



707 Vermont | Lawrence, KS 66044 | 785-843-3833 | lplks.org



LAWRENCE RESOURCE GUIDE

Updated: May 23, 2022

For updates and edits, contact Marc Veloz at mveloz@lplks.org.

*For expanded information about services, visit <https://lplks.org/community-resources/>

ADULT LEARNING	ADDRESS	PHONE	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave. #100	785-330-2133	Reading and math, GED, and ESL classes	
Peaslee Tech	2920 Haskell Ave. #100	785-856-1801	Technical and workplace skills training for a variety of fields and industries	Financial assistance and/or apprenticeship opportunities available for many programs
Lawrence College and Career Center	2910 Haskell Ave.	785-832-5900	An alternative setting that serves students grades 10-12 in Lawrence public schools, and allows them to enroll in a variety of courses	
ANIMALS	ADDRESS	PHONE	SERVICES	NOTES
Lawrence Humane Society Crisis Pet Retention Program	1805 E. 19th St.	785-856-0223	Financial assistance with pet deposits/pet rent, essential pet supplies, emergency vet care, behavior consulting, temporary boarding, wellness medical care (such as neuter and spay). Pet food supply pantry.	cpr@lawrencehumane.org . Services are provided 7 days a week. If you need help applying, contact Humane Society's Social Worker, Maddie Lockett at 515-462-0043

Animal Control	111 E. 11th St.	785-832-7509		
DISABILITY & ACCESS	ADDRESS	PHONE	SERVICES	NOTES
ARC of Douglas County	2518 Ridge Ct. #238	785-749-0121	Provides services to individuals with intellectual/developmental disabilities and their families, including targeted case management, IEP support, independent living counseling, advocacy and training	
Assistive Technology for Kansans	http://atk.ku.edu	785-267-1717 800-526-3648	Devices and services that help people hear, see, live, learn, and work better. Device demonstrations, short-term equipment loan, AT reuse, and assistance locating funding for devices	
Bert Nash SSI/SSDI, Outreach, Access & Recovery (SOAR) Team	200 Maine St. #A	785-843-9192, ext.5	Assists with accessing resources and benefits and entitlements application process	Services only open to Bert Nash Clients
Cottonwood CDDO-Community Developmental Disability Organization	2801 W. 31st	785-840-1632	Single point of entry for intellectual/developmental disability waiver services eligibility and referral	
Cottonwood, Inc.	2801 W. 31st St.	785-842-0550	Full range of support for people with disabilities, including residential and employment services, MAP program hires people with any kind of medical or mental health disability	
Disability Rights Center of Kansas	214 SW 6th Ave, Ste. 100, Topeka, KS 66603	785-273-9661	Attorneys and advocates who provide free advocacy and legal services for disability rights	

Independence, Inc.	2001 Haskell Ave.	785-841-0333	Services and referrals for those with disabilities; employment services, independent living skills training, advocacy, housing services, medical equipment loan bank & peer support groups	Serves families, loved ones & individuals living with physical, mental, and behavioral health disabilities.
Kansas Audio-Reader Network	1120 W. 11th St.	785-864-4600	Reading and information services for blind, visually impaired, and print disabled individuals in Kansas, free of charge	
Kansas Commission for the Deaf and Hard of Hearing	555 S. Kansas Ave Topeka, KS	800-432-0698	Rehabilitation services	
Kansas Commission on Disability Concerns	kcdcinfo.ks.gov	800-295-5232	Extensive lists of in-state services for Braille and alternate formats, assistive technology, sign language interpreters, service animals, and more	
Kansas Dept. for Aging and Disability Services	503 S. Kansas Ave., Topeka, KS	785-296-4986	Assistance with Medicare, behavioral health services, and home and community-based service programs	
Kansas Talking Books		800-362-0699 620-341-6280	Provides personalized library support and materials in a specialized format to eligible Kansas residents to ensure that all may read	
Schiefelbusch Speech-Language Hearing Clinic	1200 Sunnyside #2101	785-864-4690	Offers comprehensive services to people with communicative disorders	
Social Security Office	1440 Wakarusa #200	800-772-1213	Learn about and apply for disability benefits	
T-Lift	www.lawrencetransit.org	785-312-7054	Door-to-door, shared ride paratransit service. Available to	Call for more info and to begin the application

