Kan., and other outlying areas	Hours: 6am-11:30pm, Monday - Thursday. 6am - 7pm on Friday. Fare free through 2023
Lawrence Transit	933 New Hampshire St.	785-864-4644	Training sessions on how to ride the fixed-route bus system and other transit options are available	Lawrence Transit is Fare Free for all services in 2023 including fixed route, T-Lift, Night Line, and future Sunday Micotransit

Modivcare – State of Kansas	https://www.modivcare.com/contact-us-business	United Healthcare members: 877-796-5847 Sunflower members: 877-917-8162	In the State of Kansas, Modivcare is contracted to arrange transportation for United Healthcare and Sunflower members for non-emergency medical appointments	Three business days (72 hours) notice prior to a scheduled appointment is necessary. (Example: Call on Monday for a Thursday appointment.)
On Demand - Lawrence Transit	https://lawrencetransit.org/on-demand/	<u>Call to Schedule:</u> 785-312-7054	After-hours bus service for those needing rides in Lawrence from 8pm-6am. On Demand is a shared ride service, so several passengers may be on board.	Lawrence Transit is Fare Free for all services in 2023 including On Demand. Must schedule your ride in advance during business hours.
Senior Wheels Program (Senior Resource Center)	745 Vermont St. https://yoursrc.org/senior-wheels/	<u>Call to Schedule:</u> 785- 727-7876	Wheelchair-accessible transportation service available Monday-Friday, 7am-3:30pm for seniors 60+	City rides: \$4.00 one-way County rides: \$6.00 one-way
T-Lift	www.lawrencetransit.org	785-312-7054	Door-to-door, shared ride paratransit service. Available to transit riders living with a disability	Call for more info and to begin the application process
YOUTH & PARENTING	ADDRESS	PHONE	SERVICES	NOTES
Ballard Center	708 Elm St.	785-842-0729	Early childhood education program, diaper pantry, and emergency funding for families to maintain housing stability	
Big Brothers Big Sisters	2518 Ridge Ct.	785-843-7359	Helps match caring adult mentors with children who need them in Douglas County	Call to schedule an appointment
Boys & Girls Club	2910 Haskell Ave.	785-841-5672	14 sites across Lawrence, providing after-school childcare	Scholarships available; childcare hours vary by

			programs for children of parents and support such as homework help, tutoring, and drug/alcohol prevention and education	school. More information about programs can be found here: https://bgclk.org/our-mission/our-programs/
Center for Supportive Communities	http://www.supportivecommunities.org/	847-636-2778 (Dr. Dachman)	SupportED (community-based school attendance & truancy diversion program); behavior therapy, behavioral parent and teacher training, skills groups, functional behavior assessment, consultation, staff training and workshops	To learn more, email info@supportivecommunities.org , call Dr. Dachman at 847-636-2778, or visit www.supportivecommunities.org
Child Care Aware of Eastern KS	https://east.ks.childcareaware.org/	785-357-5171	Child care resource and referral agency working to ensure all children have access to quality, affordable childcare by supporting families in their childcare search	
Children and Families Mobile Crisis Helpline		833-441-2240	Over-the-phone support for behavioral health crisis, referral to resources or stabilization services, mobile crisis response if crisis cannot be solved over the phone	Services available for all Kansans 20 years old or younger or those formerly in foster care
Community Children's Center	1605 Davis Rd. (Kennedy Early Childhood Center)	785-813-1272	Early Childhood clothing closet, parent & family support, free home visits, connection to community resources, Parent & Caregiver series to help you learn strategies to better connect with your children, Trauma Awareness Training Series, and Early Childhood Board Book Nook	Services are available for families in Douglas County with children 0-5 years old. Book Nook & clothing closet are by appointment only.
O'Connell Children's Shelter	1925 Delaware St.	785-842-9356	Nonprofit working with youth in	Call for appointment; case

	(Satellite Office Location)		the foster care system. Residential group care, family foster care, and prevention/high school truancy services	managers work out of the satellite office location
Early Childhood Pre-K Program	1605 Davis Rd. https://www.usd497.org/Page/1185	785-832-5760	The pre-K readiness program provides a free early childhood educational experience for children who may not otherwise have the opportunity to attend preschool	Children must live in the Lawrence Public Schools district area; must be 4 years old on or before August 31st. See website for program guidelines, the program will be taking a limited number of 3 year olds for the 2023-2024 program
ECKAN Early HeadStart	925 Vermont St.	785-418-8177	HeadStart programs serve children ages 3-5 & can provide health screenings, nutrition education, social services support, help with learning disabilities, and more	Households at or below 100% of the Federal Poverty Guideline are eligible for Head Start programs
Heartland Community Health Center @ Panda Pediatrics	1803 W. 6th St. (Panda Pediatrics Location)	785-842-4477	Services include pediatric primary care, pediatric dentistry, mental & behavioral health	Staff through the Compass Project can enroll and check for insurance eligibility. Heartland @ Panda Pediatrics accepts all patients regardless of income or insurance status
Independent Living Program, Department for Children & Families	1901 Delaware St. (Lawrence DCF Office) https://www.dcf.ks.gov/services/pps/pages/independentlivingprogram.aspx	785-368-8192	Financial support for post-secondary education, room and board assistance, transportation costs, book and materials related to education or training programs, medical services through the Medical Card Extension Program	Youth must have experienced foster care at age 14 or older and can participate up to 26 years old.