			transit riders living with a disability	process.
Trinity In-Home Care	2201 W. 25th St. Ste. Q	785-842-3159	Respite and attendant care to individuals with disabilities and older adults	
Visiting Nurses Association	200 Maine St.	785-843-3738	Physician-ordered home visits for the home-bound; acutely ill patients; end-of-life care with emphasis on comfort; personal care and housekeeping	
Working Healthy Kansas		785-330-8602	Offers people with disabilities who are working (or interested in working) the opportunity to get or keep Medicaid coverage while on the job	https://kancare.ks.gov/consumers/working-healthy
EMPLOYMENT	ADDRESS	PHONE	SERVICES	NOTES
Ballard Center	708 Elm St.	785-842-0729	Work Professional Closet	
Cottonwood Inc MAP Program	2801 W. 31st St.	785-842-0550	MAP Program --Employment services for individuals with any kind of medical or mental health disabilities. JobLink Division – customized employment services for people with disabilities.	Case Management & Job Skills Training included with employment service; accommodations needed to maintain employment will be provided
Heartland Works, Inc.	5020 SW 28th #100 Topeka, KS	785-234-0500	Offers workforce development services in a seventeen county region of northeast Kansas	
Lawrence-Douglas County Housing Authority	1600 Haskell Ave. #187	785-842-1533	Employment assistance provided to those living in public or Section 8 housing	
Lawrence Workforce Center	2920 Haskell Ave. #2	785-840-9675	Resume help, job searching, career planning, Business Services such as free job postings for employers and labor market	

			information	
VanGo Inc.	715 New Jersey St.	785-842-3797	Employs qualifying youth ages 14-24 to make public works of art that are sold in the community.	Youth receive employability skills training, health & wellness education & social service support
FOOD- FINANCIAL ASSISTANCE	ADDRESS	PHONE	SERVICES	NOTES
Double Up Food Bucks	Doubleupheartland.org	877-653-9522; SNAP@harvesters.org	SNAP (food stamps) matching program providing dollar-for-dollar matching at regional farmers' markets	
Harvester's SNAP Helpline		1-877-653-9522	This hotline can help you determine if you are eligible for SNAP, and then assist you with completing and filling out your application. Harvester's will submit your application to the state.	The team will explain the next steps after the application is submitted and provide contact info you need for those steps.
Kansas Department of Children and Families-- SNAP (Supplemental Nutrition Assistance Program)		877-653-9522 (SNAP hotline) 785-843-7058 (County SNAP-Ed #)	Provides qualifying low-income households with food benefits, access to a healthy diet and education on food preparation and nutrition	For help applying locally: Call JustFood, Ballard Center, or Senior Resource Center to schedule an appointment.
K-State Research and Extension of Douglas County		785-843-7058	SNAP-Ed food and nutrition education; cooking class opportunities	
mRelief		https://www.mrelief.com/	Non profit that helps you determine if you are eligible for SNAP & then helps you apply	Visit https://www.mrelief.com/
WIC Nutrition (Women, Infants, Children)	200 Maine St.	785-856-5350	<ul style="list-style-type: none"> Personalized nutrition information and support Electronic benefit transfer 	Eligibility: for pregnant and postpartum women, infants and children up to age 5

			<ul style="list-style-type: none"> cards to buy healthy food • Tips for eating well to improve health • Breastfeeding support program • Referrals for services that can benefit the whole family 	who are determined to be at nutritional risk and meet income guidelines
FOOD PANTRIES + FREE MEALS	ADDRESS	PHONE	SERVICES	NOTES
Ballard Center	708 Elm St.	785-842-0729	Food pantry by appointment only	
Campus Cupboard	1301 Jayhawk Blvd, Level 4	785-864-4060	Food pantry for KU students, faculty, staff, and affiliates	Open Monday, Tuesday, and Thursday 8am-4pm
Catholic Charities	1525 W. 6th St. Suite A&B	785-856-2694	Food pantry	Open Monday - Thursday, 9am-4pm
ECKAN	2518 Ridge Ct. Ste. 101	785-841-3357	Food pantry	Monday, Wednesday and Thursday. 9am to 3:30pm by appointment, only once every 30 days
First Baptist Church	1330 Kasold Dr.		Food pantry	Every Wednesday 12pm-2pm; 1st and 3rd Wednesday 5:30-6:30pm
Food Not Bombs	At Lawrence Public Library 707 Vermont		Free meals	Summer hours: Mondays at 5:30pm
Free Market at Edgewood Homes	16th and Haskell	785-764-5899	Fresh garden produce, sustainably grown by youth, is offered at no cost to anyone needing access to fresh produce and bread.	2022 Start Date is Wed, May 25th. Distribution is every Wednesday, 4-6pm.
Global Cafe	920 Massachusetts		Free meals	Weekends at 9am
Harvesters Community Food Network	215 SE Quincy Topeka, KS 66603	785-861-7700	Food Locator service to help identify pantries, drive-thru food pickup locations & kitchens where	https://www.harvesters.org/get-food-assistance/food-locator

			prepared meals are served	
Jubilee Cafe	946 Vermont		Free meals offered at First United Methodist Church	Tuesdays and Fridays at 7am-8am; Enter through the doors on 10th Street
Just Food	1000 E. 11th St.	785-856-7030	Food pantry; accessible to a household once per calendar week; Cruising Cupboard (mobile food pantry) has weekly stops in Lawrence, LeCompton, Baldwin and Eudora. Kitchen Supplies program for families in need.	Pantry hours: Tuesday & Thursday 9am - 6pm Wednesday & Friday 9am - 3pm
Lawrence First United Methodist Church	867 Highway 40		Drive-through pick-up offered through Harvesters	2nd Saturday of the month 11am-12pm
Lawrence Freedgin Kansas Fridge Group	Located behind Latchkey Deli at 1035 Mass St.	lawrencefreedginkansas@gmail.com	Community pantry, open 24/7	Mutual aid group; takes requests for items.
LINK	221 W.10th Street (enter through the basement entrance of Church)	linksince1985@gmail.com	Free meals	Tuesday, Thursday, Saturday and Sunday at 1pm
Salvation Army	946 New Hampshire	785-843-4188	Free meals and food boxes	Mobile hot lunch: Monday, Wednesday, Friday 1pm-2pm; Food box pickup Tuesday and Thursday 10am-12pm
Sunrise Project	1501 Learnard Ave	785-865-1618	Free Porch Pantry open 24/7; free meals offered 1st and 3rd Wednesdays of the month 5-6pm; Free Community garden open from dusk until dawn during spring, summer & fall	For up to date information, please check their website or Facebook page
Trinity Interfaith Pantry	1027 Vermont		Food pantry	Tuesdays 1-3pm Saturdays 10am-12pm

Westwood House	1421 W 19th St 785-592-3443		Food pantry & weekly pre-packaged meals offered for students at the University of Kansas & Haskell Indian Nations University.	~Pantry hours: Monday - Thursday, 4-6pm ~“Vegans, Veggies and Vibes” meal kit pickup: Tuesdays, 4-6pm
HEALTHCARE	ADDRESS	PHONE	SERVICES	NOTES
First Med	3211 S. Iowa St., #100	785-505-5475	Walk-in clinic for minor emergencies or illnesses	Affiliated with LMH Health. Open 7 days/week.
Haskell Indian Health Center	2415 Massachusetts	785-843-3750	Family practice, dental, optometry, physical therapy, behavioral health, diabetes prevention care, pharmacy, & lab services	Health services available to any federally recognized tribal member
Heartland Community Health Center	1312 W 6th St.	785-841-7297	Primary care, dental care, pediatrics, mental & behavioral health, COVID-19 clinic, pharmacy, and food pantry are available. Medicaid eligibility and enrollment assistance.	Patients are accepted regardless of income or insurance status. Mental & Behavioral services available to established patients only.
Honor Moon Period Pantry	512 E. Ninth St, Studio #1	785-551-8884	Honor Moon is an inclusive period pantry providing free access to menstrual products 24/7	
KanCare	PO Box 3599, Topeka	800-792-4884	Medicaid and Children’s Health Insurance Program (CHIP);	
Lawrence-Douglas County Public Health	200 Maine St.	785-843-3060	Offers a variety of clinic, family, regulatory, and community services. Also offers Special Supplemental Nutrition Program for Women, Infants and Children (WIC)	
LMH Health (formerly Lawrence Memorial Hospital)	325 Maine St.	785-505-5000		
Positive Connections	2044 SW Fillmore, Topeka	785-232-3100	STI testing, HIV testing, HIV+ care,	Serves all of Northeast

			prevention, PrEP information, ACA enrollment, free condoms	Kansas
Schiefelbusch Speech-Language Hearing Clinic	1200 Sunnyside #2101	785-864-4690	Comprehensive services to people with communicative disorders.	Call for an appointment.
Senior Resource Center	745 Vermont	785-727-7874	Free, unbiased, and confidential community counselors who can answer questions about Medicare and other insurance issues. Education on issues related to Medicare and health insurance.	Call to schedule a consultation and ask to speak to a SHICK counselor
Speech Solutions	speechsolutions.co	785-550-7481	Speech therapy services for pediatric and adult populations. Can travel to clients, including to surrounding communities.	Contracted with BCBS KS, Humana, United Healthcare and Medicaid.
VA Eastern Kansas Healthcare	4821 Quail Crest Pl.	800-574-8387 ext. 54654	Primary care, pharmacy, laboratory services, behavioral healthcare, women veteran care, & tele-health care	Check out the database version of our guide to see more details about these services.
HOMELESSNESS	ADDRESS	PHONE	SERVICES	NOTES
Bert Nash Homeless Outreach Team	346 Maine Street (Old Heartland Building)	785-843-9192 (24/7 number)	Outreach services for houseless individuals, no mental health issues are necessary to receive services	Walk In Hours: 9:00am-11am, M-F
DARE Center	944 Kentucky St	785-856-0698	Place of refuge for those experiencing homelessness; DARE offers basic services including showers, washer, dryers	Open Tuesday, Thursday, Friday 2pm-6pm
Family Promise of Lawrence	905 Tennessee St.	785-764-9506	Serving households with children in care in areas of homelessness prevention, shelter diversion, shelter, housing stabilization.	Open M-F 8-5; Case management services provided in all programs.