Indigenous Community Center		indigenouscommunitycenter@gmail.com	Missing and Murdered Indigenous Women, Girls, Two-Spirit, and Trans chapter; cultural classes, two-spirit support group, Indigenous Skate Team, Indigenous Science Days; Nanasoohannena Farm teaching agricultural practices	Informational, educational, awareness, and volunteer opportunities about a wide range of subjects specifically about Indigenous people
Insight Women's Center	3210 Mesa Way, Ste. C Lawrence, KS 66044	785-842-6499	Pregnancy verification tests, limited ultrasounds, education about pregnancy options, after-abortion support group, parenting education lessons, healthy relationships education, pregnancy & infant loss support, fatherhood classes	
Kansas Dept. for Children & Families	1901 Delaware St.	785-832-3700	A variety of resources, including child support, economic and employment, prevention and protection, and rehabilitation services	
Kansas Education Enrichment Program	https://www.keep.ks.gov/		Provides qualifying parents and guardians with a \$1,000 award per eligible child to pay for a variety of educational goods and services that promote learning recovery and facilitate academic enrichment opportunities	Visit the website to see how it works for parents, guardians, students, and service providers
KU Child & Family Services Clinic	1000 Sunnyside Ave., #2021	785-864-4416	Low-cost mental health assessment services, treatment programs, consultations, and school-based interventions	Does not accept insurance
Lawrence-Douglas County Public Health	200 Maine St.	785-856-7361	Home visiting and case management services through Healthy Families & Baby Steps, prenatal programs	

Mirror, Inc. Work for Success	3205 Clinton Parkway Ct.	785-261-3175	12-week parenthood evening class Tuesday nights from 5-7pm (free of charge). Curriculum includes teaching on fatherhood, motherhood, and healthy relationships	Parents are fed dinner and transportation can be arranged if needed. Case management services for barrier reduction also included.
Parents as Teachers	1605 Davis Rd. https://www.usd497.org/Page/4267	785-330-1651	Personalized visits, screenings, group connections, and resource connections	Serving families with children age 0-5; enrollment available online through Lawrence Public Schools website
Positive Bright Start	1900 Delaware St.	785-842-9679	High-quality, low-cost childcare, childcare tuition assistance, and therapy services for children under six and their families. Food provider for home daycare through the CACFP program.	Mental health services open for residents of Douglas County
Safe Kids of Douglas County	5100 Overland Drive Lawrence,KS 66044	785-830-7455	Free car/booster seats, car-seat checkups, safety workshops and sports clinics that help parents and caregivers prevent childhood injuries	
SparkWheel	1919 Delaware St.	785-856-5190	Assistance with access to food and healthcare, after-school tutoring, mentoring, parent support, out-of-school enrichment	Serving students and families attending Prairie Park Elementary - 2711 Kensington Rd.
Success by 6 (SB6)	543 Lawrence Ave., Ste. E	785-842-8719	SB6 is a coalition providing funding and policy support to early childhood agencies in Douglas County.	SB6 provides administrative support for Centro Hispano and Doulas of Douglas County; refer to these programs for more information
Infant-Toddler Service of	1605 Davis Rd.	<u>Main Office</u>	Early intervention services	Services are home-based,

Douglas County	https://www.usd497.org/Domain/7539	785-330-2323 Fax Number 785-596-6540	including physical, occupational, & speech therapy, and early childhood special education; case management also available	free, and intended for children 0-35 months old; parents can submit a self-referral form online
Tykes Douglas County	https://www.tykesdc.org/		An online resource hub for all things early childhood; serves as a one-stop shop for families, caregivers, and early childhood professionals	To learn more visit the Tykes Douglas County website
Willow Domestic Violence Center	1920 Moodie Rd.	785-843-3333 (24/7 hotline)	Positive Parenting support group, and presentations on teen dating violence, interpersonal violence, and healthy relationships	