Lawrence Community Shelter	3655 E. 25th St.	785-832-8864	Shelter for houseless individuals and families; wrap-around services for clients include medical care, employment support, case management	Open 24/7. Call for information about openings.
Lifeline – Free Government Phone Program	https://www.assurancewireless.com/ (visit to apply)		The Assurance Wireless offer provides eligible low-income customers free monthly data, unlimited texting, and free monthly minutes. Plus a free phone.	Assurance Wireless is a federal Lifeline Assistance Program. You may qualify if you are on certain public assistance programs.
HOUSING	ADDRESS	PHONE	SERVICES	NOTES
Disability & Aging Crime Victims Unit – Disability Rights Center of Kansas	214 SW 6th Ave, Ste. 100, Topeka, KS 66603	785-273-9661	The DRC has funding to support certain rent, utility, or other expenses needed to rehouse people with disabilities and seniors who are crime victims and cannot safely return to their housing.	Applicants must be a Kansan with a disability who has been a victim of crime or a senior who has been a victim of elder abuse, crime, or neglect. Contact the call line and request to speak to an advocate.
Habitat for Humanity	720 Connecticut	785-832-0777	Homeownership program, Home Repair program including Aging in Place & Critical Repair, ReStore which sells new & gently used furniture	
Housing and Credit Counseling, Inc (HCCI)	2518 Ridge Ct. #208	785-749-4224	Counseling & education on budgeting, debt, credit report building, homebuying, mortgage defaults, foreclosure, bankruptcy, student loan repayment, & tenant / landlord counseling	
Housing Stabilization Collaborative of Douglas County (HSC)	2518 Ridge Court Rm. 202	785-424-5266	HSC exists to support community members in accessing and affording sustainable housing through rental & utility assistance,	Reach out to Gabi Sprague at gsprague@douglascountyks.org or Mariel Ferreiro, at

			monthly rental availability list, landlord engagement and partnerships with local social service agencies.	mferreiro@ldcha.org with questions Rental & Utility Application: https://hscdgco.org/
Kansas Homeowner Assistance Fund (KHAF)		1-855-307-5423 (KHAF Call Center)	The KHAF program provides financial relief to homeowners financially impacted by COVID. Assistance can cover mortgage payments, property taxes & charges, utilities, and more.	Learn more and apply at www.kshousingcorp.org/kansas-homeowner-assistance-fund . KHAF call center is available for application assistance
Lawrence-Douglas County Housing Authority	1600 Haskell Ave.	785-842-8110	Section 8 housing, veteran housing, senior housing, transitional housing program, case management services for those on the housing list	For assistance filling out the housing application, call the main office.
Tenants to Homeowners	2518 Ridge Ct. #103	785-842-5494	Affordable rentals, home purchase program, homebuyer workshops, financial literacy, budgeting, and other supports that mitigate lease violations	Press 2 for Rental Management, 3 for TTH Homebuyer Program
Willow Domestic Violence Shelter	1920 Moodie Road	785-843-3333	Emergency 90-day shelter for domestic violence and human trafficking survivors. Transitional Housing program for survivors. Foster support housing for youth aging out of foster support.	Contact the Willow for more details & information regarding these programs.
LANGUAGE ACCESS	ADDRESS	PHONE	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave. #100	785-330-2133	Reading and math, GED, and ESL classes	
Centro Hispano Resource Center	204 W. 13th St. (front of house)	785-843-2039	Counseling services, child development screening, interpretation and translation services, and connection to community resources for families	Families need to have children under the age of 6 to receive services

Plymouth Language Program	925 Vermont St. Plymouthlanguage.org	text only 785-371-4810;	FREE English classes at levels 1, 2, and 3. Low-cost Spanish classes.	Classes are exclusively online. plymouthesl@gmail.com , email is preferred method of contact
Small World	2415 Clinton Pkwy.	<u>Spanish:</u> 785-749-3677 <u>Farsi:</u> 785-749-9494	English language learning program for women; five different levels of classes offered at a low cost; community and support from other women, and special activities	Smallworld.school.blog swlawrence68@gmail.com .No summer classes. Enrollment for fall classes starts September 6th.
LEGAL	ADDRESS	PHONE	SERVICES	NOTES
Call-A-Lawyer (Service provided by Kansas Bar Association)		800-928-3111	Get free legal advice on the 2nd Thursday of each month from 6-8pm; all other times \$2/minute (max \$50)	
Elder Law Hotline		888-353-5337	For any Kansas resident aged 60 or older without regard to income. The hotline provides senior citizens access to an attorney to advise them about legal questions in civil cases and referrals to other resources when needed.	Free of charge
Free Notary Services – Lawrence Public Library	707 Vermont Street, Lawrence KS, 66044	785-843-3833	Free notary public services offered by Library Staff; notary services are available while open	Visit the Ask Desk or call our main line for more information
Justice Advice Line		800-675-5860	Open to income-eligible Kansas residents, help with civil or domestic legal matters	
Kansas Holistic Defenders	1204 Oread Avenue, Lawrence, KS 66044	785-284-9835; micha@KansasHolisticDefenders.org .	Criminal defense services to folks charged with a misdemeanor in Douglas County District Court; only providing legal services connected to someone's criminal case.	Individuals must be charged in Douglas County Court District;

Kansas Legal Services	712 S. Kansas Ave., #201 Topeka	<u>Topeka Office:</u> 785-354-8531 <u>Statewide</u> <u>intake:</u> 800-723-6953	Provides mediation services in a wide variety of cases; legal assistance for the following matters: consumer/finance, housing, education, juvenile, employment, elder law, income maintenance, family issues, health, and individual rights.	Civil legal advice & representation provided at no cost or at reduced price to income eligible persons; cannot give legal advice until there's an application on file
KU Law Mediation Clinic		785-864-4513	Provides mediation services in a range of cases as selected by the instructor. Cases can be taken from all over the community.	Clinic only takes cases from February to May. Services are free.
KU Law Project for Innocence and Post-Conviction Remedies		785-864-5571	Provides representation for prisoners in state and federal appeals and post-conviction litigation	
KU Law Tribal Judicial Support Clinic		785-864-4513	Provides research support to tribal judiciary	
KU Legal Aid Clinic / Douglas County Legal Aid Society	1535 W 15th Street	785-864-5564	Represents clients in criminal record expungement matters, gender-marker and name-change cases, and court-appointed cases for juvenile defense and municipal criminal defense	
Senior Resource Center – Elder Law Clinic	745 Vermont	785-842-0543	Attorney from Kansas Legal Services sent each month to answer legal questions from Seniors. Six, 30-minute appointment slots are available.	Takes place on the 2nd Monday of each month from 9am-12pm. Must schedule an appointment.
Willow Domestic Violence Center	1920 Moodie Road	785-843-3333 <i>24/7 hotline</i>	Assistance filling out protection forms, court advocacy, and legal referrals	
LGBTQ+ RESOURCES	ADDRESS	PHONE	SERVICES	NOTES

Haus of McCoy	1046 New Hampshire	info@hausofmccoy.org	Haus of McCoy is a community hub for queer and trans youth living in Lawrence. Provides a gender affirming community closet, community meals, food pantry access, hygiene kits & products.	Community meals are served for youth on Wednesdays. Pickup time & format varies, check social media for more information
Kansas Name Change Project		1-800-723-6953	Free legal representation to transgender, nonbinary, and gender diverse Kansans seeking name change services and ID corrections	Provided by Kansas Legal Services. To apply call 1-800-723-6953
Legal Aid Clinic at KU	1535 W 15th Street	785-864-5564	Legal assistance for individuals seeking name and gender marker changes through Douglas County District Court	
Positive Connections	2044 SW Fillmore, Topeka	785-232-3100	STI testing, HIV testing, HIV+ care, prevention, PrEP information, ACA enrollment, free condoms	Serves all of Northeastern Kansas
MENTAL HEALTH & SUBSTANCE USE	ADDRESS	PHONE	SERVICES	NOTES
Bert Nash Community Mental Health Center	200 Maine St.	785-843-9192 (24/7 number)	Outpatient mental health services for adults and children, psychiatric medication services, case management, homeless outreach, transitional housing, and crisis services, SOAR disability application services, IPS Supported Employment Services, and SUD treatment services	
DCCCA, Inc	3312 Clinton Parkway	785-841-4138	Residential & outpatient services for substance abuse & mental health disorders, fostering and adopting, family preservation, addiction treatment programs, non-medical detoxification.	

Great Circle	4921 Legends Dr., Suite B	913-416-2334	Free online therapy services to Kansas Residents, including children, families, and individuals	Call 1-844-424-3577 or send an email to callcenter@greatcircle.org to get started & schedule a consultation.
Heartland RADAC		800-281-0029 913-789-0951	Assessing, screening, and referrals for substance dependence support. Case management and care coordination services. Heartland Treatment Center.	<u>Call for an assessment:</u> 1-800-281-0029
Kansas Suicide Prevention HQ	2110 Delaware St., Ste. B	<u>Admin:</u> 785-841-9900 <u>Crisis:</u> 785-841-2345	24-hour-crisis line, online chat, education and training	Online chat at ksphq.org/help/
Narcotics Anonymous	PO Box 991 Lawrence KS, 66044 www.miracleareana.com	<u>Info Line:</u> 855-732-4673	Narcotics anonymous offers recovery to addicts, focusing on the disease of addiction rather than a particular drug. NA consists of recovering addicts meeting to help each other stay clean.	Serving Lawrence, Eudora, Baldwin, Lecompton, Ottawa; call to find local daily meetings near you
Positive Bright Start	1900 Delaware St	785-842-9679	Free therapy for kids under 6	
Psychology Today	www.psychologytoday.com/us		Website used to find therapists in your area	Opportunity to filter therapists by accepted insurance, sexuality, types of therapy used, and specialized issues
SMARTline		785-550-0764	Hotline seven days a week from 4-8 pm for those struggling with addictive behaviors	
SMART Recovery Groups	bliese@kumc.edu		Self Management and Recovery Training (SMART) supports individuals who have chosen to abstain or are considering abstinence from any type of	Meetings online and in-person: Wednesdays, 5-6:30 Fridays, 5-6:30

			addictive behavior, such as substance abuse or gambling addiction.	
PREGNANCY & BIRTHING	ADDRESS	PHONE	SERVICES	NOTES
Catholic Charities of NE KS	1525 W 6th St.	785-856-2694	Pregnancy Counseling Program which includes free baby items and diapers, car seat and Safe Sleep training, prenatal/postnatal education, regular visits, and referrals to community partners	Program is free, voluntary, and confidential
Doulas of Douglas County	www.doulasofdouglascounty.org	785-760-3924	Offers pregnancy, birth, postpartum and parenting support to families in Douglas County. You can request a doula or breastfeeding support on website under "Meet the Doulas"	Services are available at no cost to BIPOC birthing bodies, including immigrants and Spanish speaking families.
Lawrence Douglas County Public Health Clinic	200 Maine St.	785-843-3060	Breastfeeding support, family planning, WIC nutrition, family-based sexual education, and home visiting services	Clinic Hours: Monday-Friday 8:30am-5pm (but opens at 10am on Tuesdays). Family planning services operate on a sliding scale fee
LMH Postpartum Support	330 Arkansas St.	785-505-6390	Support groups for new parents, breastfeeding, and postpartum depression and anxiety. Parenting, birthing, and breastfeeding classes offered.	
Planned Parenthood of Overland Park	4401 W 109th Street, #100, Overland Park, KS 66211	913-345-1400	Reproductive healthcare provider, providing abortion, birth control, HIV services, emergency birth control, pregnancy testing, STD testing, & women's healthcare	Services are provided with or without insurance. Accepts Medicaid. Open every day except Sunday. Call to book an appointment
RENT & UTILITIES ASSISTANCE	ADDRESS	PHONE	SERVICES	NOTES

Access from AT&T		855-220-5211	Low-cost wireline home internet service to households with at least one resident who participates in Supplemental Nutrition Assistance Program (SNAP) and who resides at an address covered by that program	
Affordable Connectivity Program	https://www.fcc.gov/broadbandbenefit	833-511-0311	Discount on broadband service for eligible households	Monthly discount of \$30 per month.
Ballard Center	708 Elm St.	785-842-0729	Family stabilization funding available, targeted to families with children under 18 years of age	
Catholic Charities	1525 W. 6th St.	785-856-2694	Provides family stabilization assistance including case management services, housing and utility assistance	
City of Lawrence Emergency Loan Fund		785-832-7700	Loans of up to \$5000 (\$2500 for mobile homes) for emergency repairs and furnace replacement	
Cold Weather Rule	https://kcc.ks.gov/consumer-information/cold-weather-rule	800-662-0027	Assistance setting up a payment plan for electric, natural gas, and/or water bills	A utility can't disconnect you when the temperature is forecasted to drop below 35 degrees Fahrenheit within the following 48-hour period
Corpus Christi Catholic Church	6001 Bob Billings Pkwy	785-843-6286	Assistance offered on case-by-case basis after all other financial options are exhausted; gas & food cards available as well	Call Tuesday/Thursday between 1-3pm. Services only offered once every 3 months
ECKAN	2518 Ridge Ct. (basement level)	785-841-3357	Assistance with Kansas Emergency Rent Assistance applications; housing solution applications.	Must call for appt. Office hours are Monday-Friday 9 am to 4pm. No walk-ins.

Housing Stabilization Collaborative of Douglas County	https://hscdgco.org/	785-424-5266	Rental, Utility, & Move-In Assistance for tenants in Douglas County;	Contact Gabi Sprague with questions, gsprague@douglascountyks.org
Kansas Emergency Rental Assistance Program (KERA)		KERA@kshousingcorp.org	Rent & Utility assistance program for tenants financially impacted by COVID-19. Approved applicants are eligible for assistance with up to 12 months of current and past due rent, past due utilities, and three months of future rental assistance.	Apply at https://kera-kshousingcorp.org/kera24#/
Kansas Lifeline Program		800-662-0027	Low-income households may be eligible to receive a discount on monthly local telephone bill, broadband & internet	Discounts of up to \$17.02 per month on phone or internet services
Low Income Energy Assistance Program (LIEAP)	1901 Delaware St.	800-432-0043	Heating bill assistance program available January-March through KS DCF	Apply at Ballard Center, Salvation Army, and ECKAN
Project DESERVE		316-219-2121 800-383-1183	Provides emergency assistance paying energy costs for households with children or adults meeting Social Security disability criteria, people 65 years or older, and income-eligible households. Program managed by Evergy.	Applicants may receive a one-time payment of up to \$100-\$300, depending on their eligibility, to be applied toward an energy bill over a rolling 12-month period.
Salvation Army	946 New Hampshire	785-843-4188 ext.104	Rental & Utility Assistance for individuals living in the County	Call and leave a message stating name, phone number, number of people in household, and description of need.
Senior Resource Center of Douglas County	745 Vermont St.	785-842-0543	Rent and utility assistance for seniors	

Warm Hearts of Douglas County	warmheartsofdouglascounty.com		From January-March, up to \$600 for heat bill assistance	Apply at Ballard Center, ECKAN, Senior Resource Center, Catholic Charities, or Salvation Army
SAFETY	ADDRESS	PHONE	SERVICES	NOTES
Elder Abuse Hotline	http://www.dcf.ks.gov/services/PPS/Pages/ReportAdultAbuseNeglect.aspx	800-922-5330	Hotline for reports of adult abuse, neglect and exploitation occurring in our community.	Hotline is staffed 24/7, including holidays. If you suspect an adult is at immediate risk, contact 911.
Senior Resource Center	745 Vermont	785-842-0543	Assistance for seniors experiencing elder abuse and/or neglect	
The Sexual Trauma and Abuse Care Center	708 W. 9th St, Ste. 105	785-843-8985 <i>24/7 hotline</i>	24/7 Advocacy and response, hospital advocacy, therapy and support groups, prevention & education, Lawrence Ordinance & Safe Bar Alliance Trainings.	Free and confidential services for victims/survivors of sexual assault and abuse. For more info call the hotline
Willow Domestic Violence Center	1920 Moodie Road	785-843-3333 <i>24/7 hotline</i>	Shelter, individual counseling, support groups, case management, court advocacy, safety planning	Free and confidential services for survivors of domestic violence and human trafficking
SENIORS	ADDRESS	PHONE	SERVICES	NOTES
Habitat for Humanity	720 Connecticut	785-832-0777	Aging in Place program providing critical repairs & modifications allowing older adults to age at home	
Jayhawk Area Agency on Aging	2001 Haskell Ave.	785-832-0754	Health insurance counseling, nutrition, physical fitness, in-home services, housing navigation services for seniors	
Senior Resource Center	745 Vermont	785-842-0543	Resources and referrals for seniors	

			and their loved ones for crisis support and critical needs, activities & social engagement	
Tenants to Homeowners	2518 Ridge Ct. #103	785-842-5494	Helping Hammers Senior Home repair program providing home repairs & modifications	Contact the Senior Resource Center for a referral
TECHNOLOGY RESOURCES	ADDRESS	PHONE	SERVICES	NOTES
ADA Computer Lab	2001 Haskell Ave, Lawrence KS, 66046	785-841-0333	Computer lab equipped with a variety of assistive technologies & software to ensure accessibility for all individuals living with disabilities	Open to the general public, no appointments necessary; one-on-one tech support is available
One-On-One Technology Assistance	707 Vermont St, Lawrence KS, 66044	785-843-3833	Library Tech Staff are available to help with tasks like using a computer, laptop or surfing the internet; setting up Facebook, email, or other accounts; using your smartphone; or other specific technology related questions	To schedule a tech appointment, visit the Tech Desk or call 785-843-3833 ext. 139; One-on-ones are limited to two sessions per month
PC's for People	3211 Woodland Avenue, Kansas City, MO 64109	816-259-0851	Program assisting low-income communities in gaining access to low-cost internet & computers; Desktops start at \$30, Laptops start at \$50 for income eligible individuals; free digital literacy courses offered daily	Eligible individuals must have a photo ID and proof of enrollment in a government assistance program or household income under 200% of the federal poverty line to purchase a device
THRIFT STORES & CLOTHING	ADDRESS	PHONE	SERVICES	NOTES
Give It Get It Inc	https://www.giveitgetitinc.org/contact	info@giveitgetitinc.org	Provides clothing, bedding, blankets, kitchen items, toys & other household items, free of charge; donations for items are accepted	Transportation for items provided on a need basis; items are only available to those in Lawrence & the surrounding area

Goodwill	2200 W. 31st St.	785-331-3908	Clothing, shoes, bags, homewares, furniture	Open 10am-8pm, 7 days a week
Habitat for Humanity ReStore	708 Connecticut	785-856-6920	Furniture, appliances, lighting, doors, windows, plumbing, bath, cabinets, flooring, HVAC, building materials	
St. John's Rummage House	Corner of 13th and Kentucky	785-843-0109	Used items at discounted prices	Shopping Hours: Wednesday: 11am—3pm Saturday: 8:30am—12:30pm
Salvation Army Family Store	1601 W 23rd St.	785-856-1115	Furniture, clothing in all sizes, shoes, bags, homewares	
Social Service League	905 Rhode Island	785-843-5414	Clothing, shoes, bags, homewares	Open for sales (no vouchers) SAT 10-4. Open for vouchers TU, W and TH 10-1
TRANSPORTATION	ADDRESS	PHONE	SERVICES	NOTES
Bicycle Network Maps			https://lawrenceks.org/mpo/bikemap/	
Independence, Inc. – General Transportation Service	2001 Haskell Ave.	785-841-0333	Accessible vehicles providing general transportation services for residents of Douglas County. Final rides begin at 4pm	Rides for \$3; schedule rides a week in advance
KU on Wheels		785-864-4644	https://transportationservices.ku.edu/bus-service	
K-10 Connector			https://ridekc.org/routes/510-k10-connector	Free
Lawrence Transit	933 New Hampshire Street	785-864-4644	Reduced fares available for K-12 and Haskell students, persons ages 60+, and persons with disabilities.	Passengers seeking a reduced fare are required to prove their status through a valid

				state-issued or student ID, Medicare card or T Lift ID.
NightLine - Lawrence Transit		785-312-7054	After hours bus service for those needing rides in Lawrence from 8pm-6am	Rides must be scheduled during business hours. Fare is 2\$ each way.
Senior Wheels Program (Senior Resource Center)	745 Vermont St.	785-842-0543	Wheelchair accessible transportation service available M-F 7am-3:40pm for seniors 60+	City rides \$4/destination County rides \$6/destination
YOUTH & PARENTING	ADDRESS	PHONE	SERVICES	NOTES
Ballard Center	708 Elm St.	785-842-0729	Early childhood education program, diaper pantry, emergency funding for families to maintain housing stability	
Big Brothers Big Sisters	2518 Ridge Ct.	785-843-7359	Helps match caring adult mentors with children who need them	Call to schedule an appointment
Boys & Girls Club	2910 Haskell Ave.	785-841-5672	14 sites across Lawrence, providing after-school programs for children	Scholarships available
Child Care Aware of Eastern KS	east.ks.childcareaware.org	785-357-5171	Child care resource and referral agency working to ensure all children have access to quality, affordable child care by supporting both families in their child care search	
Children & Families Mobile Crisis Helpline		833-441-2240	Over the phone support for behavioral health crisis; referral to resources or stabilization services; mobile crisis response if crisis cannot be solved over the phone;	Services available for all Kansas 20 years old or younger or those formerly in foster care
The Children's Shelter	1925 Delaware St.	785-843-2085	Residential group care, family foster care, and prevention programs	Call for appointment

Communities in Schools	1919 Delaware St.	785-856-5190; 785-330-1807, stacie.jackson @cismidameri ca.org	Assistance with access to food and healthcare, after-school tutoring, mentoring, parent support, out-of-school enrichment	Serving students and families attending Prairie Park Elementary- 2711 Kensington Rd.
ECKAN HeadStart	925 Vermont St.	785-842-2515	Serves children ages 3-5	
Healthy Kansas Kids	healthykansaskids.org	833-309-0121	Free KanCare assistance and support for children and parents/caregivers of children	Email hkk@healthykansaskids.org or call to initiate services
Kansas Dept. for Children & Families	1901 Delaware St.	785-832-3700	A variety of resources, including child support, economic and employment, prevention and protection, and rehabilitation services	
KU Child & Family Services Clinic	1000 Sunnyside Ave #2021	785-864-4416	Low-cost mental health assessment services, treatment programs, consultations, and school-based interventions	
Lawrence Arts Center	940 New Hampshire	785-843-2787	Arts-based preschool and educational programs for children that provide social, motor, and creative experiences	Scholarships available
Lawrence-Douglas County Public Health	200 Maine St.	785-856-7361	Home visiting and case management services through Healthy Families, Baby Steps, and Mi Apoyo Prenatal programs	
Lawrence Parks and Recreation	115 W. 11th St.	785-832-7920	Recreational and educational programs for all ages	Scholarships available
Parents as Teachers	1605 Davis Road	785-832-5680	Personalized visits, screenings, group connections, and resource connections	
Positive Bright Start	1900 Delaware St.	785-842-9679	High-quality, low-cost childcare,	

			childcare tuition assistance, and mental health services for children under six and their families. Free mental health services for residents of Douglas County.	
StopGap, Inc.	1942 Massachusetts St.	785-856-7833	Dedicated to youth aging out of foster care. Offers an 8 week program that teaches life skills to help young people make the transition to productive adulthood	
Success by 6	1307 Massachusetts St.	785-842-8719	Home-based services, assistance with family life management, parenting education, mental health counseling	Applications for rent/utilities assistance are made by early childhood partners, not directly from clients.
Tiny-K Early Intervention	1605 Davis Road	785-330-2323	Early intervention services; physical, occupational, speech, and early childhood special education; case management.	
Tykes Douglas County	https://www.tykesdc.org/		An online resource hub for all things early childhood; serves as a one-stop shop for families, caregivers, and early childhood professionals	To learn more visit https://www.tykesdc.org/ and https://www.tykesdc.org/about
USD 497 Readiness Program	1605 Davis Rd.	785-832-5760	Offers pre-k programs, special education services, and a peer mentor program	Located in Kennedy Elementary School
Willow Domestic Violence Center	1920 Moodie Road	785-843-3333 <i>24/7 hotline</i>	Willow offers a Positive Parenting Support Group	